

**UVASAGGAHARAM SUTRA**

This stavan, created by Shree Bhadrabahu Swami to ward off calamity is in praise of Shree Parshvanatha Bhagwan. To be recited to ward off all the worldly as well as spiritual obstacles while following the path of righteousness.

**Uvasagga-haram Pasam,**

**Pasam Vandami Kamaghana Mukkam**

**Visahara Visa-ninnasam,**

**Mangala Kallana Avasam. 1**

I bow to Bhagwan Parshvanatha, the conqueror of all calamities, who is free from all eight Karmas, who destroys the venom of snakes and who houses all auspiciousness.

**Vishara Phulinga Mantam,**

**Kanthe Dharei jo saya Manuo;**

**Tassa gaha roga mari,**

**Duttha jara janti Uvasamam. 2**

People, who recite visahara phuling, the powerful mantra, or make amulet and wear it around the neck, their sufferings due to effects of adverse planetary deities (nava graha), sickness, and any other afflictions, are all suppressed.

**Chitthau Dure Manto,**

**Tujjha Panamo Vi Bahuphalo Hoi,**

**Nara-tiriesu Vi Jiva,**

**Pavanti Na Dukkha- Dogachcham. 3**

Leave aside that mantra, even an obeisance offered to you is, so effective that living beings born as humans and animals do not suffer from unhappiness or misfortunes.

**Tuha Sammatte Laddhe,**

**Chintamani – kappapaya -vabbhahie;**

**Pavanti Avigghenam,**

**Jiva Ayaramaram Thanam. 4**

Human beings when they attain the right faith, which is even superior to the wish fulfilling gem (chintamani ratna) and desirefulfilling tree (kalpa vruksa), will attain liberation without major obstacles.

**Ia Santhuo Mahayasa,**

**Bhatttibbhara Nibbharena Hiyaena**

**Ta Deva Dijja Bohim,**

**Bhave Bhave Pasa! Jinachanda. 5**

Bhagwan Parshvanatha, I have praised you with all my heart. Please grant me the right faith in all my worldly existences. 5

## ARIHANTA CHEIYANAM (CHAITYA-STAVA) SUTRA

By this sutra, obeisance is offered to Arihant Bhagwan and for the sake of respecting, worshipping, honouring, attaining the right faith and achieving Moksha, obeisance is to be offered in the Kausagga position.

**ARIHANTA CHEIYANAM,**

**KAREMI KAUSAGGAM. 1**

I am doing Kausagga to offer obeisance to Arihant Bhagwan

**VANDANA-VATTIAE, PUANA-VATTIAE,**

To obtain the fruits of bowing to and worshipping Bhagwan

**SAKKARA-VATTIAE, SAMMANA-VATTIAE,**

To obtain the fruits of respecting and honouring Bhagwan

**BOHILABHA-VATTIAE,**

To attain the right faith

**NIRUVASAGGA-VATTIAE. 2**

And to attain Moksha

**SADDHAE, MEHAE, DHIIE,**

**DHARANAE, ANUPPEHAE, VADDHMANIE,**

**THAMI KAUSAGGAM. 3**

With ever increasing intensity of right faith and right knowledge, steadfastness, mindfulness and contemplation, I stand in Kausagga posture.

**PROCEDURE FOR DOING CHAITYAVANDAN**

1. In Derasar, first give one **Khamasana**.  
Then say **Iriyavahiyam** Sutra, followed by **Tassa Uttari** and **Annattha** Sutra.  
Then do **Kaussagga** of one **Logassa till chandesu Nimmalayara** or can do Kaussagga of 4 Navkar Mantras. Then end the Kaussagga by saying Namō Arihantanam and then say **Logassa**.
2. Then give three Khamasana. Now sit down with your left knee raised and folding your hands say **Ichchakarena Sandisaha Bhagwan! Chaityavandan Karu? Ichchham!**
3. Then say **Sakal kusalvalli** followed by any Chaityavandan
4. Say **Jankinchi, Namutthunam, Javanti Cheiaim Sutras** and then give one **Khamasana**
5. Then **Javanta Kevi Sahu** sutra
6. Then **Namo-rhat** (men only) sutra
7. Then say a **stavan** or **Uvasaggaharam** Sutra.
8. Then raise your folded hands to your forehead and say **Jayaviyaraya Sutra** till **Abhavamakhandā** (end of the second verse). Lower hands but still folded, say the rest of the sutra.
9. Then stand up and say **Arihanta Cheianam Sutra** and **Annattha Sutra**
10. Then do a **Kaussagga of one Navkar**. Say Namō Arihantanam at end of Kaussagga . Then men say **Namo-rhat sutra**. Then say a thoy. (If someone else is saying the thoy, then stay in Kaussagga until the end of the thoy and then say Namō Arihantanam)
11. Then give one **Khamasanu**. Ask for forgiveness of any faults committed during the procedure and then can take Pachchakhana if you want to.

**SHREE PARSHVANATH BHAGWAN CHAITYAVANDAN**

Jai Chintamani Parshavanath! Jai Tribhuvan Swami  
Ashtakarmaripu Jeetine Panchmi Gati Pami.....1

Prabhu namei Anand-kand Sukh Sampati Lahiye  
Prabhu namei Bhav Bhav Tana Patak Sab Dahiye.....2

Aum Hee Varna Jodi Kari Japaye Paras Nama  
Vish Amrut Thaye Parinamei Lahiye Avichal Tham.....3

**CHAITYAVANDAN (2)**

Jai Chintamani Vitrag, Bhavi Jivane Sukh Daaya  
Raagdweish Ari Jeetine, Keval Kamala Paya.....1

Prabhu Rage Jinraj Than, Shiv Vahu zat Variye  
Prabhu Rage Bhav-gad Tana, Paap Dure Sahu Kariye.....2

Prabhu Bhakte Surnara Sukhne Bhetiye Ati Udaar  
Ashta Karma no Kshaya Kariye, Lahiye Padaamrut Saar.....3

**SHREE MAHAVIR SWAMI CHAITYAVANDAN**

Siddharath Suta Vandiyee, Trishla no Jayo  
Kshatriyakund maa Avtariyo, Sur Nar Pati Gayo.....1

Mrugpati Lanchan Pau le, Saat Haath Ni Kaya  
Bahonter Varsh nu Aukhu, Vir Jineshwar Rai.....2

Khimavijay Jinraya Na Ae, Uttam Guna Avadaatt  
Saat Bol Thi Varanviya, Padmavijay Vikhyat.....3