



ઓશવાળ  
સમાચાર

# OSHWAL news

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# Diwali 2014

# Contents



## Jai Jinendra

People look much better and beautiful when they have smiles on their faces; I hope this Diwali is full of Joy and Happiness for you! Living the 'right' life is also quite important. Many people attended our Paryushan events all over the country. Details can be found in the magazine and our website, all the Areas have been very busy arranging the various events, we thank them for all the hard work We can always do with more helpers and Volunteers, please contact me by email or phone to register your names..

Your are invited to attend 'Diwali in London' on Sunday 12th October, at Trafalgar Square, starts 2.00 pm until 8.00 pm, we have also organized Chopda Pujan on 23rd October and our main Diwali Celebrations at Oshwal Centre on Sunday 26th October, please see all the details, and events by other Areas, all shown in this magazine and our website.

Best Wishes for the New Year ahead

## Sudhir Meghji Shah

*Trustee and Editor of Oshwal News*

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### Disclaimer Notice:

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OSHWAL NEWS is the magazine of the OSHWAL ASSOCIATION OF THE U.K.

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For future publication of Oshwal News, please submit your material in Word format and pictures in JPEG or BMP format. Gujarati articles should be submitted in Word and PDF format using Shruti font in Microsoft Word.

Submit your publication material by emailing: Sudhir Meghji Shah at [sudhirmeghjishah@gmail.com](mailto:sudhirmeghjishah@gmail.com)

**Printer's Note: Paper used is from well-managed/sustainably managed forests.**

# General Information

As an Oshwal Member always first consider hiring facilities at Oshwal Centre (Potters Bars), Oshwal Mahajanwadi (Croydon) or Oshwal Ekta Centre (Kingsbury) for your functions. By hiring these Oshwal venues you will be supporting your community.

## *Weddings - Parties - Functions - Dances - Meetings - Conferences - etc.*

Phone the Administrators at any of the offices regarding hall availability and charges.

### OSHWAL CENTRE

Coopers Lane Road, Northaw  
Hertfordshire, EN6 4DG

Tel: 01707 643 838

Fax: 01707 644 562

Info Line: 01707 661 066

(Recorded Messages)

Email: [admin@oshwal.org](mailto:admin@oshwal.org)

Website: [www.oshwal.org](http://www.oshwal.org)

Office open 7 days a week 9am to 5pm

### OSHWAL MAHAJANWADI (Croydon)

Oshwal House, 1 Campbell Road  
Croydon, Surrey, CR0 2SQ

Tel: 020 8683 0258

(2pm to 5pm weekdays only)

Gujarati School Office

Tel: 020 8664 9807

(9.30am to 12.15pm Saturdays only)

### OSHWAL EKTA CENTRE

366A Stag Lane  
Kingsbury  
NW9 9AA

Tel: 020 8206 1141

Email: [ekta@oauk-nw.org](mailto:ekta@oauk-nw.org)

### OSHWAL SHAKTI CENTRE

Inwood Road  
Hounslow  
Middlesex  
TW3 1UX

Tel: 020 3441 1020

Email:

[shakticentre@oshwal.org](mailto:shakticentre@oshwal.org)

## *Marriage Registration*

*Oshwal Centre, Oshwal Manajanwadi and Oshwal Ekta Centre are registered buildings for the solemnisation of marriage. Registration of a marriage at both venues will be part of a religious ceremony, i.e. it will take place during and within the Jain / Hindu religious marriage ceremony. For further information, please phone the administrators.*

### Sadadi

If you would like to find out whether a Sadadi is being held at Oshwal Centre, Oshwal Mahajanwadi or Oshwal Ekta Centre, in respect of any deceased Oshwal, you may ring the Information Line at the Oshwal Centre and a Recorded Message will advise of the time of the Sadadi and the name of the person in whose memory the Sadadi is being held.

**Information Line Tel: 01707 661 066 (Recorded Message)**

### Obituary / Shraddhanjali Messages

**The rate for inserting an Obituary / Shraddhanjali message in Oshwal News is £150.00 per page per issue.**

Please ensure that wherever possible a passport sized photograph (preferably in black and white) is enclosed with the message which also should be **written out very clearly and neatly**. Please enclose your cheque and SAE for the return of any photos. Please note that it will not be possible to entertain any requests for proofs of these messages prior to printing.



# President's Message

Dear Fellow Oshwals,  
Jai Jinendra & Pranam  
Michhami Dukhadam.

It's autumn and as we approach the colder and darker days of the oncoming winter, we can reflect on what a lovely summer we have enjoyed this year. It is quite surprising how fast the year has passed by. Paryushan was celebrated in all the Areas, with some wonderful new additions involving our younger generations including English lectures, short plays, and English Pratikaman. As well as the invited guests from Tapovan, we had local talent too, with speakers from SCVP and IOJ presenting lectures and debates on the relevance of Jainism. I am pleased that accompanied by my fellow Office Bearers and Executive Committee Members, we were able



to visit all the Areas with a large delegation. I thank you all for the warm and friendly welcome we received everywhere we attended.

Sunday 7th September was Dhaj Dhin and once again this year, through the sale of Tokens, one lucky family participated in the Dhaja ceremony. Congratulations to Sarlaben Satish Shah & Family (South Area). The Savantsari Bhojan thereafter, hosted by North West Area, saw one of the highest turnouts in recent times with over 4,400 Oshwals in attendance. We were honoured to have the Indian High Commissioner present at Dhaja Dhin, His Excellency Ranjan Mathai was accompanied by Mr Pritam Lal First Secretary and Mr Simon Dadd Migration Policy Advisor from The Home Office.



Left to Right - Keshavlal Vrajpar BOA, Dilip Raichand IOJ, Nilesh Bhagwanji OAUk, Simon Dadd Home Office, Jaysukhbhai Mehta IOJ, Sailesh Liladhar EC Secretary, Pritam Lal First Secretary IHC, His Excellency Ranjan Mathai, Raaxet Harakhchand EC President, Nemubhai Chandaria IOJ, Harshad Sanghrajka IOJ, Tushar Jayantilal EC Vice President, Ashwin Dharamshi BOA. (Photograph courtesy of Vimal Shah)

The visit was arranged in conjunction with The Institute of Jainology and we are grateful to Nemubhai Chandaria OBE, Chairman IOJ, and his committee for their support and assistance.

The weekend of 14th September saw 5 Areas hosting Savantsari Bhojans. I attended South Area where there was also a Dhaja Dhin ceremony for the Ghar Derasar. Savantsari Bhojans at remaining three areas were completed on 21st September.

Our most **sincere appreciation** to the Area committees for all their efforts as well as the **many volunteers** who assisted throughout Paryushan and Savantsaris.

## Diwali Celebrations

Diwali celebrations are upon us. Diwali in London will be celebrated in **Trafalgar Square on Sunday 12th October**. This year there is a parade planned and full details can be found on the DIL website. <http://www.diwaliinlondon.com> OAUk continue to be an active supporter and participant in these celebrations. We hope that many of you will attend.

Diwali events will continue at Oshwal Centre with **Chopada Pujan on Thursday 23rd October**. Dinner will be served. To participate, please register with the office. **Dwar Opening will be at 6-30am on 24th October**, the lucky winner of the Token was Bijalben A Shah & Family (East Area). A full day of celebrations will be held at **Oshwal Centre on Sunday 26th October**. This year we have all Areas participating with an interactive display and presentation on how Diwali is celebrated by the various regions in India. As usual, the Derasar will remain open on all the days. We look forward to seeing many of you over these auspicious days.

We have much more happening in the coming months. You will have all now seen the new look Oshwal Centre and we thank the many members who have supported us so generously in our fund raising drive. The schemes are still open;

£1,000 - Single Line Takti on General Donors Board

£2,500 - Single Line Takti on Lift Donors Board

£12,500 - Takti Lift Donor

£25,000 - 25th Anniversary Donor

£50,000 - Individual Donor Plaque

We have three Chandeliers still available as Nakro items at £10,000 each.

If you have thought about donating but have still not got around to making your donation, please do so now. **There is a form on the website, you can contact** me or any of the Oshwal Team who will be pleased to guide you. We are now starting the process of organising Taktis and had originally planned to hold an opening in

November. This has been put back as we are still not quite ready, we will advise all donors of the date in good time.

**August 2015** sees the 10th Anniversary of our Derasar. We are planning a 4 day event. Please provisionally mark **27th August to 31st August 2015 in your diary**. Full details of our programme will be announced in the New Year.

There is much more happening in the coming months and we will inform members as programmes are finalised. As always, we are indebted to all of you for your support and the many volunteers who assist us throughout.

**There are two thoughts that I wish to share with you.** As Oshwals we are a very progressive community and many of our practical changes have been adopted by other communities. We hold Saddadi's at our centres to pay respects to those who have departed. Unlike other communities, we appreciate that many would like to attend and cannot sit throughout the two hours so we have a system where we can meet the family and leave. Increasingly, it has come to my attention that Saddadi's are becoming an opportunity to 'catch up with friends'. The level of 'chit chat' and even 'laughter' is at times quite distressing. **Please, I urge all members to think why we are attending a Saddadi**, if it is to genuinely pay our respects, should we not respect the family that has lost a loved one? Let's learn to be silent at these times and show our compassion. If you really must talk to someone, please meet outside the hall and talk on the steps, or pick up your phone and call them. This brings me to my second point. At Funerals, despite the regular announcement that all of us should switch off our phones, there is always one person who thinks it does not apply to him/her and has to have the phone on! **Why?** If you are really expecting an important phone call, I think you would show more respect in not attending a funeral.

I am sure there are many who will agree with my sentiments, perhaps others may think differently. **As a progressive community, let's try and be a little more thoughtful.**

With very best wishes to you all for Diwali & the New Year. May the New Year bring peace, prosperity, good health and happiness to all.

Jai Oshwal.

*Raaxeet H Shah*

**Raaxeet Harakhchand Shah**

**Hon President**

**Oshwal Association of the UK**

**E: [president@oshwal.org](mailto:president@oshwal.org)**



Oshwal Association of the UK  
 Diwali 2014 Celebrations  
 Greetings from Indian cultures



**OSHWAL CENTRE**  
**26th OCTOBER**  
**11 am to 4 pm**



Come and see Diwali celebrations in different regions of India.



- ◆ Food stalls - offering delicious food.
- ◆ Rangoli displays. Children will also be able to make their own Rangolis.
- ◆ Traditional and modern Diwali sweets presented by Northamptonshire area.



दिवाळी in a Maharashtrian home - presented by North area.

દિવાળી in a Gujarati home - presented by West area.

ਦੀਵਾਲੀ in a Punjabi home - presented by North West area.

দিওয়াদি in a Bengali home - presented by East area.

दिवाळी in a Rajasthani home - presented by North East area.

தீபாவளி (Tamil); దీపావళి (Telugu) - in South India, presented by South area.

**HAPPY  
 DIWALI**

Diwali celebrations in Jainism



For more information contact Mradulaben Babulal Shah (020 8441 4387)

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# Oshwal Association of the UK

EXECUTIVE COMMITTEE

**President:** Raaxeet Harakhchand Shah

**Please reply to:** The Registered Office

**Secretary:** Sailesh Liladhar Shah

**Editor:** Sudhir M Shah

## Re: Oshwal News – Information for Advertisers

New Rates for 2015

Pranam

Oshwal News is a very important publication for the Oshwal Community, This is our only magazine which is printed four times a year to inform our members about the past and future events, other important community news on Religious matters, Gujarati Language and Festivals. Many new sections are to be added soon to make 'Oshwal News' a really nice publication.

You are aware that our Community is very successful and has the spending power for the Services that you offer, this magazine gives you great exposure to promote your businesses. We thank you for all your past support, but going forward we want to ensure that our costs are covered and that OAUK does not bear any unnecessary losses. I hope you will support our Community on a longer term basis. Wherever possible we ask Advertisers to give special discounts or have promotions which will benefit our members.

The advertising rates will now need to increase slightly due to higher costs on Printing & Postage. Please see below our new 2015 rates, however for all regular Advertisers we will give you a 10% discount if you book for 4 consecutive issues.

Oshwal News Magazine - for 2015	Rates	Rates for 4 issues	
Front Cover (Inside Full page only)	£450	£405	
Back Cover (outside Full page only)	£500	£450	
Back Cover (Inside Full page)	£450	£405	
Full Page	£350	£315	
Half Page (1/2)	£225	£203	
Quarter Page (1/4)	£175	£160	
Half of Quarter (1/8)	£125	£113	
Small Adverts 8 x 4 cm box (members only)	£40	£36	
Obituary / Shradhanjali per page	150	N/A	

Your support is valuable, we are always seeking donations for our major projects. For the future you can also consider 'Sponsorship' of one of our 'Events' - Please let us know if you would be interested? Please note, we will no longer have any Reserved pages, i.e. for the inside front cover, and back cover both sides these pages will be offered on rotation basis on first come basis to regular advertisers. For all other pages, unfortunately we cannot offer you a firm guarantee whether your advert will be placed on the RHS or LHS, but we will consider your requests carefully, the overall design and layout of each issue that we will publish will be our first priority

Thank you

**Registered Office: Oshwal Centre, Coopers Lane Road, Northaw, Herts. EN6 4DG**

**Telephone: 01707 643838 • Facsimile: 01707 644562**

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## ધર્મ - કર્મ પર સુવિચાર

ધર્મપ્રેમી ભાઈઓ અને બહેનો,

આપ સર્વેને સાદર પ્રણામ.

ધર્મ એ માનવની મા છે, માતા જેમ પોતાના બાળકો પર વ્હાલ વરસાવે છે તેમ ધર્મરૂપી મા સતત આપણા પર (અષ્ટ પ્રવચન માતા) પ્રેમ અને વાત્સલ્ય વરસાવ્યા જ કરે છે, પણ આપણે અજ્ઞાની જીવો મનની શાંતિ મેળવવા જ્યાં ત્યાં ભટકીએ છીએ અને કરોળિયો જેમ જાળમાં અટવાઈ જાય તેવું જ આપણું છે, છૂટવાને બદલે બંધાતા જ જઈએ છીએ.

અને હા માનવીને એક દિવસ તો ચોક્કસ સાચે પંથે વળવું જ પડશે, આજે નહિ તો કાલે. એક માણસને ધર્મ રૂચે છે ને બીજાને નથી ગમતો કારણકે સંસારને જ્ઞાનીઓએ નાટક સાથે સરખાવ્યો છે અને આ રંગ મંચ પર નાટક ભજવવા માનવી જેવા સંસ્કાર લઈને આવે છે તેવું પાત્ર તેને ભજવવું પડે છે, ચાહે સારું હોય કે ખરાબ - હા માનવી ધારે તો ધર્મ ધ્વારા સુધારો જરૂર કરી શકે. જન્મ અને મરણ આપણા હાથમાં નથી પણ જન્મીને કેવું જીવવું તે આપણા હાથની વાત છે (સાચો રાહ સાચો ગુરુ).

કર્મનો ઉદય છે અને મન છે ત્યાં સુધી આ પાપો તો થવાના, એને કોઈ રોકી નથી શકતું. પણ હા, પરીસ્થિતિ આપણાંથી બદલી શકાય, શુભ ભાવમાં મનને લઈ જઈએ. આપણાં પોતા માટે દુષ્ટતની નિંદા કરીએ અને સુકૃતની અનુમોદના બીજા માટે કરીએ.

જ્ઞાન અને ભક્તિ - માનવ જ્ઞાન અને ભક્તિની વાતો કરે છે, મોટા મોટા ભાષણો કરે છે પણ જીવનમાં, વ્યવહારમાં આપણે આચરણમાં મૂકી શકતા નથી એટલે મનની શાંતિ મળતી નથી. અને હા માનવી ગમે તેટલો ધમપછાડા કરે પણ જીવનમાં આવતા સુખ અને દુઃખ કર્માધિન છે અને આ કર્મ રાજાને કોઈની શરમ નથી, ચાહે રાજા હોય કે રંક, આ ભવમાં અથવા પૂર્વ ભવમાં કોઈ પણ કર્મ સારા યા ખરાબ કર્યા હોય તે ગમે ત્યારે ઉદયમાં આવે જ છે, તે ચોક્કસ છે. ઘણી વાર આપણે સાંભળીએ છીએ અથવા કહીએ છીએ કે કર્મ જેવું કંઈ છે જ નહિ તો તેના પ્રત્યક્ષ દાખલા આપણે સંસારમાં નિહાળી જ રહ્યા છે. એક જ માં બાપના સંતાનો છતાં આમ કેમ? એક બુદ્ધિમાન અને બીજો સાધારણ - આ કર્મ સત્તા એટલી તો બળવાન, તાકાતવાન અને ન્યાયવાન છે કે એની પાસે કોઈની લાગવગ કામ નથી આવતી, કર્મ એટલે કામ - એટલે જ કહ્યું છે કે જેવું વાવ્યું હશે તેવું લણશું - સારું યા ખરાબ.

## ખાસ સુચના

ખાસ જણાવવાનું કે 2015ની માર્ચ એપ્રિલમાં આવતી આયંબીલ માટે એક એક દિવસના દાતા જોઈએ છીએ. નકરો છે એક દીવસનો ₹600 - વહેલો તે પહેલો જેમને આ લાભ લેવાની ભાવના હોય તે મને જરૂર જણાવશોજી.

ફોન: 020 8907 1570

સમય: સાંજે 8 થી 10 માં જરૂર મળી શકાશે.

- સુશીલાબેન લક્ષ્મણભાઈ

(Religion committee chair person)



# ANAND YATRA

Visit Oshwal Centre & Deraser

At Potters Bar by OAUK Organised Coach

**Concept** – We want to give all life members an opportunity to visit the OAUK centre and deraser – especially those who do not have transport.

**Coach Runs** – Fridays on the following dates

October 2014:	November 2014:	December 2014:
17 <sup>th</sup> North West	7 <sup>th</sup> North East	5 <sup>th</sup> North West
31 <sup>st</sup> North	14 <sup>th</sup> North West	12 <sup>th</sup> North
	21 <sup>st</sup> North	19 <sup>th</sup> North East
	28 <sup>th</sup> North East	

**Coach Details, Pickup and Stops per Individual Areas:**

**North East Area:** Starting from Bounds Green Station (9.30am) to Southgate Station to Cockfosters Station to Oshwal Centre

**North West Area:** Starting from Kenton Library (9am) to Queensbury Station to Canons Park Station to Edgware Station to Oshwal Centre

**North Area:** Starting from Kenton Library (9am) to Queensbury Station to Canons Park Station to Edgware Station to Oshwal Centre

**Cost** – £3 per member for Transport & £2 per member for Lunch respectively –  
Places for **both** must be registered beforehand with Area Contact person

### Programme

- 10.00am – 10.15am – Arrival & Mingle
- 10.15am - onwards – Deraser activities – including Snatra Pooja
- 10.15am – 11.15am – Yoga – please bring your mat
- 11.15am – 12.45pm – Card games
- 11.45am - 12.45pm – Gentle exercises
- 1pm – 2pm – Jain Lunch
- 2pm - 2.30pm – Talk or Discussion or Games or Activity
- 2.30pm– Depart (if by coach)

### Donations Welcome

**£451 towards the coach & lunch. Please contact the office at the centre or Mradulaben Babulal Shah ( 0208 441 4387)**

### Contacts for more info:

#### North

**Sarojben Shashi Shah**  
Tel: 020 8420 4606  
Email: [saroj\\_45@hotmail.co.uk](mailto:saroj_45@hotmail.co.uk)

#### North East

**Pushaben Jayantilal Shah**  
Tel: 020 8886 9812  
Email: [p3shi@hotmail.co.uk](mailto:p3shi@hotmail.co.uk)

#### North West

**Sushilaben Laxman Shah**  
Tel: 020 8907 1570

# East Area



## Paryushan - 22nd August-29th August 2014

**By Arunaben Ramesh Shah (East Area Religious Chairperson)**

Paryushan was celebrated very well this year, on the first day we had a Nem & Rajul Saaanji, some ladies from the Thursday Club participated in this and sang stavans. Following this on Saturday, there was a small play on Nem & Rajul's Wedding. Most of the Committee members took part in the play and some children from the audience also were involved. There was also a dance by Sruti. Everybody took part enthusiastically, and did very well. The audience felt like they were at a real wedding. The play was organised by Sushilaben Chandrakant Shah.

On Tuesday 26th August we celebrated Mahavir Janma Kalyanak, all the biddings for the 14 Sapnas, Parnama Shrifal Padhravanu, Parnu Julawanu, Arti and Mangal Divo went well. The Parnu was taken by Amratben Raichandbhai's family and lots of people were able to attend the ceremony at the house too.

On Thursday 28th August we had our Tapasvi Bahuman, this time we had one Tapasvi, Hiten Ramniklalbhai Jesang who fasted for 9 days. The bahuman was carried out by Rajubhai Raichand, Kanchanben Jitendra and Bansiben Chandulal Shah. The East Area Committee would like to thank all those who participated and donated during Paryushan. Michhami Dukkadam



### UPCOMING EVENT

## Diwali at Oshwal Centre

For our Oshwal Diwali Celebrations this year each Area has chosen a culture on the theme 'Diwali Celebrations in India'.

East Area is going to be displaying 'How Diwali is celebrated in Bengal'. The display will be at Oshwal Centre on 26th October. If you would like to be involved or have any ideas/suggestions please contact Hemini Raju Shah by Phone 07957308702 or by email: hemini\_shah@hotmail.com

## OAUK East Area & Essex Presents...

### Ex East Area Gujarati School Gathering (For ex- students & teachers)

**Date: Saturday 29<sup>th</sup> November 2014**

**Time: 7pm-10pm**

**Venue: Canon Palmer High School, Aldborough Road South, IG3 8EU**

**Contact: Taraben Kishore Haria**

**Tel: 0208 503 9010**

**E-mail: tarliharhia@hotmail.com**

**Light Refreshments will be served**

**FREE EVENT!**

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The evening will be a chance to meet, greet and share memories of our East Area Gujarati School. If you know anyone that was a part of the school please inform them about this gathering!





Rameshbhai Stirring the Shak



Audience playing cards and watching the competition



Judging time!

## Ready Steady Cook Night!

On Saturday 26th July, East Area held a Ready, Steady Cook night. Our 4 participants were; Ashwin Virpar Shah, Chandrakant Nathu Shah, Chandrakant Dharamshi Shah and Jaichand Meghji Shah. As the time began, they eagerly began preparing a salad with the provided fruits and vegetables and as the audiences observed and waited, we soon realised this was going to be a tough competition. After 30 minutes it was judging time! Pravinaben Rasik Shah and Mahesh Kanji Shah were chosen to be the judges; they went around and observed each salad based on the preparation, presentation and taste. Whilst the judges collectively came to a decision, the public tucked into some garam mung and Debra (accompanied with the salads of course!). Everybody enjoyed the evening and went away with some good advice/tips on preparing salads. A Special thanks to all the volunteers, participants and judges for this evening.



Best Salad goes too...Jaichand Meghji Shah

Runners Up

## Savantsari Bhojan- Sunday 21st September

This Year East Area held their Savantsari Bhojan at Oshwal Centre between 4:30-7pm and we had a great attendance of 450 people. The cooking began from Saturday where delicious Motia Ladoos were made, I'm sure everyone who attended on Sunday will agree these were a hit! The other food was all prepared freshly on Sunday by the hard working Volunteers. The Savanstari Bhojan was sponsored by the family of Late Santokben Devji Meghji Shah. On behalf of the East Area Committee we would like to thank the Sponsors, Volunteers and Public for participating in this event with us and we hope you all enjoyed it!



You can view more photos on our Facebook page- OAUK East Area

Event Logo / Picture	Event Name	Narrative
 	<p><b>Diwali Gathering with Light Refreshment</b></p> <p>Friday 24<sup>th</sup> October 2014</p> <p><b>Canon Palmer High School, Aldborough Road South, IG3 8EU.</b></p> <p>7pm – 11pm</p> <p><b>Free Event</b></p>	<p>An evening to meet and greet and enjoy some entertainment.</p> <p>We would like everyone to get involved and bring some sort of item to create a Diwali Display. It could be a handmade Diwali card, Rangoli design (pre-made), Decorated Divas, Mithai in a thali display etc. Please encourage the young, the old and the in-between to participate.</p> <p>For More information please contact: hemini_shah@hotmail.com 07957308702 Facebook- OAUK East Area</p>

	<p><b>East Area Gujarati School Re-Union</b></p> <p>Saturday 29<sup>th</sup> November 2014</p> <p><b>Canon Palmer High School, Aldborough Road South, IG3 8EU</b></p> <p>7pm-11pm</p> <p><b>Free Event</b></p> <p><b>RSVP by 3<sup>rd</sup> November</b></p>	<p>An evening to re-unite with old friends, teachers and students. There will be a surprise item at the event too.</p> <p>Light Refreshments will be served</p> <p>For more information please contact Taraben Kishore Shah by phone 02085039010 or by email tarliharja@hotmail.com</p>
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Event Logo / Picture	Event Name	Narrative
	<p><b>Thursday Fitness Club –</b></p> <p>Every 2<sup>nd</sup> Thurs – last Thurs of each month</p> <p>1pm – 3pm</p> <p>St Albans Church Hall, Albert Road, Ilford</p>	<p>Entry: £1.50 per person to pay for hall hire</p> <p>All ages welcome</p> <p>There are Satsangs, Exercise classes, Talks, social afternoons and Light Refreshments.</p> <p>For more information please contact Lalitaben Amratlal Shah on 02082208827</p>



**We need Volunteers to help distribute food on the 18<sup>th</sup> and 25<sup>th</sup> October.**

**If you are interested in helping out, please contact Bansi Chandulal Shah.**

**By email- [bsafe86@gmail.com](mailto:bsafe86@gmail.com)**

**By phone 07932094609.**

### UPCOMING PROGRAMME...

We would like to organise an East Area Talent Show in one of our upcoming monthly social evenings.

If you have a talent/hobby that you can share with us then please come forward and let us know.

It could be ANYTHING from dancing, singing, playing a musical instrument or even telling a joke, giving a talk on a topic, speaking another language etc.

All ages are welcome, for more information or to put your name down, please contact Hemini Raju Shah.

By Email- [hemini\\_shah@hotmail.com](mailto:hemini_shah@hotmail.com)

By Phone- 07957308702

# East Area & Essex Presents...

(By Popular Demand)

## DAAL ROTLI AFTERNOON

**Date:** Sunday 28<sup>th</sup> December 2014

**Venue:** Oshwal Centre, Coopers Lane Road, Potters Bar, EN6 4DG

**Time:** 3pm-5pm (Lunch) 5pm-6pm (Chai & Cakes)

**Price:** £5 (Members) £7.50 (Non- Members)

**For bookings please contact:**

Rasikbhai Nathoo Shah- 0208 9895089 or [pravinarasik@yahoo.co.uk](mailto:pravinarasik@yahoo.co.uk)

Rajubhai Rajnikant Shah- 0208 5544470 or [hemini\\_shah@hotmail.com](mailto:hemini_shah@hotmail.com)



# Leicester Area

## Bowling Event

Bowling was organised for youth and adults on 14th September 2014 in the hope that more youth will come along and participate. There were 6 youth and 8 adults who participated in bowling. There were other spectators who came to support the event.



Adults played one game and youth played two games. Everyone enjoyed bowling and mingled with each other. The enthusiasm was great that they wanted to know when the Youth committee are organising another session. Hopefully there will be more children participating next time.

## Chopda Pujan Leicester Area

**Date:** 23rd October 2014

**Time:** Participants to arrive by 7.00 pm, the ceremony to begin at 7.30 pm

**Venue:** J R & Co., 8 Cross St, Leicester LE4 5BA

Please confirm attendance to Nikunjhai on 07950 287 925



# Paryushan

As always, Leicester area Oswals celebrated Paryushan with great sincerity and devotion.

There was a wonderful turnout during all the 8 days. It was heartening to see everybody make time in their busy schedules to join the community in observing Paryushan.

The days began with Pratikaman and went onto evening discourses with stavans, announcements and presentations and many performances.

The tapasvis were honoured at the paynas on the Saturday following the 8 holy days of Paryushan. There was a healthy presence from the younger members of the community. It is good to see the future leaders of Oswal coming out and actively participating and contributing positively.

After Paryushan, a coach load of members went to attend the Dhaja Din at Oswal Centre at Potters Bar on 7th September. The savantsari was held on 21st September. It is hoped that this great celebration of Jainism will be observed and be relevant for many years to come in Leicester.

On Friday and Saturday young Oswals of Leicester entertained us with various Jain performances. It included Jain stories, skits, Jain articles and a comedy play. The youngsters put in a lot of time and effort to perfect their routines. It was the first time they have taken the lead and their contribution was much appreciated. Thanks to all who took part and we hope they will continue to participate in Oswal activities so that they can grow to be our future leaders.



# Savatsari Bhojan



OAUK Leicester Committee would like to thank all the supporters.



Oshwal Association Of The UK

*Leicester Area*

PROUDLY PRESENTS

**CULTURAL PROGRAMME**

TO CELEBRATE

# **FESTIVAL OF DIWALI**

**ON SUNDAY 26TH OCTOBER 2014**

AT

**BRAUNSTONE CIVIC CENTRE,  
209 KINGSWAY,  
LEICESTER,  
LE3 2PP**

**PROGRAMME: 2:30pm ONWARDS, DINNER: 5:30pm**

**TICKETS:**

**5-12 YRS OLD – £5.00;**

**13-16 YRS OLD & MEMBERS – £7.50**

**NON-MEMBERS – £10.00**

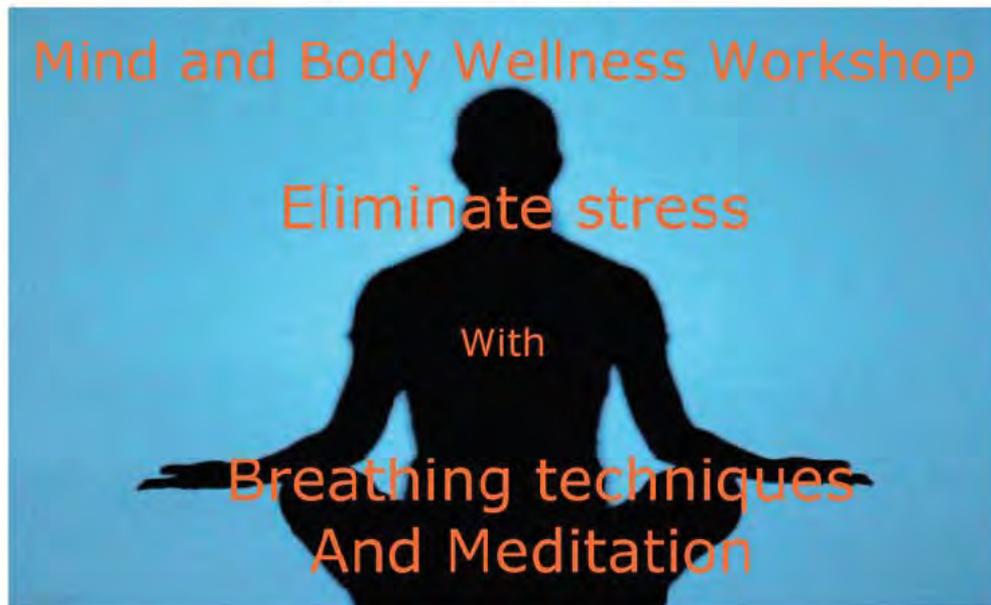
**Contact:**

**Dravinaben – 0116 2200189; Nitaben – 0116 2760820**

**The Leicester Area Committee wishes everyone a very  
Happy Diwali & A Prosperous New Year**



Oshwal Association of Leicester Presents  
**THE ART OF LIVING**  
by Reshmi Fulchand



- 
- Infuse your body with energy
  - **Detoxify through breathing**
  - Make your mind calm
  - **Control negative emotions**
  - Increase focus and attention
  - **Create a sense of wellbeing**
- 

You will also learn the principles of healthy living, effortless meditation and tools to chart a new course in life.

Please wear loose clothes, bring a mat/blanket, water bottle, and a shawl to keep warm.

Seminar date and time

Sunday November 16<sup>th</sup> 2-4pm  
Refreshments 4-5pm

Location details

At Silverdale Community Centre  
Silverdale Drive, Leicester, LE4 8NJ

Cost:

£3.00 Members      £5.00 Non-members      Children under 12 – Free

Contact details

For further details and to register for attendance please contact:

Nitaben Shah – 0116 2760820

Rashmikaben Shah – 0116 2718525

by 9<sup>th</sup> November 2014

# Luton Area



## Paryushan and Savantsari Bhojan message

### Jai Jinendra

My heartfelt appreciation to the Religious Committee volunteers, the Area Committee and especially the Luton Community who helped to make our Paryushan a spiritually uplifting and enjoyable festival. Our Luton Area may be small, but it has proved to have a big heart in generosity, spirituality and unity. It was good to see so many members, locally and from nearby towns, young and not so young, during the Paryushan Festival and the Savantsari Bhojan.

My special thanks to all who have been very kind with their positive feedback. It is always good to hear first hand from the community, both positive comments as well as any improvements that we can make going forward. Our committee believes in being positive and welcomes any new ideas.

We are very fortunate in this country to have all that we need to be able to lead a happy and contented life. Unfortunately, negative thoughts and deeds arising from greed, ego, envy and lack of understanding can often lead to unhappiness. This unhappiness and resulting insecurity can spread to siblings and other family members close to us. This life that we are living in is precious but with limited time. Awaken our souls, discard our negative thoughts, look for good in others and understand the true meaning and purpose of Michhami Dukkadam and we will see the improvements in our well being and to those around us.

**Michhami Dukkadam . Ella Rajesh, Luton Area Religious Committee.**

## લુટન એરિયા

આઠ દિવસના પર્યુષણ મહા પર્વમાં સૌને આનંદ આવ્યો. દરરોજ થોડા ભાવિકો પ્રતિક્રમણ માં ભાગ લેતા હતા. ત્યાર બાદ મોટી સંખ્યામાં લોકો પધારી ભાવના અને આરતી, મંગળદીવાનો લાભ લીધો. દરરોજ પ્રભુનું નામ લઈ બધા આનંદથી ભક્તિ કરતાં. એજ રીતે મહાવીર પ્રભુના જન્મના દિવસે પ્રભુનું પારણું રાજેશભાઈ જેઠાલાલ ના પરિવારને ત્યાં આવ્યું અને સૌએ પ્રભુની ભક્તિ કરી.

સંવત્સરી પ્રતિક્રમણમાં મોટી સંખ્યા માં બધાએ લાભ લીધો. આ મોટા દિવસે સૌએ એક બીજાને મળી મિચ્છામી દુક્કડં કરી ભક્તિમય વાતાવરણ સર્જ્ય.

લુટનમાં તપસ્વીઓએ તપસ્યા કરી તેમની અનુમોદના કરીએ.

રાજશ્રીબેન મિલન શાહ - અદ્વાઈ, શાંતાબેન ઝવેરચંદ શાહ - છઠ્ઠ અક્કમ, રંજનબેન કાંતિલાલ સુમરિયા અક્કમના પારણે અક્કમ, ની તપસ્યા કરી. તેમજ ઘણા તપસ્વીઓએ નાની મોટી તપસ્યા કરી તપનો પ્રભાવ વધાર્યો.

૧૪ સપ્ટેમ્બરે સંવત્સરી ભોજનનું આયોજન કરેલ, તેમાં મોટી સંખ્યામાં લોકો પધાર્યા હતા. સૌ સાથે મળી સ્વાદિષ્ટ ભોજન બનાવ્યું અને ગ્રહણ કર્યું.

તમારા બધાનો ખૂબ ખૂબ આભાર. આપ સૌના સાથ અને સહકાર અને પ્રેમ થી આ પર્યુષણના મહા પર્વને આપણે સૌએ સાથે મળીને ખુબજ આનંદ મનાવ્યું.

આપણે હમેશા કહીએ સતકર્મથી સ્વર્ગના દરવાજા ખુલ્લે, પણ સ્વર્ગ તો અહિ જ છે, જ્યારે આપણે સાચી પ્રભુની ભક્તિ કરીએ અને સાચા દિલથી એકબીજાને મદદ કરીએ., ત્યારે પ્રભુ આપણા આત્મામાં બિરાજે છે. અને આ જગત જ સ્વર્ગ બની જાય છે.

ઇલા રાજેશ, રિલિજયસ કમિટી લુટન.

મિચ્છામી દુક્કડં

**Forthcoming event – Diwali Ball** on Saturday 18th October 2014, at Beadlow Manor Golf Club, Shefford, SG17 5PH, 7pm till late. Tickets – Oshwal Members £16 (£18 after 30/9/14), Non Members £20.

Please see attached poster on our website link <http://www.oshwal.co.uk/events/diwali-ball>

Contact Nina 07474 444460 Keval 07837 181332 Ricky 07817 784650

**Participants required for the Oshwal Sports Day Oshwal Sports Event** - 6, 7, 14th December 2014:

Luton Area is looking for 2 participants for the ladies darts singles and doubles event and also anyone who can take part in the swimming competitions.

For further information please contact Nina on 07474 444460

Charity no: 267037

# Hollywood vs Bollywood

Dress to impress like a superstar this Diwali

Luton Oshwal Youth Committee Present

# Diwali Ball

*Early Bird offer*  
 £16 for Members (untill 30/9/14)  
 there after £18  
 £20 for Non-Memebers

**On: Saturday 18th October 2014**

@: Beadlow Manor Golf Club, Ampthill Road  
 Shefford  
 Bedfordshire  
 SG17 5PH

**For Tickets Contact:**  
 Ricky 07817 784650    Keval 07837 181332    Nina 07474 444460

The committee reserve the right to cancel this event

<b>Cards Club at Warden Hill Centre</b>	<b>8-10pm (contact Nina 01582 581 418)</b>
5 <sup>th</sup> October, 29th November, 27th December	
<b>Friday Club at Warden Hill Centre</b>	<b>8-10pm (contact Nina 01582 581 418)</b>
10 <sup>th</sup> October	Jelebi Gathia
21 <sup>st</sup> November	Mexican Night
19 <sup>th</sup> December	Christmas Party
<b>Luncheon Club at Hindu Mandir</b>	<b>11am-3pm (contact Ella 01582 402 080)</b>
20 <sup>th</sup> October, 17th November, 22nd December	Yoga, Satsang, Lunch and other activities

# FUND RAISING SCHEMES 2014-16



## OSHWAL ASSOCIATION OF THE UK

Oshwal Centre, Coopers Lane Road, Northaw, Herts. EN6 4DG

Registered Charity no. 267037

Proud to be Oshwal

I would like to donate the sum of:

Please allocate my donation to:

£50,000

£25,000

General Donation

£20,000

£12,500

Oshwal Centre Refurbishment

£10,000

£5,000

Oshwal Ekta Centre

£ 2,500

£ 1,000

Oshwal Shakti Centre

£ \_\_\_\_\_ Other (Please state amount)

South London Mahajanwadi

To Oshwal Association of the U.K.

FOR MORE DETAILS OF FUNDRAISING SCHEME PLEASE SEE OVERLEAF OR VISIT [www.oshwal.org](http://www.oshwal.org)

### Payer's Details

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postcode: \_\_\_\_\_

Tel: \_\_\_\_\_ Mob: \_\_\_\_\_ Email: \_\_\_\_\_

I confirm that I am a UK tax payer and would like any donations that I make, both now and in the future, to be treated as Gift Aid donations.

Please note that the amount of tax reclaimed by OAUk on your donation at the basic rate of tax must not exceed the amount of income and/or capital gains tax you pay in any tax year. Please notify OAUk if your status changes in the future so that you are no longer a UK taxpayer.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Please tick this box if you do NOT want OAUk to publish your name:

Methods of Payment:

Cheque Payable to Oshwal Association of the UK

BACS / On Line:

Please Remit to: Oshwal Association of the UK  
**Barclays Bank plc**  
**Account No: 00757969**  
**Sort Code: 20-35-90**

**Please quote your name / membership number as a reference**

Please fill in the above details in CAPITALS and submit this completed form to the **The Fund Raising Team:**

✓ **By post:** Oshwal Centre Coopers Lane Road Northaw Herts EN6 4DG

✓ **By Email:** [admin@oshwal.org](mailto:admin@oshwal.org)

Please send the cheque to Oshwal Centre with your name & address on the back & a note that it is for the Fund Raising Scheme.

**Takti Details will be by a separate form, we will contact you again to request details**

For Internal Use Only

Cash / Cheque Banked on:	Bank Slip No:	Receipt No:
BACS Payment Received on:	Reference:	Receipt No:
Official:	Signature:	Date:



# Northampton Area

## YOUNG JAINS TESTER SESSION - 14th June 2014

**REPORT BY NITISH SHAH**

What is the winning hand? What is the winning mindset?

Every day, we are dealt the cards of life, and with every card we have an opportunity to make a choice, and this will affect our current hand. It's what we do with the card (opportunity, event, incident) that will influence what our future could be. This was the theme of the taster session of the Young Jains convention. The two deliverers Priti and Anuj amazingly put across the idea of how we can use Jain dharma and practice in our every day lives in a practical way. They showed us the idea of changing the way we think and react to situations presented to us can have such a great impact on our lives. We were prepared to think about how we can react to each and every situation in order to not let it affect us adversely.

All those who attended really enjoyed the session and look forward to future ones. I am sure whoever attended the Young Jains UK 10th convention on Sat 26th and Sun 27th July 2014 has attained great knowledge on Jainism and may be found lots of answers to their questions they might have thought about life.

## Paryushan Celebrations 2014 and Workshop on Ghathiya and Aghathiya Karmas and Essence of Pratikraman in English during

**Report by Fulvanti Shah**

This year the 8 days celebrations went very well this year. We had about 25 to 30 people daily for pratikraman. As always Punjabhai and Jivubhai conducted them. Various ladies took part in saying the stavan, thoi etc. Hansaben read out pravachans sent over by her guru from India and were very enlightening. After the pratikraman we went across to the temple for bhavna. Again this year as always, Mahendrabhai, Jyotshnaben and Chirag served us with beautiful and melodious stavans. Aarti and Divo took place daily. Mahavir Janmakalyanak was very well attended and celebrated as was on the last day when we had 108 diva aarti. This year we had 3 tapsvi behenos, Gitaben (observed maun upvas), Kumdben and Kanchaben and our congratulations to them all.

### **Workshop**

Jyotshnaben, Trusitben, Shrutiben, Vibhutiben from South London Shree Chandana Vidyapeeth team in conjunction with Institute of Jainology (IOJ) conducted the workshop on Karma theory. They were accompanied by Prakeshbhai who very kindly drove them to Northamptonshire.

The main aim of this workshop was to understand Ghathiya and Aghathiya Karma. To describe the processes of ashraav, bandha, samvar and nirjara - involved in karma bondage and release. To list and illustrate 8 main types of karma and to encourage audience participation in the workshops.

The session began with an introduction and understanding of the Jain universe - namely Siddhashila (abode of the liberated souls), Deva gati, Manushia gati & Triyanch gati (abode of Humans and animals), Narak gati (abode of the Hells beings)

Jain Philosophy does not believe in a creator God. Jains believe every soul has the potential to attain nirvana/moksha/liberation. A perfected soul, pure and free from attachment is deemed to have attained siddha status. Jains believe that the Universe has been in existence with no beginning and no end and is subject to the inherent laws of nature.

The workshops explored ways in which you bind Ghathiya and Aghathiya Karmas and the processes involved to shed them.

The workshop was attended by all age groups from age 10 to 80 plus. The Essence of Pratikraman in English on Saturday evening again was well attended by a whole range of age groups.

**Jai Jinendra**

## Non Regular events

- **SATURDAY 4TH OCTOBER - COOKING DEMONSTRATION** - WESTON FAVEL PARISH HALL - TIME: 7PM - 11 PM
- **SATURDAY 25TH OCTOBER - DEEPAVALI GET-TO-GETHER** - RANGOLI/GHARI AND GULAB JAMBU COMPETITION - WESTON PARISH HALL - TIME: 7PM - 11PM
- **SUNDAY 30TH NOVEMBER - OPEN BHUKHAR** - OSHWAL CENTRE, COOPERS LANE.-DETAILS ON THE LEAFLET. ENGLISH AND GUJARATI RULES FOUND ON THE WEBSITE.
- **SATURDAY 20TH DECEMBER - XMAS PARTY** - WESTON PARISH HALL - TIME: 7PM - 11PM
- **SUNDAY 3RD MAY 2015 - CELEBRATIONS ON 25TH ANNIVERSARY OF ESTABLISHMENT OF NORTHAMPTONSHIRE OSHWAL ASSOCIATION OF UK**

## Regular events

- **Fun Club** - Every 3rd Saturday of the Month, Time: 7.30pm - 11pm, Tickets £1.50 (members)
- **Jain Philosophy Classes** - Every Monday, Venue: Fulvantiben's Residence. Currently Discussion On Bhavnas. Free, Time: 8pm - approx 9.30pm
- **Twin Heart Meditations** - Every 3<sup>rd</sup> and 4<sup>th</sup> Thursdays of the Month. Weston Favell Parish, Hall, Booth Lane South NN3 3EP. Time: 7.30PM - 9.00pm. Open to All.

More details on: [www.oshwal.co.uk/events](http://www.oshwal.co.uk/events)

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## Oshwal Association of the UK

Northamptonshire Area  
*presents*  
**Open Bhukhar Competition**  
**Open to all Areas**



*At Unity Hall, Oshwal centre, Coopers Lane Road Northaw, Hertfordshire EN6 4DG*

**Date: Sunday 30<sup>th</sup> November 2014 Time: 09:00am – 4:45 pm**  
*(Please arrive before 9:00 am to register)*

**Entry fees: Members £10; Non-members £13 (Teams of 3 people required)**

**Includes breakfast (9:00 – 9:35) and Lunch (13:55 – 14:45)**  
*Tea, Coffee, water and light refreshments will be available during the day.*

*A set of rules in English and Gujarati will be available from the OAVK Website.*  
**For competition entries and further details please contact:**

Usha Ashok Haria: [ushashah60@hotmail.com](mailto:ushashah60@hotmail.com) 01604 469436

Organisers reserve the right of admission and the right to amend date and venue





### OSHWAL ASSOCIATION OF UK NORTHAMPTONSHIRE



## DEEPWALI GET TO-GETHER

SATURDAY 25TH OCTOBER 2014  
7.00PM – 11.00PM

WESTON FAVELL PARISH HALL, BOOTHVILLE LANE SOUTH,  
NORTHAMPTON NN3 3EP



**RANGOLI  
GULAB JAMUN  
GHARI  
DIWALI CARD  
COMPETITION  
OPEN TO ALL  
AGES  
MEMBERS  
ONLY**



A LIGHT SNACK WILL BE PROVIDED  
AND THEREAFTER PROGRAMME FOR  
RAAS GARBA WILL COMMENCE

For those wishing to take part in these competitions please contact:  
Usha Shah – Tel: 01604 469436/ushashah60@hotmail.com  
Gita Shah – Tel: 01604 584971/gitashah54@hotmail.co.uk

Once we get the numbers and age groups we will let you know more details about the competitions. All ages are welcome in all four competitions.

NAMES FOR THE PARTICIPANTS FOR THE COMPETITION SHOULD BE SUBMITTED BY 19 OCT 2014

NAMES FOR ATTENDING THE FUNCTION PLEASE LET US KNOW BY 22.10.2014

The Organisation reserve the right to amend the details of the event.

Charity Reg No. 267037



### OSHWAL ASSOCIATION OF UK NORTHAMPTONSHIRE

PRESENTS

# COOKING DEMONSTRATION



Ghara  
By Hansaben

On  
Saturday 4th October  
2014  
From 7pm – 10 pm



Ghughra  
By Ushaben



Venue: Weston Favell Parish Hall  
Booth Lane South  
Northampton NN3 3EP  
Deadline for Attendance confirmation  
30th September 2014

Price:  
£2.00 Members  
£3.00 Non-members



Cake Pops  
By Grishmaben

Contact: Jayshreeben  
On 01604 844895  
[jasu@nalin.fsnet.co.uk](mailto:jasu@nalin.fsnet.co.uk)  
Or  
Ushaben  
On 01604 469436  
[ushashah60@hotmail.com](mailto:ushashah60@hotmail.com)

**ALSO  
Champa Shah  
Teaching**

Garbas

**With a twist  
Traditional,  
Latino  
Funky and  
Intricate  
Steps**

COMMITTEE RESERVES THE RIGHT TO CANCEL OR  
MAKE ANY AMENDMENTS TO THE EVENT

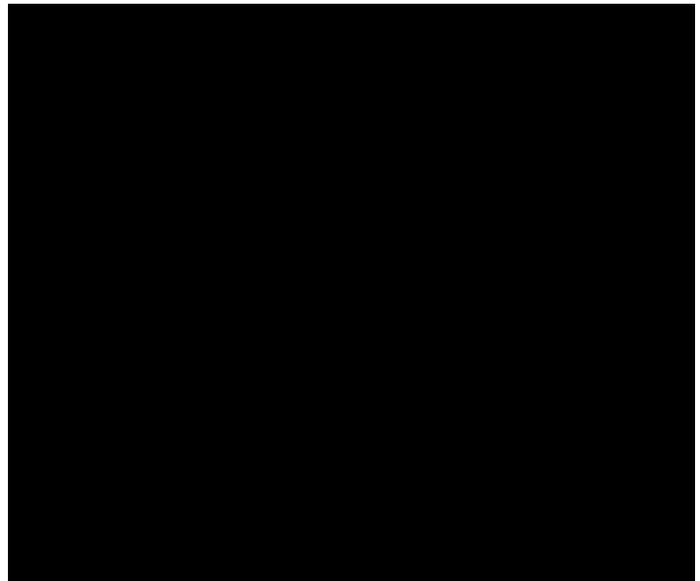
CHARITY REG NO 267087

# North Area

## North Area Chairperson Message

*"Diwali is a time for rejoicing and I take this opportunity of wishing everyone a very Happy Diwali and a Prosperous New Year. Another year has flown by and in the last year, North Area has been very active in organising various events to cater for all age groups. More exciting events are in store - please keep on supporting the Committee. As ever, we are looking for new ideas and suggestions so your contributions are most welcome. Best Wishes. Daksha."*

**Daksha Maroo - Chair Person**



OSHWAL ASSOCIATION OF THE U.K.  
(Charity Registration No. 267037)  
NORTH AREA SAKHI MILAP & SOCIAL CLUB

**DIWALI CELEBRATION**  
17<sup>th</sup> OCTOBER 2014

Full Dinner, Diwali Art & Craft Demonstration by Crafty Sisters followed by craft activity, Mehndi and Social Activity

Venue: Woodhouse College, Woodhouse Road, Finchley London N12 9EY

Doors Open: 6.45pm  
Dinner: 7.00pm - 8.00pm  
Demonstration & Activity: 8.00pm - 9.30pm  
Tea/Coffee/Biscuits: 9.30pm - 10.00pm  
Carriages: 10.15pm

Tickets

Members: £8.00 Non Members: £10.00 Under 12's: £5.00

For tickets and further details please contact

Kuntesh Shah	07952 708592	Nilam Shah	07941 076115
Kailas Haria	07825 339317	Herna Shah	07714 418081
Ila Shah	07828 951762	Bharti Shah	07508 718267
Kailash Shah	07951 481591	Deepthi Haria	07803 031408
Gita Shah	07932 058018		

Please bring your old wedding invites to recycle into beautiful Diwali Cards

OAUK - North and Shri Chandana Vidyapeeth



A non-sectarian Jain School, run by Veerjyatan UK

For more information:  
[www.scvp.org.uk](http://www.scvp.org.uk)

Invites you to a series of 4 evening talks in English

### Mahavir – the Modern Messiah



We will be discussing how Jainism has evolved over time and the timeless nature and relevance of Mahavir Bhagwan's message to us in the modern day.

These sessions will be led by a group of expert teachers from SCVP Jain School.

**DO NOT MISS OUT, IT COULD TRANSFORM YOUR LIFE!**

**Dates: On Wednesdays; November 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>**

**Timings: 8.15pm – 9.30pm**

**Venue: Woodhouse College, Woodhouse Lane, London N12 9ER**

For further information, please contact:  
 Transliteration: 07979530255 or Dakshinaben: 07735514285  
 Email: [oshrivatanuk@gmail.com](mailto:oshrivatanuk@gmail.com) or [dakshinaben@gmail.com](mailto:dakshinaben@gmail.com)

**....Hold the press! Whist Drive announced.... Saturday 8th November... Hold the press! Whist Drive announced.... Saturday 8th November.... Hold the press! Whist Drive announced.... Saturday 8th November.... Hold the press! Whist Drive announced....**

## NORTH AREA PARYUSHAN - 2014

Oshwal North Area once again celebrated our Paryushan festival very peacefully and all those who benefitted tremendously. The aim, as per last year was to encourage young people to participate. North Area continued with the changes brought in last year to encourage young members and children to enjoy the celebration.

The Samo Aarti and Divo with a fixed nakro worked very well on all 8 days, encouraging all families to participate. This has eliminated the bidding process which is very time consuming. This is also a fairer system where any family can participate if they wished.

Over the weekend, Ajitbhai, Pravinaben and party sang beautiful Jain stavans and provided music for the raas garba on both the days.

To encourage children, we arranged for them to participate in aarti thali decorating. We also held a stavan singing talent night on one of the days and had participation from 3 groups of young children who sang beautifully and some were also accompanied by musical instruments. This was very well received by the audience. We also held a pass the parcel game for the very young ones and they all got turns to read out a short Jain fact. Fun was had by all the children and the children were rewarded with a small gift.

Each day before pratikraman began, one of the rituals involved in the pratikraman was explained such as why we do khamasna, vandna, maupati feravanu and why we use katasnu and charaudo. The younger members who attended the pratikraman said that they very much valued this sharing of information.

On some of the evenings after Pratikraman, the Committee members took turns to read a short story. These included stories of Bau Bali, Raja Kumarpar, Chandanbala and Neminath. The renowned Vinodbhai Kapashi gave a talk and discussion on dharma and how to practise it in modern life. This was very inspirational and thought-provoking and was very well received by the audience.



This year, the tapasvis were as follows:

Sunitaben Dhirajlal Shah	10 Upvas
Bansiben Kuntesh Shah	9 Upvas
Neelaben Hitesh Shah	8 Upvas
Dineshbhai Lakhamshi Shah	8 Upvas
Paras Dilip Maroo	8 Upvas
Praful Jivraj Shah	8 Upvas
Rashmikant Ratilal Shah	8 Upvas
Ronak Dilip Maroo	8 Upvas

*The North Area Committee sincerely apologises if they have hurt anyone - Micchami Dukkhadam.*

## Bhaje on the (Clacton) Beach!

The North Area Health, Welfare and Social Committee organised an outing to Clacton on Sea on Sunday 27 July 2014. The trip started on a glorious sunny morning, with excited people looking forward to going to the seaside. Everyone was welcomed aboard on the bus by Hemaben, Kasturben and Kunteshbhai, the organisers of the trip. A goody bag filled with snacks and drinks was handed out to everyone. The goodies were donated by some very generous members and we are very grateful of their kindness and generosity.

Once everyone was settled on the coach, Antakshari was played and a melodious journey began to Clacton. The time passed very quickly and we reached our destination around 9.30am and people were free to spend the day as they wished. Some people went straight to the beach to relax and enjoy the sunshine and the lovely views of the gardens near the beach. Others went for a long walk on the pier followed by a picnic on the beach. Some people also went on a shopping spree!

Fun was had by all participating in the various activities on offer or just lazing around on the beach. Sunshine lasted for the whole day but before we knew it sadly it was time to pack up and go back on the coach! On the

way back, we were entertained by Hemaben and Kasturben with a quiz and bingo. These games ensured that the brains were still active! Everyone had a wonderful time and our thanks go to Hemaben, Kasturben and Kunteshbhai and their spouses for the excellent organisation of the trip and ensuring that everyone had a great time.



## Sakhi Milap - Holistic Approach to Life through Ayurveda & Yoga - held on the 9th September 2014.

This event was advertised to be led by Dr Ragini, an accomplished Ayurveda practitioner, but due to unavoidable circumstances she had to cancel at the last minute. However Prabhuhai Shah, a renowned Patanjali Yog Peeth teacher, kindly stepped in and took the entire session, which incorporated yoga and healthy lifestyles. Prabhuhai started his journey on the path of Yog (nurturing ones body) in 2005 when he was searching for something that made a



difference to his life. His main principles follow RamDev Yog, and he is a great believer in keeping one's body in-tune to have a healthy and balanced life. Throughout the session he encouraged the audience to participate in light exercises involving pressure points to relieve and vitalise the body's ache's & pains, and stimulate the internal organs for healing. He stressed how one needs to listen to their inner body, and that everybody carries diseases, but diseases only come to surface when the body is under a lot of stress and organs are overworked. His main message was for everyone to have a daily routine of exercise and relaxation combined with a healthy lifestyle.

Prabhuhai covered many topics where Ayurveda and yoga could have a positive impact. These include daily niggling pains in the knees, joints, back etc., which almost all of us can relate to. He spoke about medical conditions such as diabetes, colitis, thyroid, digestive disorders, blood circulation and more. His solutions to these problems include specific exercises and natural remedies like Lassie, ginger, methi, turmeric are just some of the examples which can help provide relief to the pains and illnesses mentioned.

The session finished off with a great relaxation session of rolling shoulders, Anulom Vilom, Bramaree and chanting Om. This was followed by the great experience of 'the lion roar' and laughing yoga. Everyone left the session wiser and truly relaxed. If you would like to get in touch with Prabhuhai, email him at [prabhu.shah@gmail.com](mailto:prabhu.shah@gmail.com).

## Celebration of India Independence Day at the Social Club

The social club which gathers every Friday at Woodhouse College celebrated India's Independence Day on 15th August by taking a break from playing cards and then singing our national anthem. That was then followed by enjoying some snacks, this was organised by Kasturben Chandaria, and our thanks goes to her for this and to all the people who generously donated towards the event. The event was a great success with over 40 people attending.



## Gujarati School Trip to London Zoo Trip - 5th July

The North Area Gujarati School organised committee decided to treat the school kids to an outing to mark a successful year at the school and the school was closed for that day.

A group of 85 which consisted of teachers, parents and children met at Finchley Central Tube station at 9am where the parents and teachers were to escort the kids along their journey. The day started with a bit of a drizzle, but this did not dampen anybody's mood. The parents who were keen to join us were well equipped with a packed lunch...- that added to a more lovely chatter on the way, but there was a surprise in store.

The station staff happily escorted us all into and on the train. The driver hooted and off we went. Guess what? We got a whole first carriage to ourselves, looked like the kids got a treat...all got seats and by this time the drizzle gave way to a lovely sunshine- that greeted us at our destination Camden town station.

Unfortunately some teachers could not make it -but we thought of them all along. The group of confused teachers, chirpy kids, chatty parents and capable assistants arrived at the gates. Kunteshbhai took all responsibility to book all of us through the gates. The greeters at the London Zoo were pleased to see us all, but gave up counting after half of us went in and laid out the plan for the day.

The children were overjoyed and excited to see an amazing variety of animals, birds and didn't miss the feeding time at the Penguin Beach enclosure, with a significantly larger pool complete with underwater viewing areas close to the Penguins like never before. New in 2014, the Tiger Territory is a multi-sensory experience taking visitors deep into the world of these magnificent and majestic creatures, a large group of us went to see a talk on the tigers and their feeding time. With over 12,000 animals to see and incredible animal displays taking place throughout the day (including feeds and keeper talks) there was a lot to keep us occupied.

The Rainforest Life is London's only living rainforest, where visitors can meet a variety of beautiful rainforest species including marmosets, tamarins and sloths. In the all-new 'Night Life' discovered the bats, rats and nocturnal wonders like the Slender Loris, armadillos and Potto the live in these murky conditions.

At 1 pm on Neelamben's convincing chat with the zoo cafe got us all a treat of delicious vegetarian sandwiches and nibbles- and the kids got a treat when she also arranged them to get a goody bag. After lunch we all watched the wild birds and creatures show and had a rain drizzle. And it was 3 pm and now we were all getting a bit tired. This was an educational trip so we are all made sure that the children had observations and description skills that will enhance Gujarati presentation skills. The day finished with a vote of thanks to all by the head teacher and Kunteshbhai.



## લંડન પ્રાણી સંગ્રહલયની મુલાકાત

પમી જુલાઈ ૨૦૧૪ની આ સુંદર સવારે ગુજરાતી શાળાનાં બાળકો તેમ જ તેમનાં કેટલાંક વાલીઓ અને શિક્ષકો આ પર્યટનમાં સામેલ થયા.

નક્કી કરેલાં સમયે સહુ કોઈ ફીચલી સેન્ટ્રલ ટયુબ સ્ટેશન બધાં લોકો સાથે મળ્યાં. ઝીણો ઝીણો ઝરમર ઝરમર વરસાદ આવતો હતો પણ તેનાંથી કોઈને નિરાશા લાગી નહિ. બધાનો ઉત્સાહ અકબંધ જ હતો. દરેક જણ બપોરનું જમવાનું અને નાસ્તાપ્રાણી સાથે સજ્જ હતા. તેમનાં માટે સંદર્ભમાં એક નવીનતા હતી તે કોઈ જ નહોતું જાણતું.

સ્ટેશનનાં કર્મચારીઓ એક આખી બોગીની વ્યવસ્થા અમારાં માટે કરી આપી હતી. કેમડન ટાઉન સ્ટેશન પર ઉતરતાં જ સુર્યદેવનાં કોમળ કિરણોએ અમારું સ્વાગત કરી ઉત્સાહમાં ઉમેરો કર્યો.

આગળ આગળ કુંતેશભાઈ તેમની પાછળ પાછળ રમતિયાળ બાળકો વાતો કરતાં વાલીઓ ચર્ચા કરતાં શિક્ષકો સાથે અમે સંગ્રહલયનાં દરવાજે પહોંચ્યાં. ત્યાં દરવાજા પર અમારું સ્વાગત થયું, અમને પ્રાણીઘરનો નકશો આપ્યો. કુંતેશભાઈ બીજી વિધી પૂર્ણ કરી અમારી સાથે થયા. બધાની હાજરી ગણતરી પુરી કરી બે ગ્રુપ બનાવી બધાં લોકો સહેલનો આનંદ લેવા નીકળી પડ્યાં.

બાળકોનાં ઉત્સાહનો પાર ન હતો. ખાસ કરી પેન્ગવીનોને ભોજન કરતાં જોવાની તેમ જ બીજાં પશુપક્ષીઓને પણ નિહાળ્યાં. તેઓની દિનચર્યા જોઈ. ખાસ વાઘો જોવાનો આનંદ અનેરો હતો.

રેઇનફોરેસ્ટમાં વસતાં પશુપક્ષીનાં જીવન વિષે ખૂબ જાણકારી મળી.. તેમની દિનચર્યા તેમજ નિશાચર્યા વિષે અનેરી વાતો સાંભળી.

અમારાં હીતેશભાઈ અને તેમની મહેનતથી આ પર્યટન ઘણું આનંદજનક પુરવાર થયું. હા હવે વાત છે એક એક આશ્ચર્યની લંચમાં તાજી સેન્ડવીચીસ, ફીસ્પસ અને પ્રાણીની વ્યવસ્થા અને દરેક બાળકને પ્રાણીઘરની યાદગીરીની ભેટોની થેલી ભેટમાં આપી. હીતેશભાઈ અને નીલમબેન તરફથી તેમનાં આનંદમાં ઉમેરો થયો. કુંતેશભાઈ અને હીતેશભાઈ અને સર્વેનો આભાર. આમ જ એક યાદગાર દિવસ પુરો થયો.





*Key Contacts*

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 07941 076 115

**Youth Club**  
 SahilShah  
 sahil.shah@hotmail.co.uk  
 07947 984 706



**Whist Drive!**

**Saturday 8<sup>th</sup> November**

**Time: 6.45 to 11pm**

**Venue: Woodhouse College, North Finchley, N12**

**Entrance £6.00 members, £7.50 non-members. Includes light refreshments!**

Contact Hema 07714 418 081

Ila 07828 951 762, Nilam 07941 076 115,

Kailash 07825 339 317, Bharti 07508 718 267

Upcoming Event

**Mahavir –the Modern Messiah**

Wednesday 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup> at 8.15 –9. 30pm

Woodhouse College, N12

Lectures in English discussing how Jainism has evolved over time and its relevance in the modern age.

REGULAR EVENTS



**Social Club**

**Fridays (Term Time)**

**Time: 8pm to 10pm**

**Venue: Woodhouse College**

**Info: A great social night with Bhukar, Chokadi and other activities. Come along and join in the fun.**

**Entrance £1.**



**Bolly Aerobics**

**Saturdays (Term Time)**

**Time: 9.45am to 10.45am**

**Venue: Woodhouse College**

**Info: Dance your way to fitness! Enjoy the perfect workout . Contact Daksha Maroo**



**Gujarati School**

**Saturdays (Term Time)**

**Time: 9.30am to 12.30pm**

**Venue: Woodhouse College**

**Info: Let your child learn to speak and enjoy Gujarati, which is taught through music, singing, dancing, acting, storytelling and art! From ages 4 upwards. We also offer Bollywood dancing, Table, Harmonium, Bharat Natyam, Arts and Crafts, and Gujarati for adults.**



**Youth Club**

**Fridays (Term Time)**

**Time: Under 12s 6-7.30pm Over 12s 7.30-10pm**

**Venue: Woodhouse College**

**Info: Come and play football, basketball, bench ball, dodge ball, netball and much more.**



**Yoga**

**Fridays (Term Time)**

**Time: 7pm to 8.30 pm**

**Venue: Woodhouse College**

**Info: Yoga helps in so many ways. Come and join in these classes led by Dr Mehul Shah.**

Contact Sejal Shah 07931 778 642



# North East Area

## *Pranam, Jai Jinendra, Hello, Hi!*

Hope you are all well and have enjoyed the recent Paryushan and Savantsari festivities.

North East Area celebrated Paryushan in our newly refurbished Oshwal Centre. With the colours of the halls matching the sari colour scheme for each day, the chandeliers beaming with light and the halls packed on a daily and evening basis, this was my favourite year celebrating our most important religious festival.

I would like to thank all the volunteers who helped without hesitation for eight days. I would also like to thank those who helped during the three days of Savantsari preparation - waking up as early as 5am each day and not sleeping until 12 midnight!

You all know who you are. Heartfelt THANKS from the North East Area committee. Without your hard work, the festivities would not have been as successful.

During Paryushan we briefly spoke about the "ek so vis" (120) Scheme. We stated that should we receive 100 new members to the scheme within eight days, we would keep three Welfare Events free and offer free Education to Oshwal members with a 98% or more attendance record. Unfortunately, we did not reach our target and we then extended this until Savantsari. We are now again extending this until 31st December 2014.

The money will be split 50/50 between Welfare and Education. We have already had a great Welfare Daal Rotli event with over 95 people attending and we have been to Woburn Safari Park from Gujarati school. We

would like to do more for our seniors and juniors, but we need your help and support.

Think about your parents, grandparents, uncles and aunts - we can offer them more events and things to-do to "get them out of the house." At the same time, think about your children, grandchildren, nieces and nephews, get them learning our language and having fun at the same time!

Now that Paryushan is over, the next event to get ready for is our DIWALI BAZAAR on Sunday 19th October. If you or anyone you know may be interested in booking a stall space or making a donation please contact any of our committee members.

Don't forget to check out our travel section - parents, please encourage your children to send in a paragraph or two; I am sure they would love to see their story in the next release!

Read on and scan through photos from Paryushan, Welfare Daal Rotli and the Woburn Safari Trip. Do look out for our forthcoming events. We also have delicious Diwali recipes for children; do not hesitate to invite me as taster!

Finally, HAPPY DIWALI from us all and we hope to see you at the Diwali Bazaar and the Diwali celebrations at Oshwal Centre.

Michhammi Dukkadam

Nishma (Nish)

*North East Area Chair*



## Yoga Classes

At Southgate School

Monday and Tuesday 7.00pm - 8.30pm

dilipshah0011@googlemail.com

maysuri@yahoo.co.uk

Saturday 10.00am - 11.30am

thepillbox@gmail.com



## FRUITY CRUNCHIES for Diwali

Children enjoy making these. (Please make this under the supervision of an adult as melted chocolate is hot)

### Ingredients

Equal quantities of: Chopped walnuts, Glace cherries, Chopped hazelnuts, Cornflakes, Flaked almonds, Sultanas, Melted white chocolate, Melted plain chocolate

### Method

- Set out some small paper cases ready for the mixture.
- Place all the nuts and fruits in a large bowl and stand it over a pan of hot water. Add the cornflakes and sufficient white chocolate to bind all the ingredients to a dropping consistency.
- Using a teaspoon, pile small amounts of the mixture high in the paper cases, keeping the texture rough. Leave to set.
- Fill up a paper piping bag with melted plain chocolate and with short side to side movement, spin some fine lines of chocolate over the crunchies. Leave to set. Store in an airtight container.



## No Bake Chocolate Squares

These are handy little squares to keep in the refrigerator for when unexpected guests arrive.

### Ingredients

- 275g/9½ oz dark chocolate (can use milk chocolate instead, if preferred)
- 175g/6 oz butter
- 4 tblsp golden syrup
- 175g/6 oz plain biscuits, such as Rich Tea
- 25g/1 oz toasted rice cereal
- 50g/2 oz chopped walnuts or pecan nuts
- 100g/3 ½ oz glace cherries, chopped roughly
- 25g/1 oz white chocolate, to decorate

### Method

- Place the chocolate in a large mixing bowl with the butter and syrup and set over a saucepan of gently simmering water until melted.
- Break the biscuits into small pieces and stir into the chocolate mixture along with the rice cereals, nuts and cherries.
- Line a 7 inch square tin with baking paper. Pour the mixture into the tin and level the top, pressing down well with the back of a spoon.
- To decorate, melt the white chocolate and drizzle it over the top of the cake in a random pattern. Leave to set.
- To serve, carefully turn out of the tin and remove the baking paper. Cut into 16 squares and store in an airtight container.



## Youth Club

### Sunday

Alexandra Park School, Muswell Hill

Contact: [dipak.shah@rentokill.com](mailto:dipak.shah@rentokill.com)

### Yoga Classes

Manishbhai - 8:45am - 10:00am

Reteshbhai - 9:00am - 10:30am  
(Pranayam)



## Keep Fit

Tuesday 8.00pm - 9.15pm

Trinity at Bowes Methodist Church

Contact:

[madula.savla@btinternet.com](mailto:madula.savla@btinternet.com)



## Zumba Classes

Wednesday 7.00pm - 8.00pm

Ruth Winston Centre

Contact:

[p4shi@hotmail.co.uk](mailto:p4shi@hotmail.co.uk)

**OSHWAL**  
ASSOCIATION OF THE U.K.  
Registered Charity No. 267037

Management reserves the right to make any amendments due to unforeseen circumstances

## NORTH EAST AREA DIWALI BAZAAR

*Sunday 19th October 2014*

**Alexandra Park School,  
Rhodes Avenue, London  
N22 7UR**

**2pm – 6pm**

**What to expect:**

- Games & Entertainment
- Diwali Activities,
- Magician/Clown,
- Many stalls offering products/services,
- Lots of delicious food stalls

**What we need:**

- Volunteers
- Raffle Prizes
- Sponsors for crucial elements

Please come forward with any ideas you have by emailing us:  
[diwalibazaar@hotmail.com](mailto:diwalibazaar@hotmail.com)

If you are a business/service and would like to enquire about having a stall on the day, please contact:  
[sripa.shah@gmail.com](mailto:sripa.shah@gmail.com)

**Oshwal Association of the UK**  
Registered Charity No. 267037

North East Area Sakhi Mandal  
is having a Diwali get together  
**Bring a Dish**



**30th October 2014**

**VENUE:** Upstairs Hall - Trinity at Bowes Methodist Church,  
Palmerston Road, N22 8RA  
**TIMES:** 8:00pm TO 10:00pm

Entrance: Free

For further details contact:

Binduben 020 8367 0392      Madulaben 020 8368 3063

Sushiben Anil 020 8886 0482      Shilaben 020 8807 0606

Management reserves the right to make changes to programmes due to unforeseen circumstances.

**OSHWAL**  
ASSOCIATION OF THE U.K.  
Registered Charity No. 267037

NORTH EAST AREA SAKHI MANDAL

ENTERTAINMENT ON THE EVENING FROM ALI (KISMAT BEATS LTD)

Mehefil

with  
Punjabi  
food

**29th November 2014**

**VENUE:** Elm Court Community Centre, 363 Mutton Lane, Potters Bar, EN6 3BP

**TIMES:** Dinner - 6 – 7.15pm Music- 7.30 – 10.30pm

**TICKET PRICES:** £10 Oshwal Members, £12.50 Non-Oshwal, £5 Children Aged 5 – 12, Under 5's Free

**CONTACT FOR TICKETS:**

Binduben 020 8367 0392	Madulaben 020 8368 3063
Sushiben Anil 020 8886 0482	Hansaben 020 8368 7527
Milaben 020 8886 0499	Shilaben 020 8807 0606
Dipliben 020 8368 7222	Kanchanben 020 8368 7683
Smlaben 020 8889 9630	Minaben 07986592529



O.A.U.K.  
Charity No 267037  
N E Area Cultural and Heritage Committee



# Day Of Remembrance

On  
18th January 2015

*The Cultural and Heritage Committee would like to invite you to celebrate the life and legacy of your loved one*

*If there has been a bereavement in your family we would like you to contact us*

Pushpa Shah on 02088869812 or  
email [p4shi@hotmail.co.uk](mailto:p4shi@hotmail.co.uk)



## Coming soon...

Sakhi Mandal present: Mother's Day 2015 - full lunch and music at Oshwal Centre!

We want to hear YOUR stories, YOUR successes and YOUR news!

To submit any articles for the Oshwal magazine or website (North East section) please contact [tanvine@hotmail.co.uk](mailto:tanvine@hotmail.co.uk)

# Travel Section



## LAS VEGAS

*Written by Nishma Shah*

"Welcome to Las Vegas," the city that never sleeps. A gruelling eight hour flight and a two hour customs wait and we were finally ready to embark on our cab journey to the Bellagio Hotel, yes, that's right, the one that was in the 'Oceans 11' movie.

A fun fuelled strip with an endless line of hotels, no two hotels are the same. Each one is its own resort filled with shopping centres, theme parks, restaurants and casinos.

### *Food!*

The best place for food and desserts - the Cheesecake Factory at the Caesars Palace Hotel has an infinite menu for both savoury and sweet taste buds. The wait for table is definitely worth it; just remember not to eat anything beforehand as this Factory will be sure to fill your stomach.

Check out the scrumptious buffet at either the Wynn or the Bellagio. The buffet is catered for all. For a small entrance fee, food from all around the world will make your mouth water and leave you wanting more.

The big tipping culture in Las Vegas means you should carry lots of dollar bills. People do get annoyed if you don't tip so it's always better to!

### *Activities!*

Book the Helicopter ride to Grand Canyon and have a small picnic in the heart of the Canyon. One tip though, there are no bathroom facilities, so be sure to love thy nature if you drink a bit too much! The Sun Set tour ensures you will see the sun go down on Vegas on your return flight. Vegas by night is very pretty with twinkling lights in the blackness of the desert.

Walk around, have fun. Las Vegas is a massive outdoor resort. A bubble of fun, everyone is friendly and great to talk to.

### *Shows!*

Dancing fountains at the Bellagio are sure to entertain you day and night. They "dance" every half hour until 11pm and they look great from the top of the Paris Eiffel Tower Hotel located directly opposite the Bellagio.

There are some great shows in every hotel, including family friendly shows like the "O" at the Bellagio.

Leaving Las Vegas was something I did not want to do. As we approached our final hours before boarding the plane, I reminisced about my trip and thought of all the things I will do when I return - ride in a limo, embark on a four hour drive to nearby LA, and experience the rides in the New York New York hotel, bungee jump of the Stratosphere hotel and go to a pool party. 'OHH, WHAT A DREAM.'

## ઓશવાળ અસોશીએશન ઓફ ધ યુ.કે નોર્થ ઈસ્ટ એરીયા

પરમ કૃપાળુ પરમાત્મા ની અસીમ કૃપાથી અને ગુરૂ ભગવંત ની પ્રેરણાથી પર્યુષણ પર્વ ભવ્ય રીતે ઉજવ્યા. આપણા આમંત્રણ ને માન આપી તપોવનથી પ્રતિભાશાળી વક્તા વિધવાન શ્રી કલ્પેશભાઈ એ સરળ મૃદ મીત ભાષામાં વ્યાખ્યાન તથા કલ્પસૂત્રનું સુંદર રીતે નિરૂપણ કરી, અનેક ધાર્મિક ઉદાહરણો વાર્તાઓથી. કલ્પસૂત્રના પ્રવચનો સમજાવ્યા બારસા સૂત્ર ની સ્લાઇડ શો વખતે ઢાળિયા બધાને ઘણું સમજાવી ગઈ. વીર પ્રભુનું જીવન ચરિત્ર, પારસનાથ પ્રભુ, નેમિનાથ પ્રભુ, દાદા આદીનાથ, વગેરેનું વર્ણન ઢાળિયામાં સુંદર રીતે વણી લેધેલ. સૌ ને ઘણું જાણવા નું મળ્યું.

શ્રી સોમિલભાઈ એ મધુર સૂરમાં ભાવ ગર્ભિત સ્તવનોની સરગમમાં સંઘના સર્વે શ્રાવક શ્રાવિકાઓના મન હરી લીધા. મહાવીર જન્મ વાંચન તેમજ ભાવ યાત્રા અને કુમારપાળ મહારાજની આરતી વખતે તેમના દિલના ઉમળકાથી ગાયેલા સ્તવનો જે સંગીત પ્રેમની વિશિષ્ટ દર્શાવે છે. આ બેય મહા અનુભવો બે દીવસ મોડા આવ્યા તે હજી અફસોસ થાય છે. ધન્ય છે આવા કલાકારોને અને તપોવન સંસ્થા ને કે જેઓ દર વર્ષે અનેક જગ્યાએ આરાધના કરાવવા મોકલાવે.

શનિવારે પહેલી વખત નવા હોલ ની શુભેરછા નિમિત્તે કલ્પસૂત્ર પુજા રાખેલ. વડીલ શ્રીમતી દેવકુરબેન વેલજીભાઈ ની આગેવાની નીચે મંડળ ના સભ્યોને સુંદર ઢાળો ને સ્તવનો તૈયાર કરી બહુજ સરસ શાંતિમય પૂજા ભણાવેલ. ઈલેષભાઈ તેમજ સત્સંગ મંડળના સર્વે સભ્યો નો આ કાર્યમાં બહુજ સાથ અને ઉમંગ હતો. સંઘ વતી સર્વે કાર્યકરો ની અનુમોદના કરીએ.

દેરાસર માટે નોર્થ ઈસ્ટ એરીયાએ જીર્ણોદ્ધારની શુભ શરૂઆત આ પૂજામાં આવેલ રકમ થી કરી. ઘણા દાતાઓ તેનું મૂલ્ય જાણી ઉદાર હાથે દાન દીધેલ છે. સૌની અનુમોદના કરીએ.

શનિવારે રાત્રે વિદ્વાન મેહુલભાઈ સંઘરાજકા પધારેલ. જૈન ધર્મની ભીતર નો ઊંડા અભ્યાસી. આગામોની જાણકારી નવી પ્રજાને મળે તેમાટે અમુક આગમો ને ઇંગલીશમાં ભાષાંતર ચાલુ કરેલ છે. તેમણે ઇંગલીશમાં પ્રવચન આપેલ. ચાલુ જીવનમાં જૈન ધર્મ ને કેવી રીતે અપનાવવો. નાની પ્રજાને વધારે જૈન ધર્મની જાણકારી માટે તેમણે માર્ગદર્શન બતાવેલ છે. સંઘ વતી તેમનો આભાર માનીએ,

જૈન ધર્મ ના મહાન પર્વ માં મહાવીર જન્મ વાંચન નો મહિમા અપાર છે. આ કાર્યક્રમ અતિ ઉલ્લાસથી ઉજવાયો. ઉદાર દીલે ભાવિકોએ સ્વપના તેમજ પારણાની બોલી નો ઉદાર દીલે લાભ લીધો. આ મહોત્સવમાં આખો સંઘ આનંદ ના હિલોળે ચડ્યો હતો. આ દિવસે સધાર્મિક ભક્તિ નો લાભ ૪૩ વ્યક્તિઓ એ લિધેલ. સમય સૂચકતા વાપરી તેઓએ પુણ્યનું ભાતું બાંધ્યું. ધન્યવાદ સૌને.

શત્રુંજયની ભાવયાત્રા માં આખો સંઘ જાણે પાલિતાણા દાદાને ભેટવા પહોચી ગયો છે તેવો મહેલ હતો. શેત્રુજા ગિરિ નમો નમો ના સૂર હજી કાનમાં ગુંજે છે.

કુમારપાળ મહારાજા બનવાનું ભાગ્ય અમર રમણીકલાલ તેજપાળને મળેલ. આવેલ નવા વસ્ત્ર માં સાથે પ્રધાનમંત્રી, ખજાનચી બે સૈનિકો અને આખા પરિવાર ની સોભા વરઘોડામાં અતિ સુંદર હતી. ધન્યવાદ આ પરિવારને.



# North West Area

## Chairperson's Message



It is together that we are building our community. It is together that we have shared and rejoiced our achievements so far. The road ahead is tough and challenging, but our history has taught us that when the community calls for help, our members step up to that calling.

We have strengthened our foundation, we have started the building blocks for a caring and supporting community. Now it is time we focus on ensuring that the platform to deliver the next phase of our community service is ready.

Life is a series of baby steps along the way, and when you add up these tiny little steps, the goal you set out seems very achievable. But to take these first steps you will need support. Hence our goals are achieved, not just by our will and effort, but also with the hand of support from all who have carried us along the way.

This Diwali, while we rejoice in the festival of light, let us remember all who have helped us along our journey and to reach out to them and express our gratitude for achieving what we have today.

Wishing all of you a very Happy Diwali and a Happy New Year – NW Area Committee.

**Nirmal Chandrakant Shah**  
*Chairperson*  
**OAUk – North West Area**



### OAUk NORTH WEST PRESENTS

## **Bhakti Sandhya**

@ Oshwal EKTA Centre, 366A Stag Lane, Kingsbury, NW9 9AA

**Dates: Wed 24<sup>th</sup> September, Wed 29<sup>th</sup> October, Wed 26<sup>th</sup> November**

**Time: 8:15 PM to 9.45 PM** (doors open : 8:00 PM)

**(Open to all)**

**Aimed at people of all ages.**

**Come and immerse yourself in Bhakti through devotional songs (stavans) performed by talented young singers and musicians**

**FOR FURTHER DETAILS CONTACT : MAHESH LILADHAR SHAH 07711 439543**

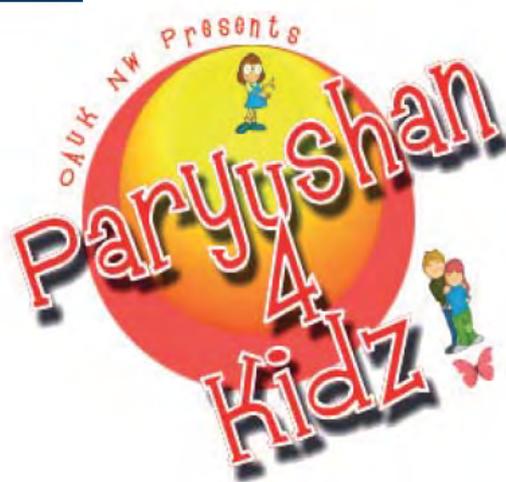
The first Bhakti evening held at EKTA on 25th June 14 was a great success with a great turnout on the evening. The devotional bhakti songs with music was enjoyed by all and excellent feedback have been received from a lot of people.

**Regular Bhakti sessions will be held at Oshwal EKTA Centre one Wednesday a month.**

**Paryushan 4 Kids 2014**



**Pictures  
speak a  
1000  
words!!**



**Paryushan 2014 – 22<sup>nd</sup> August – 29<sup>th</sup> August**



Paryushan is the most important festival in the Jain Religion and the spirit of the religious celebrations was evident with volunteers wholeheartedly setting up the hall and decorating the Derasar on the festival's eve on Thursday 21st Aug. This year's Paryushan were celebrated by the North West Area Oswal community with great pomp and splendour at Harrow Leisure Centre. The celebrations went extremely well with lots of positive feedback from the members.

We were privileged to once again have two learned scholars from Tapovan i.e Vipulbhai from Mumbai (Stock broker), Niharbhai (Chartered Accountant) to share their wisdom and knowledge enabling us to move closer towards the righteous path . The discourses were delivered by Vipulbhai & Niharbhai with over 250+ people attending in morning and 500+ evening attending pratikaman. Vipulbhai who explained Kalpa Sutra Pravachan in a very easy and simple language while Nihar enlightened us with simple ways to grasp the fundamentals and also conducted Pratikaman very smoothly and fluently throughout the 8 days.

Religious team managed successfully t.e morning



Pakshal/Pooj~'Arti/Di'oo with 150+ people doing the pooja over the 8 days .

This year the emphasis was on the younger members of the community. Children were engcouraged to take part in Snatra Mahostav including the depiction of the 14 auspicious dreams, On Tuesday 26<sup>th</sup> Aug and Friday 29<sup>th</sup> Aug 14 children also took active part in Aarti and Mangal Divo using LED lights .



The atmosphere was full of the melodies with everyone being entertained in the evenings with Bhakti and raas garba by Amit Kansara and his group.

Snatra Mahotsav was also celebrated on sun **24th Aug 14** with great pomp and we ensured that the children were part of the the celebrations.

On **Tuesday 26th Aug 14**the procession for 14 Swapnas took place with a both young and old partaking in the celebration.





This included Dai baa who just celebrated her 99<sup>th</sup> birthday earlier this year in February.

This was followed by "Shrifal Padhravanu" & "Parna Julavano" laabh was taken by Jethiben Vrajpal Parivar - haste Anilaben.

**On Thursday 28<sup>th</sup> Aug** Tapasiya Bahuman was done and it was great to see a lot of younger people carrying out the fast. Fasting of any sort for these 8 days can be very challenging and it has been an honour for us to have tapasvis who have done 'Athai'. Our thoughts are with all our 33 tapasvis and all other tapasvis in our Association and worldwide and hope they are all in good "SATA".

Our special congratulations as well to all the children who did Ekasnas, Biasnas and also fasted. We should all

feel proud of the determination and the self – control that was exercised by all these children.

### Tapasvi Shravak & Shravika

Name	No. of Upvas	Name	No. of Upvas
Ratilal Narshi Shah	9	Bindu Sundip Shah	8
Niren Ratilal Shah	8	Ramilaben Ratilal Shah	8
Hinal Nitish Shah	8	Dipika Niren Shah	8
Rusabh Nitish shah	8	Pritiben Paresh Shah	8
Hitesh Kapurchand Shah	8	Manjulaben Panachand Shah	8
Sandeep Anratlal Shah	8	Suryaben Jayantilal Shah	8
Rajesh Anratlal Shah	10	Nishita Dipen Shah	8
Bipin Juthalal Virpar Shah	8	Sweta Sayam Shah	8
Rameshchand Nathoo Shah	8	Mayuri Harish Shah	8
Srujan Laxmichand Shah	8	Purnaben Dhanji Shah	8
Rajan Chandulal Shah	8	Bhanuben Ramesh Shah	8
Bhavin Shantilal Shah	8	Jayaben Virchand Haria	8
Sameer Jethalal Shah	8	Savitaben Jayantilal Shah	8
Meenal Kantilal Shah	7	Dimple Priyesh Shah	8
Deyang Yogesh Shah	7	Madhu Nemchand Gudka	7
		Jigna Dipesh Shah	8
		Pallvi Neil Shah	8
		Manjulaben Meghji Shah	8
		Nirali Shah	2 & 3



**On Friday 29<sup>th</sup> Aug** Kumarpal Maharaj Vargodo with the 108 Diva Aarti was on the final evening of paryusan and the great turnout made the atmosphere a great finale. The procession was led by full garba and dandia to the derasar.

All our members enjoyed the celebrations for the eight auspicious days with very positive support from our members in bidding for Aarti, Mangal Devo and Swapnas and for the generous donations for the Swamivatsalya Bhojan, Hall Rental and General Donations.

As always Pratikraman Sutras for the last days were sponsored by the members with bidding completed

very promptly with great support from the members and this is very much appreciated. Our talented musicians and singers entertained the members after Pratikraman, Aarti and Mangal Devo. It was a great pleasure to see members' participation and enjoying themselves. We would like to take this opportunity of thanking all our fantastic volunteers and all members for their tremendous participation in making Paryushan Mahaparva a very successful event. Our special thanks to all the volunteers for their continued assistance throughout the entire period. We hope everyone enjoyed celebrating the Parva Paryushana by fasting and feasting on the pravachans, readings, bhakti, pratrikramana.

**Daily Pakshal & 1st PoojaAarti-Divo (Morning)**

Date	UCHHVANI	Name
22-Aug-14	Prabhu Padravanu, Pakshal & 1st Pooja	Navinbhai Kamani
23-Aug-14	Pakshal & 1st Pooja	Sushilaben Laxman Shah
24-Aug-14	Pakshal & 1st Pooja	Amratben Meghji Shah / Gangaben Hirji Shah
25-Aug-14	Pakshal & 1st Pooja	Sushilaben Chandrakant Shah
26-Aug-14	Pakshal & 1st Pooja	Sushilaben Laxman
27-Aug-14	Pakshal & 1st Pooja	Rameshbhai Nathoo Shah
28-Aug-14	Pakshal & 1st Pooja	Vilasben Ashwin Shah
29-Aug-14	Pakshal & 1st Pooja	Anjanaben & Satish Mulji Shah

**Daily Aarti-Divo  
(Morning's and Evenings)**

Date	UCHHVANI	Mornings - Name	Evenings - Name
22-Aug-14	Aarti	Navinbhai Kamani	Pravin & Suresh Hirji Nathoo
	Mangal Divo	Meenaben Narendra Shah	Chandanben Ishwarbhai
23-Aug-14	Aarti	Minesh Venichand Shah & family	NW Area Committee
	Mangal Divo	Navinbhai Kamani	Gosar Hirji Parivar
24-Aug-14	Aarti	Viyan Mital Shah	Jayaben Meghji, Bharat Meghji & Sanjay Meghji Shah
	Mangal Divo	Viyan Mital Shah	Jayaben Meghji, Bharat Meghji & Sanjay Meghji Shah
25-Aug-14	Aarti	Nirmal Chandrakant Shah & family	Nathalal Mulchand Ranmal Parivar
	Mangal Divo	Nirmal Chandrakant Shah & family	Harshida Vinod Shah/ Motiben Lakhmshi Shah
26-Aug-14	Aarti	Amratben Meghji & Gangaben Hirji Shah	Mahendra Hemraj Kachra Shah
	Mangal Divo	Devkurben Premchand Shah & Pushpaben Panachand Shah	Navin Ranmal Devraj Harania
27-Aug-14	Aarti	Dakshaben Bharat Shah	Muktaben Nemchand Parivar
	Mangal Divo	Rameshbhai Nathoo Shah	Muktaben Nemchand Parivar
28-Aug-14	Aarti	Vilasben Ashwin Shah	Pushpaben Jayantilal Galaiya Parivar
	Mangal Divo	Vilasben Ashwin Shah	Hitesh Kapurchand Hirji Lalji Gudka Parivar
29-Aug-14	Aarti	Jyotikaben Vipul Shah - Haste Shantaben Keshavlal Shah & Family	Premchand Rupshi Shah Parivar & Keshavji Rupshi Shah Parivar (Nitin)
	Mangal Divo	Jyotikaben Vipul Shah - Haste Shantaben Keshavlal Shah & Family	Zaverben Raichand Pethraj Parivar

**14 Swapna Poojan - Tue 26th Aug 14**

Swapna	Name
Gajvar (Elephant)	Dhyaana & Punit Jayendra Haria
Rushabh (Bull)	Maniben Govindji Mepa
Keshri Sinh (Lion)	Viyan Mital Shah
Laxmi (Wealth)	Manoramaben Anilbhai Shah
Pushp ni Mala (Garland)	Savitaben Keshavji Shah
Chandra (Moon)	Anjani Nirmal Shah & Rajvi Milan Shah
Surya (Sun)	Anju Kaushik & Harshida Vinod & Lina Bakul & Champu Pravin & Kailash Mukesh
Dhaja (Flag)	Indiraben Ramesh Shah, Payal & Prinka
Kumbh (A Jar)	Jayantilal Jivraj Shah
Padma sarovar (Serene lake)	Ratanben Maganlal Shah
Shir sagar (Sea of milk)	Lalitaben Harakchand Shah
Dev Viman (Aeroplane)	Srujan Laxmichand Shah

Ratna no dhaglo (Jewels)	Jayaben Meghji Shah
Agnisikha (Flames without smoke)	Maniben Premchand Shah ,Nirmalaben Harakchand Haria & Nilam Mahesh Shah

Boli	Name
Prabhu Padhravanu & Zulavanu - 26th Aug 14	Jethiben Vrajpal Shah - Haste Anilaben Keshavlal Shah
Ghare lai javanu - 26th Aug 14	NW Committee - EKTA
Ponkhvanu - 27th Aug 14	Hemuben Venibhai Ranmal Harania
Kalpa Sutra Voravanu - 25th Aug 14	Jayantibhai Meghji Tejshi Shah
Barsa Sutra Darsan - 29th Aug 14	

Sutra	Name
PRATIKRAMAN BHANAWANU	Meenaben Naren Shah
SAMAYIK LEVAANU SUTRA	Binduben Sundip Shah
CHAITYAVANDAN SUTRA	Shantilalbai Ranmal Shah
THOI	Surbhiben Ashok Gudka
SAAT LAKH SUTRA	Sarojben Dipendra Shah
VANDITU PHELU SUTRA	Mukulbhai Ajit Shah
ATICHAAR SUTRA	Champaben Mansukhlal Shah
VANDITU BIJU SUTRA	Manjuben Amritlal Shah
VANDITU TRIJU SUTRA	Vijyaben Ratilal
AJIT SHANTI STAVAN SUTRA	Hansaben Himatlal Mulchand (Late Chetan)
SAZAAI SANSAR DAVANI SUTRA	Maniben Govindji Shah
MOTI SHANTI SUTRA	Shantaben Punja Shah
SHANTIKARAM SUTRA	Ranjanben Rajnikant Shah
SAMAYIK PARVANU SUTRA	Kasturben Virchand Vrajpal - Haste Sushilaben Jayantilal Shah

Prabhavna	Name
22-Aug-14	Jethiben Vrajpalbhai Shah haste Anilaben Keshubhai Shah
23-Aug-14	Hemlataben Venibhai Ranmalbhai Shah & family
24th Aug 14 - Morning	OAUK NW Area
24-Aug-14	Amratben Meghji Karman Shah
25-Aug-14	Pankajbhai c/o LubbockFine
25-Aug-14	Vijyaben Nathalal Mulchand Ranmal of Kisumu- Haste Pankajbhai & Bipinbhai Parivar
26-Aug-14	Sarlaben Ajitbhai Hirji Murag Parivar / Minaben Manubhai Jivraj Mepa Parivar
27-Aug-14	Muktaben Nemchand Manek Parivar
27-Aug-14	Dhirajlalbhai Mulchand Shah Parivar
28th Aug 14 - Morning	Sushilaben Shantialal Gudka
28-Aug-14	In Memory of Daiben Somchand Kachra Shah - Haste Bhanuben Ramesh Somchand Shah
29-Aug-14	OAUK NW Area

## Savantsari Bhojan 7<sup>th</sup> September 2014

So with Paryushan over we had a week to rest and recover, yeah right, chance will be a fine thing.

Ingredients ordered – Check; Plates Ordered – Check; Vegetables ordered – Check; Sunny weather ordered – check (I can say that only with hindsight!)

Catering for a family dinner for the immediate family is fine. Catering for a family function is stressful. Catering for the Community..... is just something out of this world.



Preparations started on Friday with ghee for the laddoos being made at EKTA center. Saturday preparation started as early as 7:00 am, off-loading groceries and vegetables, washing and cleaning all the utensils and all the huge quantities of lentils, pulses and rice. Volunteers ranged from 5 years to 86 years and numbered almost 200.



Mixing in the laddoo dry mix of the gram flour and Semolina was great fun ask my 6 year old daughter Kria. Once mixed we had an army to kneed the dough, make small pieces (pindias) and a second army of volunteers started frying. Once fried the Pindias were sent to our battalion of pounders, armed with big mallets they pounded the pindias into a course flour. We had a group of people making the rest of the ingredients to make the final mix. The fun is getting stuck in when mixing the laddoo with the ghee and the sugar syrup, it is a lot of hard work but again we have years of expertise which just make it look so easy.

While the kitchen team was preparing for Ladoos there was a separate team preparing the lunch for all the volunteers. This year we decided to change the menu NO Kitchdi.. I know I know disaster, but they say change is a good thing. There was a team setting up the chairs in the

marquee and the barriers in the ramp area.

If Saturday sounds mad, than Sunday is worse. If it weren't for a dedicated team of volunteers to pull off Sunday would not have been possible



between 15 Committee members. As we started with food prep our first hurdle came galloping at us, the lights went off, Yes folks we had a power cut. Thankfully it only lasted about 20 minutes but I could feel the panic setting in. As soon as the power was back on everyone simply got on with their jobs. Volunteers kept coming in and they all got jobs to perform. Slowly everything came into place, and it was time to serve food.

Outside we formed a queue which went half way up the road that you would drive i...rom the g.... The weather

was just perfect a bright sunny day what a turnaround to the last two years when it had just poured. We expected a good turn out this year but never did we expect 4000+ people to come to the North West Area Savantsari. Everyone was fed they got a chance to meet many friends and relatives whom they probably had not seen in a while. All the hard work that the entire team had put in was worth every effort.



It is never easy to organize an event of such a scale if we did not have an army of volunteers. Without these volunteers almost nothing would function as well as it did on Sunday. All the volunteers take time away from their families and spend the two days working their socks off to ensure we have a successful event. We would like to thank all those who attended for their patience, support and kind words of encouragement.

Unfortunately, we had one incident where car park volunteers were verbally abused when they were simply doing an admirable job in dealing with the 4000+ people that attended. I am sure that our members will agree that this type of behavior is not acceptable under any circumstances.



None the less the volunteers still got on with their jobs and managed to close the day with a big smile on their face simply because they came to help for no other reason other than to give something back to their community.

**The NW Area committee would like to thank all our volunteers who helped over the Paryushan and Savantsari period**

If we have over the course said anything caused you any upset or hurt, we would like to say Michami Dukhdam,

Savantsari Bhojan Sponsors		
MAIN SPONSOR		
JASODABEN RAICHAND HANSRAJ		
Sponsors £101 +		
Amratben Meghji Karman	Gangaben Hirji Chedda	Jayantilal R Patani
Amrital Premchand	Gunvantiben Chhaganlal	Jayantilal Somchand Shah
Amritlal Goshar Shah	Hansaben Khetshi Gosrani	Jitesh Navin Meghji Pacha Parivar
Anila Kantilal Shah	Hansaben Laxmichand Shah	Kailash Shah
Anilkumar Premchand Malde	Hasmita Pravin Malde	Kanchanben Amritlal Shah
Anjana Satish Shah	Depar Devshi Shah Parivar	Kanchanben Chimanlal Parivar
Ashwin Lakhmshi Malde	Hemkurben Nemchand Devshi Gudka	Kankuben Hemraj Jeshang Parivar
Ashwin Vrajpal Shah	Jasmin Shah Haste Kantaben Panachand	Kantaben Vinu Shah
Bhanu Bharat L Shah	Jasodaben Nathalal Parivar	Devshi Harania Parivar
Bhanuben Lakhmshi Kumbha Parivar	Jasuben Chandrakant Hansraj Shah	Kantilal Kalidas Parivar
Bipin Juthalal Shah parivar	Javerben Raichand Pethraj Galaiya parivar	Karuna Mukesh & Parivar
Chetan Magan Shah	Jayaben Chandu Shah	Kasturben Ramniklal & Family
Dahiben Jivraj Shah	Jayaben Manilal Devraj	Kasturben Ratilla Nagaria
Deepakkumar Velji Haria	Jayaben Meghji Nathoo	Kaushik K Shah
Devkurben Hirji Murag	Jayaben Ramniklal Shah	Keshavlal Vrajpar Shah
Devkurben Panachand Lakhman & Family	Jayaben Ratilal Malde - Hasta Milan Malde	Kishor Nathoo Govindji Shah
Dilhar Devraj Shah	Jayantilal Lakhmshi Shah	Kusum Mohanalal Shah
Dilip Shah	Jayantilal Nathalal Kachra	Lalitaben Mansukhlal Dhanji Gudka
Dixit Dhirajlal Shah	Jayantilal Pethraj Parivar	Late Dayalal Meghji Malde

Savantsari Bhojan Sponsors		
Late Jayantilal Jivraj Shah & Family	Nilam Suresh Mepa Shah & Family	Sarla Chandrakant Raishi Shah
Late Kasturben Mulchand Lakha & Family Haste Himatbhai	Padamshi Bharmal Haste Mohanbhai	Saroj Rajni Bharmal Shah
Late Shantaben Mohamlal Potalal Haste Sailesh Mohanlal Parivar	Pannaben Suresh Shah	Saroj Suresh Shah
Late Sojpar Hemraj & Late Monghiben Sojpar	Piyush Raish Sojpar	Sarojibala Vipin Shah
Laxmiben Kachra Sura	Poornaben Dhanjibhai Shah & Family	Satish Devraj Shah & Family
Laxmiben Keshavlal Parivar	Prabhulal Ranmal Shah	Savitaben Pravinchand Gosrani
Madhuri Jitendra Shah	Pravin M Shah (Bhikhubhai)	Savitaben Somchand Shah
Mahesh & Nila Gosrani	Pravina Dhirajlal Shah	Shakuntal Chandrakant Shah
Manchaben Sobhagchand Shah	Premchand Velji Gugka Parivar	Shantaben Bharmal Harania
Maniben Govindji Mepa	Pushpaben Jayantilal Galaiya Parivar	Shantaben Bharmal Harania
Maniben Hemraj Harania Parivar	Radiatben Khimji Raishi Shah	Shantaben Hirji Jivraj Shah & Family
Maniben Hirji Nathoo Parivar	Raichand Punja Shah	Shantaben Keshavlal Depar Parivar
Maniben Keshavji Parivar	Rajesh Mulji Shah	Shantaben Liladhar Lalji Shah
Maniben Keshavlal Gada parivar	Raksha Dilip Gudka	Shantilal N Gudka
Manjuben Mahendra Malde	Ramaben Shantilal & Family	Shashikant Tejshi Dharamshi Shah
Manjuben Premchand	Ramesh Nathoo Shah	Sheela Shainu Shah
Meena Narendra Shah	Ramnklal Kalidas Shah Family Eldoret	Shubhadra K Shah
Mehul & Kashma Ajit Shah	Ramnklal P Dhanani	Smitaben Dilip Shah
Motiben Panachand Chandaria	Ranjan Mahendra Lalji Chandaria	Sudha Maroo
Mrs Induben Amritlal Shah	Ranjanben Rajnikant Shah	Sudhir R Shah
Mrs Lina Bakul Shah	Rashila Chandrakant & Sarla Bhagwanji	Sunitaben Mahesh Shah
Mrs Nirmala Harakchand Haria	Rasiklal & Family	Sushilaben Laxman Parivar
Mukesh Shah	Ratanben Mepa Sura Parivar	Sveta Sayam Shah
Muktaben Nemchand Manek Parivar	Ratilal Gosar Dodhia	Taraben Hirji & Kantaben Kapur
Mulchand Vaghji Parivar	Ratilal Hirji Parivar	Arun Harakhchand D Shah Parivar
Mulji Meghji Gudka Privar haste Prabhulal	Rumit Dayalji Shah	Veera Mitesh Shah
Nalini Jenu Dodhia	Rumit Devchand Shah	Vijyaben Gudka Parivar
Nanji Govindji Shah	S Malde	Vijyaben Meghji Kachra Parivar
Narshi Punja Malde Parivar	Saanya Nirmal Shah	Vijyaben Zaverchand Gudka
Nilam Mahesh Liladhar Shah	Santokben Lakhamshi Family (Jatin)	Zaverchand Malde Parivar

## ***EKTA Centre Celebrates 2nd Birthday – 31st August 2014***

The 2<sup>nd</sup> anniversary of the acquisition of Oshwal EKTA Centre co-incided with the annual post paryushan Bhakti held at Oshwal EKTA Centre. With music by Amit Kansara and band accompanied by our guests from Tapovan, the atmosphere was serene, peaceful and yet electric as the audience in the packed hall were kept entertained until 11.00 pm. The true test was that not a single member of audience felt like leaving until the function ended despite the fact that the following day was a working day!

**“JINA WORSHIP” DVD’s**  
**If you have still not collected this? Please bring your voucher**  
**to the EKTA Centre or contact your local committee.**



# 31st Oshwal Sports Day 2014

BASKETBALL – BENCHBALL – CHOKRI – CIRCUIT TRAINING – DARTS  
DODGEBALL – FOOTBALL – KHO - NETBALL – SWIMMING –VOLLEYBALL

DATES	TIME	VENUE
Saturday 6th Dec 2014	All Day	Harrow Leisure Centre, Christchurch Ave, Harrow, Middlesex, HA3 5BD
Sunday 7th Dec 2014	All Day	
Sunday 14th Dec 2014	All Day	

Dinner & Presentation will take place at Oshwal Centre  
Coopers Lane Road, Northaw, Hertfordshire, EN6 4DG on  
Sunday 14th December 2014 7pm onwards

To sponsor any trophies please contact Kunjal Haria at  
[kunjalharia@hotmail.com](mailto:kunjalharia@hotmail.com)

For further information on how to enter please contact your local area youth club  
or youth representative:

Area	Name	Mobile	Area	Name	Mobile
East	Contact any committee member		South	Kelly Chandaria	07545 584 446
North	Khilna Shah Vinit Shah	07989 971 712 07713 577 403	West	Sarith Gada	07787 563 396
Northampton	Contact any committee member		Luton	Keval Shah	07837 181 332
North East	Darshan Nagaria	07772 660 035	Leicester	Neeta Shah	07876 267 253
North West	Prabhulal Shah	07588 685 329	General Queries	Anjali Gudhka	07944 622 638 (Evenings)

[www.oshwal.co.uk/sports](http://www.oshwal.co.uk/sports)

REACTIVE8 PRESENTATION

2013/14



**Best Boy 4 - 5 years old - Artyan Sanjeev shah**  
He is truly an all-rounder who participates with enthusiasm every session. He is willing to listen and focus on bettering himself and he lets his thoughtful personality shine, a true team player.



**Best Boy 6 - 7 years old - Prahlal Rupesh Shah**  
Prahlal has displayed great enthusiasm and passion for sport, he is an all-rounder who is willing to participate in all the activities and most important of all is he is a very good listener. He constantly strives to improve his game.



**Best Girl 6 - 7 years old - Prisha Milhan Shah**  
Prisha has always been a good listener who puts her best effort in all activities. She has displayed very good behaviour, always smiling, with an eagerness to learn and improve.



**Best G1H 4 - 5 years old - Aashi Hanish Malde**  
Aashi pays full attention and is certainly not fazed by any of the challenging skills, demonstrated by her continual efforts. This has helped her to better herself in sport.



**Football Best Boy - Kunal Maheesh Shah**  
This particular boy has really excelled this year. He has improved with his skill, shooting, passing and running with the ball. He inspires other players around him and having watched him play, I have been amazed with some of the shots on goal that he has tried and skill that he has in reading the game. He is always well behaved and takes on any responsibility that has been asked from him. He truly has stood out for me. (By Neel Shah)



**Overall Best Girl - Aashini Aashit Shah**  
I have personally coached her since around the age of 8. She has always tried her hardest even when she doesn't like running. I look at her now and see her coaching style with the Under 7 age group and even though she is a lot nicer with them than I was with her. I see some methods that I have used in the past of getting the best out of others in her. I have no doubt that she will make a brilliant coach for the next little stars. She has always tried her best in football and basketball and circuit training. The winner of the overall sports girl of the year is Aashini. (By Neel Shah)



**Football Best Girl - Sarina Kiran Shah**  
If we could describe this person in one word we would use fearless. She is very eager to excel in whatever position she wants to play in, whether it is in goal or out in defence. Her never give up attitude makes her into a true leader for her team which helps not only in football but any other sport that she plays. She is never afraid of being hurt by a ball or from an opponent. She is always well behaved and her attitude is always positive. (By Neel Shah)



**Basketball MVP - Harshiv Ketan Shah**  
The best boy was difficult to choose since the level of basketball has improved exceptionally. However, he has recently made the transition from the younger group into the men's squad. He has shown that he can dictate the play and drive to the basket with confidence, whilst maintaining strong defensive skills by hounding his opposition. It is due to this hustle that I am proud to award Harshiv as best baller this season.



**Overall Best Boy - Shil Shah**  
He has become the most familiar face in the sporting activities this year and is recognised by the majority of members. He has taken our sports club to the next level while inspiring younger members. He has an outstanding contribution to sport with positive thinking, demonstrate leadership skills, has respect for all volunteers and last but not least he is our younger member of the sub-committee team within North West Reactiv8. We are very proud to award Shil as best boy of the year. (By Chan)



**U12's Best Girl - Leah Premal Shah**  
This year has been extremely hard to choose for this award but after putting everything together we have our best girl, who has excelled in the sports and practices all year. She demonstrates passionate skills, is well focused, very well behaved and a regular attendant.



**U12's Best Boy - Nikhil Priyesh Shah**  
This under 12's boy has improved throughout the year. He never gives up and never complains. He will play any position to benefit the team to the best of his ability. He always gives 100%. He is a good team player and a role model to the others.

ReActive8@EKTA



"Take care of your body. It's the only place you have to live."

**Date:** Every Tuesday's (except Bank Holidays and other pre-booked days)  
All activities during term time only.  
**Time:** 7:30 pm – 10.30 pm  
**Venue:** Oshwal EKTA Centre, 366A Stag Lane, Kingsbury, London NW9 9AA  
**Entrance:** Various (Open to OAUk Members only)



Badminton - hourly sessions from 7:30 PM to 10:30 PM  
Table tennis - hourly sessions from 7:30 PM to 10:30 PM  
Other table games available on request

Zumba - 8 PM to 9 PM  
Yoga - 8 PM to 9 PM

Badminton - Under 16s - £1.50 per session / per person  
Badminton - 16+ - £2.50 per session / per person

Table Tennis - £1.00 per session / per person

Zumba - (20 spaces) – POA (Price on Application)  
Yoga - (20 spaces per class) – POA (Price on Application)

Application form downloadable from [www.oauk-nw.org/media/2014/REACTIVE8@EKTA.pdf](http://www.oauk-nw.org/media/2014/REACTIVE8@EKTA.pdf)  
Completed forms can either be emailed or sent to Oshwal EKTA Centre (attn of ReActive8@EKTA)

Do you have any suggestions for activities for ReActivate8@EKta

For more information/suggestions  
please e-mail [reactive8@oauk-nw.org](mailto:reactive8@oauk-nw.org)  
or call Paresh 07957 616 923 (after 5pm)

Organisers reserve the right to make changes to the advertised programme and right of admission  
Oshwal Association of the U.K is a Registered Charity No. 267037



Oshwal Association of the UK

North West Area

Basic & Advanced Public Speaking Classes

Bentley Wood High School for Girls, Bridges Road, Stanmore, Middlesex HA7 3NA

Term Time – 11:15 AM to 12:00 Noon & 12:00 noon to 12:45 PM

Basic Public Speaking Class	Advanced Public Speaking Class
<ul style="list-style-type: none"> <li>Delivering your talk</li> <li>How to handle your nerves</li> <li>Finding your voice</li> <li>Building your visual aids</li> <li>Feel confident</li> <li>Hold your audience</li> <li>Handling Questions</li> </ul>	<ul style="list-style-type: none"> <li>Art of persuasion</li> <li>Ability to sell effectively</li> <li>Learning to listen</li> <li>Arguing positively</li> <li>Building closing arguments</li> <li>Debate Session</li> </ul>

11 Sessions

Starting 27<sup>th</sup> September 2014 – 10<sup>th</sup> January 2015 & 18<sup>th</sup> April 2015

Starting age 8 Years+ Advanced Class – 11 Years+

To register your place, please e-mail [nwacas@oauk-nw.org](mailto:nwacas@oauk-nw.org)

Oshwal Association of the UK is a registered Charity – Charity Reg No 267037.  
All communications to: Public Speaking Classes, Oshwal Ekta Centre, 366A Stag Lane, Kingsbury, London NW9 9AA



OSHWAL ASSOCIATION OF THE UK – NORTH WEST AREA  
GUJARATI GCSE EXAM SUCCESS



# CONGRATULATIONS



Shivam Hitesh Chauhan  
B



Nirali Sundip Shah  
A\*



Medhvi Shah  
B



Kavi Mukesh Haria  
A



Minol Jaimin Shah  
A

The North West Area committee congratulates the above candidates on the achievements and also thanks the parents and teacher for their continuing support to the school and its students.

For further information on Funskool, North West Academy Cultural & Arts School, Communicate and Public Speaking classes, please contact us on [funskool@oauk-nw.org.uk](mailto:funskool@oauk-nw.org.uk), [nwacas@oauk-nw.org.uk](mailto:nwacas@oauk-nw.org.uk) and [communicate@oauk-nw.org.uk](mailto:communicate@oauk-nw.org.uk)



## Calling all Scrabble enthusiasts

The Scrabble Club is looking for enthusiastic Scrabble players of all abilities (and ages?) to join us. We meet 2nd Saturday evening of the month at Ekta Centre. Come and enjoy a lovely dinner and meet new people who share an interest in playing this historically favourite board game. Having participated in this Club for a few months and really enjoyed it, we have discovered that we needed to share this well-kept secret with our fellow Oshwals. Both members and non-members are welcome.

Many people are under the impression that a game of Scrabble, like Monopoly, takes hours to play. However, we play an hour per game (like the National League), therefore, we are usually able to play two to three games in one evening. We try to ensure that players' abilities are matched by gauging their experience. This way, we are able to play competitively and still enjoy it because there is no pressure to win!

You could be the type of player to produce seven letter words that earn a 50 point bonus or a tactical king / queen who cleverly places their high-scoring tiles on triple letter or triple word squares with two and three letter words. Either way, you are sure to find someone to give you a good game and you will no doubt learn a new word or two as well as pick up some clever strategies. We've enjoyed not only learning the words themselves, but have been able to learn what they mean too. For example, did you know that 'mzee' and 'jembe' are both acceptable Scrabble words? Do you know what they mean? (More questions and answers at the bottom.)

Aside from improving both your vocabulary and mental maths, this might be the chance to improve your game so that you can finally beat that one family member you played with as a child who you could never win against! In the very least, it is a chance to give the brain a good workout and this has very positive benefits of reducing the possibilities of dementia, depression, confusion and forgetfulness.

Of course, playing Scrabble has links to Jainism. Not only does it enhance your knowledge of new words/definitions and strategies, you also learn about others, patience, tolerance and self-control (both to keep the competitive streaks in check as well as any Scrabble addictions!).

Therefore, why not take this opportunity to join us for enjoyable evening of social Scrabbling with a friend at The Oshwal Scrabble Club @ Oshwal EKTA Centre.

You can find more information online → <http://www.oshwal.co.uk/articles/nw-regular-activities>

<b>Mzee - old person</b>	<b>Jembe - hoe</b>	<b>Qi - vital energy</b>
	Xu - Vietnamese currency unit	
<b>Lungi - long piece of cotton cloth worn as a loincloth, sash, or turban by Indian men or as a skirt</b>	Zo - Tibetan breed of cattle, developed by crossing the yak with the common cattle.	

Make as many 5, 6 and 7 letter words as you can from : ERSNTOM (from an Oshwal Scrabbler)

### Top 7 benefits of Garba

With Navratri just around the corner, we gave Oshwal's a chance to learn the latest Garba and Dandiya styles. These sessions were a huge success and feedback from those who attended was that they have more confidence to pay these new styles at the upcoming celebrations.



Here are seven reasons why you should learn how to play Garba:

1. It keeps you fit and energetic as it's a form of aerobic exercise.
2. It tones you due to all the stretching and twisting of the upper body as well hand and foot movement.
3. It acts as a stress reliever since you enjoy the music while dancing. According to a research that was conducted by *The Hindu*, an Indian paper, Garba makes people happy thus is a psychological benefit to the overall well-being.
4. It improves your posture as it strengthens your core and back muscles.
5. It increases your blood circulation due to the constant movement of your body.
6. You learn how to concentrate and co-ordinate your hands, feet and eyes according to the rhythm of the music.
7. Last but not least, it gives you chance to spend time with your family and friends plus make new friends!



**OSHWAL ASSOCIATION OF THE UK**  
NORTH WEST AREA  
PRESENTS...



### Elderly Monthly Meets (EMMs)

Come and enjoy a fun filled day. Start the day with yoga, followed by a hearty meal, ending with an afternoon of entertainment.

Venue: Oshwal EKTA Centre; 366A Stag Lane; Kingsbury; NW9 9AA  
Timings: 11:30 am - 3.30 pm  
Entrance - £4.00 (Members Only)  
(Proof of Membership required at the door)

Dates	Entertainment	Theme
19 <sup>th</sup> October (Tickets will be sold separately)	Music by Amit Kansar	Traditional/Fancy Dress - Best dress competition
8 <sup>th</sup> November	Music by Kismet	
13 <sup>th</sup> December	Music by Man from Africa	Red and white



SOLD OUT



**For booking call:**

Amubhai	0208 907 7972
Harshidaben (7-10pm)	0208 177 2786
Manjuben	0208 864 2522
Rasikbhai	0208 907 2188

Sponsorship - If you wish to sponsor EMMs, please contact EKTA Office (0208 206 1141) or speak to the EMM team.

Organisers reserve the rights to make changes to the advertised programme and right of admission  
Oshwal Association of the U.K. is a Registered Charity No. 260831



Oshwal Association of the UK  
North west area  
Oshwal EKTA Centre  
366A Stag Lane, Kingsbury, NW9 9AA

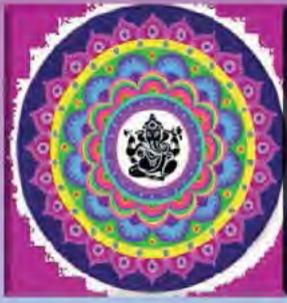
## Rangoli competition and viewing

**Rangoli competition**  
Date: 18<sup>th</sup> October 2014  
Time: 9.30am to 1.00pm  
Rates: members £10  
non-members £12  
Venue: Oshwal EKTA Centre, Kingsbury  
Register and pay by 10<sup>th</sup> October 2014

Spaces are limited to 40 people only.  
Book your place today!

**Rangoli viewing**  
Date: 19<sup>th</sup> October 2014  
Time: 11.30am to 5.00pm  
Venue: EKTA Centre, Kingsbury  
Free viewing

To register and for more information, contact:  
Meera - 07846960201 - [Meera.Shah@oauk-nw.org](mailto:Meera.Shah@oauk-nw.org)  
Meena - 07771927290 - [Meena.Shah@oauk-nw.org](mailto:Meena.Shah@oauk-nw.org)  
Minesh - 07725707005 - [Minesh.Shah@oauk-nw.org](mailto:Minesh.Shah@oauk-nw.org)



**Proof of membership is a requirement**  
Organisers reserve the right to amend the programme.  
Oshwal Association of the UK is a Registered Charity - Reg No 260831



# HOLLYWOOD VS BOLLYWOOD

## 22 November 2014

### Dinner & Dance Featuring Music by Shama



CHIRAG RAO



SHAMA

**EKTA Centre**  
366a Stag Lane  
Kingsbury  
NW9 9AA

Timings: Doors open at 6pm  
Drinks Reception: 6pm to 6.45pm  
Dinner: 7pm to 8pm  
Programme starts from  
8pm till late

Dress Code: Red Carpet - Oscars Style  
Prizes will be won for the best dressed

Prices: £20 (members) £25 (non-members)

Tickets will not be sold at the door. You can get your tickets from EKTA Centre.  
Tickets will be released on 25 September 2014.

To register and for more information contact:  
Meera - 07846960201 - Meera.Shah@oauk-nw.org  
Meena - 07771927290 - Meena.Shah@oauk-nw.org  
Minesh - 07725707005 - Minesh.Shah@oauk-nw.org  
Payal - pgudka@hotmail.co.uk  
Niha - nihashah73@yahoo.com

Proof of membership is a requirement. Organisers reserve the right to amend the programme

Oshwal Association of the UK, North West Area, EKTA Centre, 366a Stag Lane, Kingsbury, NW9 9AA Oshwal Association of the UK is a Registered Charity - Reg No 267037

## DATES AT A GLANCE

### October 2014

11th Bhukhar  
 12th Oshwal Racquet Games  
 15th Street Support Network  
 18th Rangoli Competition  
 18th Whist Drive / Scrabble  
 19th Diwali Special (Diwali Hungama)  
 19th Rangoli viewing  
 29th Bhakti @ EKTA

### November 2014

8th EMM  
 8th Whist Drive / Scrabble  
 15th Bhukhar  
 19th Women's Welfare Networking  
 22nd Holywood vs Bollywood -  
 DinnerNDance  
 26th Bhakti @ EKTA

### December 2014

6th Oshwal Sports Day  
 13th EMM  
 13th Whist Drive / Scrabble  
 17th Street Support Network

## Essential Contact Details

### Oshwal EKTA Centre:

020 8206 1141  
[ekta@oauk-nw.org](mailto:ekta@oauk-nw.org)

### Funkskool & NWACAS:

Milan: 07968 817 043  
[funkskool@oauk-nw.org](mailto:funkskool@oauk-nw.org)

### ReActive8

[Reactive8@oauk-nw.org](mailto:Reactive8@oauk-nw.org)

### Street Support Network

Nirmal: 07962 177 326  
 Chetan: 07949 45 9090  
[ssn@oauk-nw.org](mailto:ssn@oauk-nw.org)

### Oshwal Business & Professional Network

Nirmal: 07962 177 326  
 Chetan: 07949 45 9090  
[obpn@oauk-nw.org](mailto:obpn@oauk-nw.org)

### Women's Welfare

Meena: 07771 927 290  
[Meena.shah@oauk-nw.org](mailto:Meena.shah@oauk-nw.org)  
 Hina: 07732 440 721  
[Hina.gudka@oauk-nw.org](mailto:Hina.gudka@oauk-nw.org)

### eCommunications

Khilit  
[khilit.shah@oauk-nw.org](mailto:khilit.shah@oauk-nw.org)



### Oshwal EKTA Mandals

Every Monday and  
 Friday

10:30am – 3:30pm

Please bring packed lunch with you  
 and enjoy with your friends and  
 relatives

£2.00 per session  
 (OAUK Members Only)



### Whist Drive

@Oshwal Ekta Centre

(April onwards)

£6.00 members

£8.50 for non members

Dilharbhai - 07870 846 729

Premharbhai - 020 8723 8368

Sailesbhai - 07745 871 623

Vinaben - 020 8866 7223



### Scrabble Club

@Oshwal Ekta Centre

£6.00 - Members

£8.50 - Non Members

Mina Haria - 07904 728870



Women's Welfare  
 Networking Events

17-Sept-2014

Mthai Demo

19-Nov-2014

Candle / Candle holder making

7-Mar-2015

OAUK Soiree celebrating  
 International Women's Day

For more information regarding  
 these events, email :

[hina.gudka@oauk-nw.org](mailto:hina.gudka@oauk-nw.org)

[meena.shah@oauk-nw.org](mailto:meena.shah@oauk-nw.org)



### Bhukhar

@ All Saints Church Hall

Queensbury; HA8 5PQ

Yearly subscription

£35.00 for members

£50.00 for non-members

Pay As you go

£5.00 members

£8.00 for non-members

Contact Details

Sailes Shah - 07745 871 623

Mahendra Chandaria -

07714 712713

Amu Shah - 07816 368 157

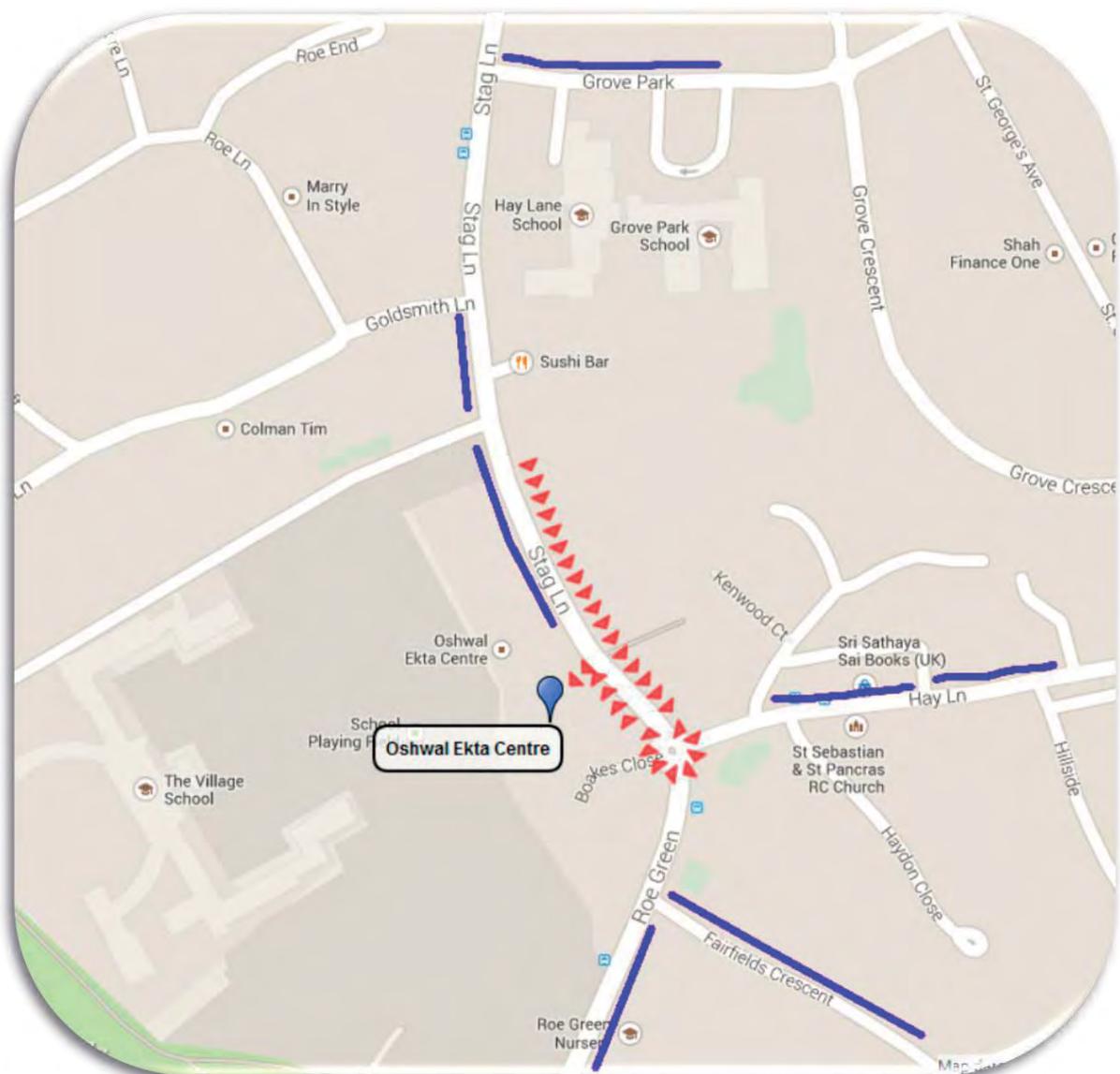
Satish Shah - 07506 550 448

## VISITING OSHWAL EKTA CENTRE

Travelling by Car:

We would like to thank all members and patrons for showing consideration when parking in or around Oshwal EKTA Centre. Please follow the following rules to avoid traffic build up on Stag Lane, and to avoid the function you are attending from being disrupted: -

- (1) Do not park on both sides of Stag Lane. This will allow smooth traffic flow, especially for buses.
- (2) Do not park in front of Oshwal EKTA Centre (where no parking cones will be placed)
- (3) When approaching Oshwal EKTA Centre from Queensbury / Princes Avenue, do not turn right into Oshwal EKTA Centre – please drive approximately 100 yards and turn back at the round about (junction of Stag Lane, Hay Lane and Roe Green) – Please see **red** arrows.
- (4) The **blue** markings on the map show where you can park in the vicinity. Please park sensibly and do not block driveways and roads. Please remember that normal traffic rules apply.
- (5) In Oshwal EKTA Centre do not block the ramp. This is reserved for disabled drop-off's / pick-ups O.
- (6) Please respect the volunteers who are assisting in the car park.
- (7) Saadri's - The car park generally gets very full during peak times (8 – 9pm) and advice you to stagger your times.
- (8) Cars may get blocked / double parked within the car park during busier times. If you are in a rush to head early and not wishing to be blocked, suggest you use the map below to identify suitable car spaces.





# Oshwal Adventurer: Vijay Shah

*Article by, Hasmita Shah*

Vijay - the name means victorious and my nephew, Vijay, certainly lives up to his name. An aeronautical engineer by profession, Vijay's passion lies in exploring nature in remote, isolated and extreme environments. A mountain guide, rescue diver and a trained expedition leader, Vijay has led a number of expeditions including expeditions to the Peruvian Andes in 2006 and to the Canadian Arctic (Baffin Island) in 2010, where they trekked over 300km over a month in temperatures of -15C, to increase awareness of climate change and gather documentary evidence of such changes.

The pinnacle of his achievements must surely be his 2011 expedition to the Baffin Island, where as a team of 3 experienced expedition leaders, they became the first British team to ski unassisted across the Penny Ice cap. The journey took them 18 days, in far more freezing conditions of a continual minus 30 centigrade. The effects of climate change were evident to the team first hand as in places, they had to ski over extremely thin ice, with the result that one of the team fell into the freezing waters and had to be rescued carefully but quickly to avoid disturbing the surrounding ice but also make sure no hypothermia resulted. Luckily it all worked out and they all survived to tell the tale of this rescue as well another adventure on this trip where they united a baby polar bear with its mother.

Throughout all of this, Vijay has remained vegetarian, a testament to his strong character and belief- not an easy task in such extreme environments where the body needs adequate calories, protein and carbohydrates.

Vijay's recent adventures have taken him to Southern Africa and India. In 2013, he went to the Kumbh Mela-not only the largest human gathering in the world, but in 2013, even more auspicious as it was the Maha Kumbh Mela, which only takes place every 144 years! The experience was an eye opener in many ways. To date most of Vijay's expeditions had taken him to remote, uninhabitable places, often without any human interaction for weeks. Here, it was difficult to move without bumping into someone, such was the mass of human gathering. And yet there was the stillness in the crowds, there was silence amidst the constant noise, there was order amongst the chaos. It was truly humbling to see such devotion, utter and complete faith that you are prepared to bathe in extremely polluted waters. Embracing the spirituality around him, Vijay also took the plunge literally and bathed in the holy river!

A member of the British Exploring Society, Vijay is very keen to inspire others, especially the youth into travelling and exploring the world around us, the benefits he says, are more valuable than even the best formal education. His vision is that through such travel and adventure we become more ecologically aware and conscious of our impact on the environment, an ideology very much stemming from his Jain principles. He gives talks to schools about his trips, nature and how to care for the environment.

For those of us whose holidays are more mainstream but would like to be inspired by his adventures, check out Vijay's link below - the videos and photos are incredible and has certainly made me realise what a beautiful place the world is. [www.vijayshah.info](http://www.vijayshah.info)





# Learning Gujarati

*Article by, Anushka Esha Haria  
(Daughter of Late Jigna Haria and Harish Haria, London)*

I am 14 years old and started learning Gujarati in 2012 and sat the GCSE in 2014. My grandmother (Nani) played a big influencing role in my decision to take the subject. I think it is important to learn our language and culture, so as to give an identity in the modern world with its distinct attractions and distractions. It also helps me to communicate with my grandparents. For the past two years' I attended Canons Gujarati School on Sundays' for a two hour session during School term. I had a fabulous teacher, who motivated and encouraged us all. At times it was hard work, but fun too, being a small class our teacher was able to give her time to all the students. I sat the exam in the summer of 2014 and achieved an A\* grade, there are four components of the exam and my marks were as follows: Writing 100%, Speaking 100%, Listening 100%, Reading 94%

Naturally, I was thrilled to learn about the result.

I love languages and at school I am taking Russian, Spanish and French for my GSCE's.

I hope many young Oshwals' will take Gujarati as a GCSE subject in the near future.

**Congratulations to Keval and Bijal Shah who have both done extremely well in their A-Level and GCSE's respectively.**



**Keval has achieved 4 A\*'s in Maths, Further Maths, Physics and Chemistry. He has secured a place at Imperial College London to study Maths with Physics.**



**Bijal has achieved a total of 21 GCSE's, 18 A\*'s and 3 A's, of which 5 A\*'s were GCSE's. She is now studying A-Levels.**

**Both of them attended Wembley High Technology College. They have worked very hard and have come out with outstanding results.**

**As parents we are very proud and we wish them both every success in the future.**

**Shailesh and Kirtida Shah**

**Explore the Magic of Kerala**  
*South India*

7 day trips from £350pp  
\*flights not included

**+ 15% off** quote 'OSHWAL15'

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# South Area

## What is the future of our association in South London?

*"The future depends on what we do in the present"*  
~ Mahatma Gandhi

Having been significantly involved with the youth club for over 20 years (few breaks in-between to recharge the batteries), I decided to take the step of joining the local main committee under the duress of being called old by my better half.

The idea was to pass over the reins of youth to the more spritely members of our community and work with the main committee to bring back lost generation of Oshwals to enhance our community offering.

So before you all jump up to shout out the reasons for not being 'interested', let me explain what a community means in its simple terms;

Community - ' A group of people living in the same place (South London) or having a particular characteristic in common (Jainism and our forefathers coming from the villages around Jamnagar)

My question to you is, have we as individuals become too elitist, whereby we have forgotten our common characteristics? I remember my time in Kenya when everyone looked forward to getting together at the annual events such as Diwali, Paryushan and festivals. There were always people taking part and helping in different events. Unfortunately here in South London, you have the same few attending and taking part in all the events, the rest of you have given up on your roots, sad to say.



Your community needs  
**YOU**



During the Swami Vatsalya Bhojan, it was encouraging to see so many young children ready to volunteer their services to provide support for the occasion but at the same time it was clearly obvious that there was a particular age group who were not on the front line or in attendance.

A great big thanks has also to be given to the Bridge Club members, Gujarati School Teachers and all ready and willing volunteers on the day who worked hard on the day to ensure the event ran smoothly.

## What does South Area Oshwal Association offer to you at present?

All regular activities organised can be seen on the

[www.oshwal.co.uk/articles/south-regular-events](http://www.oshwal.co.uk/articles/south-regular-events)

In Summary we have - Gujarati School, Music School for adults, Patshala, Satsang, Dal Rotli Club, Welfare Club, Karata Club, Bridge Club, Sports and Social club incorporating Saturday club, Badminton Club and social events.

If, however, you feel we are missing something please feel free to let us know.

This year our Gujarati School held its 40th Anniversary Celebration and it has to be one of our proudest achievements. The fact that a large number of our younger members have gone through the school to learn the Matru Bhasha, shows the desire of parents to ensure our language does not take the same route as Latin. In order to have another 40 years of success we need to ensure our children make the full use of what is being offered.

This is what some ex-students and the ex-education head had to say.

*'Many years after completing Gujarati School, as a graduate student of Linguistics in Washington DC, I had the opportunity to work on a number of different languages - including endangered languages in Namibia and Botswana, a minority language in Cameroon, and various European languages... And suddenly, back in 2009, I asked myself why I had never chosen to work on my own mother tongue: Gujarati. What particularly interested me about the Gujarati language was investigating how it is being maintained outside of India. I had observed in my social network that people like me, who were second generation British Indians living in London, had similar abundant opportunities to hear and use the Gujarati language in daily life and that we also attended a Saturday Gujarati School to formally learn the Gujarati language. However, despite these similarities, I was puzzled by the fact that our levels of Gujarati varied drastically, with some of us having almost native-like proficiency in the language and others barely being able to construct a sentence in the language. It was my goal to investigate why this was the case. What initially began as a small project on Gujarati in Croydon to fulfil part of the requirements for a university class I was taking evolved into my PhD dissertation and will soon be published as a book.*

*Throughout the time I've been conducting research on the Gujarati language, I have continuously been thankful to the wonderful teachers I had at Gujarati School who ensured that we never forgot our roots, that we knew Gujarati, and were aware of our culture and background, all of which inspired me to work on my own people, both during my PhD and after. It was during my time as a student at Oshwal Gujarati School that I became increasingly interested in Gujarati and this interest carried over even after I left Gujarati School. The excellent teaching we received and the dedication of the teachers towards preserving the Gujarati language and culture inspired me to pursue this topic on a deeper level.*

**Sheena Bharat Shah (ex-Student)'**

*'Attending Gujarati School not only gave me the invaluable experience of learning about my culture and mother tongue, but also gave me the opportunity to make some lifelong friends. As I matured, I really enjoyed going to Gujarati School with the Prefects Show being a highlight of mine*

**Khilan Anupam Shah**

**(ex-Student)'**

*'Gujarati school allowed us to organise and participate in events and plays, and encouraged us to be active members of the community, which have further strengthened these ties. I will always be grateful for the invaluable life skills that I have gained*

**Rishi Hashwin Nagaria**

**(ex-Student)'**

*'The Shree Navchetan Andjhan Mandal School serves as a beacon of hope for some of the most underprivileged and misfortunate children in the world, and ensures that they are given a chance to learn, experience life as a normal child, and most of all, a chance to be happy.*

*Their remarkable desire to learn and help each other was truly inspiring given their circumstances, and highlights the incredible work CAREducation are doing to enrich these extraordinary children's lives. Despite an extensive range of disabilities I witnessed an unparalleled level of compassion, talent and willingness to participate, evidencing the universality of what it means to be a child, regardless of where in the world we live.*

*By overcoming physical, language and cultural barriers with these children I was able to impart a small amount of knowledge to them, but unanimously agreed they had taught us far more in two weeks than we could ever teach them: their perpetually pure happiness, gratefulness for what little they had and their hunger to learn, truly taught us about the sanctity of human life.*

*We have raised over £2000, which will fund 2 children's education for a lifetime.*

*I personally found being literate in Gujarati a huge asset, both to myself and to the rest of my group. It especially allowed me to communicate and thus connect with the deaf children on a much deeper level, which indeed enriched my experience of teaching. I'd like to express my gratitude for all your efforts and guidance in teaching me this vital skill of reading and writing our mother tongue. I was able to navigate my group through the Gujarati signposts in Bhuj and translate messages/letters between the School and us, which made me appreciate studying Gujarati. In fact, the A level allowed me to go as far as discussing professional opportunities for women in the West and rural India with the children!*

**Tej Hitesh Shah (ex-Student)'**

*'It is more than just a language. It is more than your mother tongue. It is an identity. It connects generations and builds relationships. It creates opportunities and self-awareness. Being able to speak your language is a prerequisite; it is an art, which necessitates guidance and practice. Oshwal Gujarati School, South Area has been instrumental in enabling thousands of students to learn and experience Gujarati over 40 exceptional years.*

**Jeeger Dodhia (ex-Education chairperson)'**

Once again the students at the school have excelled in the GCSE and AS level exams and our heartiest congratulations go out to them all.

As you can tell there are a lot of activities being organised for everyone to come together and if you feel we can do more, then please stand up and raise the bar. Remember together we stand and divided we fall.

Hope to see many more of you at the next event, if I have managed to touch your heart strings.

Keep an eye out for the Diwali programme being organised for the 19th October 2014. Check the website shown above for details.

**Written by Hiten Savla**

*"To give pleasure to a single heart by a single act is better than a thousand heads bowing in prayer."*

GCSE	Grade
Chirag Jayesh Shah	A
Dil Hitesh Shah	B
Karishma Vinay Thakrar	A
Kayan Dixit Dave	A*
Kusha Rakesh Oza	A*
Priyanka Sundeep Shah	A
Rajan Monaj Patel	A
Risha Bijal Patel	A*
Shivani Vijay Shah	A*
Shivani Naimish Purohit	A
Vishal Pradeep Gudka	A

A-Level	Grade
Anjali Sailesh Shah	B
Devki Haresh Shah	B
Hiral Pilkesh Shah	D
Mahima Bharat Parmar	B

More details to follow soon!

*OGS Prefects of 2014/2015  
proudly presents...*

# *Evolution of Bollywood Music*

29th

November

2014

*Wonderful Music!*

*Dance Performances!*

*Oshwal Gujarati School  
Prefects Show 2014*

**Oshwal Mahajanwadi, 1  
Campbell Road, Croydon,  
Surrey, CR0 2SQ.**



**Tel: 020 8683 0258**

# OSHWAL ASSOCIATION OF THE UK

Registered Charity No. 267037

## WEST AREA

Presents

A Gujlish Drama (Gujarati-English)



# Vahali Aavi Sapna Lavi

વહાલી આવી  
સપના લાવી

**Director:**  
Tushar Joshi

**Writer:**  
Sanjay Jha

A Very Hilarious Family Drama



**Tickets:**  
Members £15  
Non-Members £20

**Artists:** Hemant Parekh, Geeta Khatri, Mukesh Gohil, Jay Jani,  
Chaitanya Joshi, Zulaykha Shah, Janki Chotai, Denish Jani

**Venue:** OSHWAL CENTRE, Coopers Lane Road, Northaw Herts. EN6 4DG

**Date:** Sunday 23rd November 2014 @ 5.00pm (Full lunch from 2.00pm)

:: For Tickets and Show Enquiries Contact ::

Anita Shah: 07903830844 | Keshubhai Shah (Columbo): 07735382657 (2pm-10pm)

Bhikhubhai Shah: 07768653387 | ManuBhai / Kirtibhai: 01707 643 838

Price includes a full Lunch from 2.00pm to 4.00pm. The show starts at 5.00pm

Management reserve the right to cancel or change the program

## **Volunteers required to translate English to Gujarati**

The Publication team is looking for translators who can assist our Area Committees to translate English articles into Gujarati for our Oshwal Magazine and other fliers.

Please send your name and phone number to:

**Sudhir Meghji Shah on 07785 710914 or email:**

**[sudhirmeghjishah@gmail.com](mailto:sudhirmeghjishah@gmail.com)**





# Antique Collecting

*Article by, Hasmukh Jethalal Shah*

Antiques are growing in demand and becoming enormously stylish, they have an appreciation and worth. I have been a keen collector of antiquities for over 30 years. My passion for antiques begun in 1969 when I was working in London for the John Freeman Studio. They had a contract with the Victoria and Albert Museum where I took photographs of the world's most prestigious and valuable artefacts. From then onwards my enthusiasm for antiques begun and now I have an extensive collection of artefacts from around the world including China, India, Japan, and Africa and of course the UK.

The history behind these cultural items is incredibly remarkable and continues to build on my passion for antiques. With a growing demand and value for these cultural items finding the most unique items is a difficult task, especially with the growth in antique programmes being shown on TV. Therefore staying ahead in this market is no easy task. Whether I'm in the UK or on holiday I am always on the lookout for new antiquities in the market by visiting museums and being in contact with some of the world's antique dealers. As well as doing independent research to guarantee the uniqueness and origin of the antique. Antiques are growing in demand, it would be nice to see more Oshwals taking this up as a hobby. I am happy to help anyone who may be interested via the Editor.



FROM A SERIES OF VISHNU AVATARAS:  
RISHABHA. JAIPUR, CIRCA 1860. OPAQUE  
WATERCOLOUR



VIMALNATH ATTENDED BY CHAURI BEARERS.  
THE THIRTEENTH JAIN TIRTHANKARA (OR JINA).  
FROM A SERIES ILLUSTRATING THE  
TIRTHANKARAS. JODHPUR, CIRCA 1800.



FOLIO FROM A JAIN KALPA SUTRA MANUSCRIPT FEATURING PARSHVANATH. CIRCA 1500. OPAQUE WATERCOLOUR ON WARQA.



FOLIO FROM A JAIN KALPA SUTRA MANUSCRIPT FEATURING PARSHVANATH. CIRCA 1500. OPAQUE WATERCOLOUR ON WARQA. PARSHVA IS THE 23RD TIRTHANKARA (FORD MAKER) IN JAINISM.

Original Collections of Hasmukh Jethalal Shah and Family.

**Editor's Note:**

OAUK wishes to thank Hasmukhbhai for sharing his collection with us.

In the future we would like to arrange an Exhibition to show everyone's Collections or have a Hobby Show. Please contact me on 07785 710914 or Email: oa\_uk@yahoo.com - if you want to send us a similar write up?

Sudhir M Shah



# Oshwal Property Tycoons

Article by, Ashish Patani

## Interested in Property Investments

My interest in property investments emerged several years ago, primarily because at the time our family was looking for a new larger residential home and considering what to do with our old house. After a couple of years of searching we purchased our ideal residential home and ended up renting out our old house.

Through this process I met many people already involved heavily in property investments, and as a novice I had a lot to learn. Here I would like to share some pointers for young Oshwals thinking of making property investments. For this article, apologies to Oshwal Members outside of London, as I've limited the analysis to the London property market, because that's the market I know about the most.

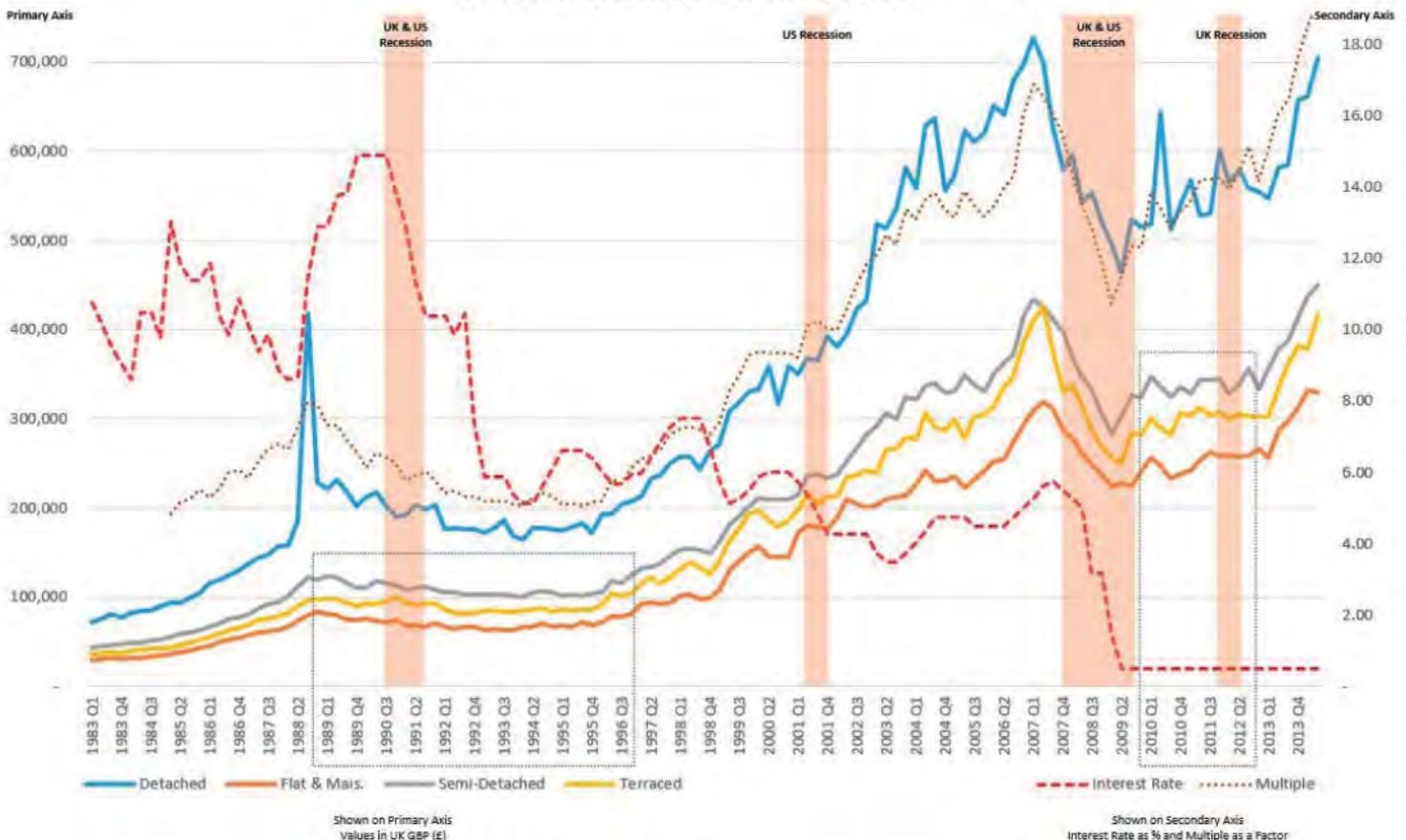
## Type of Property Investor

I have met Oshwal property investors, whom I classify as 'portfolio-investors' buying one property after another and creating portfolios of 50 or more properties, in multiple-locations and varying sizes.

The most common type of Oshwal property investors I have met, whom I classify as 'the professional' are highly qualified professionals (e.g. accountants, medics, opticians, dentists, pharmacists, etc) looking to invest as a means of generating a good side income to boost their overall annual income (via rental income), as well as build up a pension nest-egg (via capital appreciation).

In between are a multitude of investors like property developers and overseas Oshwals investors.

## Historical London House Prices



Source: Property Prices from Halifax House Price Index ([www.lloydsbankinggroup.com](http://www.lloydsbankinggroup.com)), Interest Rates from Bank of England ([www.bankofengland.co.uk](http://www.bankofengland.co.uk)) and Pay Multiple derived from Office of National Statistics data on Labour Salaries ([www.ons.gov.uk](http://www.ons.gov.uk))

## Is it a good time to invest in Properties?

The last couple of years have seen unprecedented rises in London property prices fuelled by a combination of historic low interest rates, quantitative easing and gradual improvements in the economy.

To make any reasonable extrapolations about the future London property market, let's quickly look at historical London house prices.

A variety of data sources were used to compile the chart and is for information purposes only. A number of observations can be made from the chart.

1. Period from 1989 Q1 to 1996 Q3 (a period of over 8½ years) saw the longest period of price stagnation in most properties (excluding detached properties). This occurred during a period of dramatic decreases in interest rates. A similar period of property price stagnation occurred between 2010 Q1 to 2012 Q2, again when interest rates were dramatically low. The key difference in this second period was that price volatility was significantly higher.
2. Property prices were affected far more when both UK and US were in recession, such as the 2008-09 recession, rather than when UK alone is in recession. If anything, the UK only recession in early 2012 did nothing to deflate property price growth.
3. The Pay Multiple provides a ratio of how many times property prices are greater than the average London annual salary. The Multiple has increased from 5 to 20 over the last 30 years.

## Factors to Consider

General improvements in the economy, greater probability of an interest rate rise in the next 12 months, lower of quantitative easing, tightening of mortgage lending rules as well as the highly questionable sustainability of such a high pay multiple are all factors likely to lead to a period of more gentle price growth.

The question of 'affordability of properties' is key to understand the likely future of the London property market.

Making properties more affordable can be done by building new 'cheaper' homes, increasing the average annual salary dramatically or lowering property prices. However, none of these options are likely to be effective.

- While many houses are being built most are at the luxury end of the market thus not addressing the affordability question. (Source: Shelter)
- While annual salaries have seen some improvements in the last couple of years, there are a long way from lowering the Pay Multiple significantly.
- While lowering properties prices may happen on individual cases to ensure a quick sale, it is highly unlikely to occur at a general level, as it would raise the prospects of negative equity as well as deflation. Something, which the UK Government or the Bank of England would not want.

Indeed, in early September, The Royal Institution of Chartered Surveyors (RICS) said: *"price momentum in London had started to 'soften', as flats and houses had become more unaffordable."*

John J King FRICS, Surveyor at Andrew Scott Robertson, said: *"vendors are aware that prices have cooled."*

Furthermore, overseas buyers whom have often helped fuel price increases *"are less active, possibly due to value of the pound and fears of future tax changes"* according to Robert Green MRICS, Surveyor at John D Wood & Co.

## What does this mean for 'the Professional' investor?

In reviewing property investments consider what the overall profit is. This is a combination of net rental income (i.e. rental income less related expenses) and net capital appreciation (i.e. different between buying and selling price less selling and buying costs).

Gentle price growth essentially means while property prices may continue to increase, they will do so only at a much slower pace. Thus, in the short-term net capital appreciation can be lower or even zero, thus ask yourself what is your investment time-frame and would net rental income alone be sufficient to make a property investment viable?

A very simple strategy followed by one Oshwal I know, is to buy flats at the very low end of the market for rental purposes. This often provides good rental yields, while requiring lower deposit amounts for initial purchase. Capital appreciation is negligible in these cases, but the net rental yield is often a couple of per cent points above the interest rates earned in bank savings accounts.

Another interesting strategy involves buying a freehold property with a view to convert to a couple of one- or two-bedroom apartments. Then selling one apartment as leasehold to release part of the capital investment, while renting the other one out, and retaining the overall freehold for the long-term capital appreciation benefits. Investing in property development projects could be an option. Property developers are better placed to identify viable property investments by shifting through the myriad of projects available in London as well as have access to the ears of estate agents and financiers. However, the professional investor should carefully consider all the tax and legal implications. Often, the property could be a financial wrapper in an investment structure rather than a brick-and-mortar property investment. This isn't to say that such investments are bad or unprofitable, simply that investors should understand fully what they are getting into.

## Where to invest in London?

There is no magic answer. Simply put, do your research, as there are plenty of opportunities in London available, everything from large scale regeneration development projects to simple buy-to-lets. I've have highlighted above three areas which are of interest. Of course, there

## Cross Rail Map

Source: [www.tfl.gov.uk](http://www.tfl.gov.uk)



## Cross Rail

£15bn investment developing 100km rail route from Reading & Heathrow in the West London to Shenfield and Abbey Wood in East London bringing 1.5 million people within 45 minutes commute to Central London. Property prices in the new commuter zone would already have factored in some of the Cross Rail advantages but opportunities are still available.

## Elephant & Castle

£1.5bn regeneration project with 3,000 new houses being built (of which 600 are classed as affordable) as well as new 50 commercial properties. Off-plan buy-to-let opportunities likely to be available.

## Harrow & Wealdstone

Harrow Council has indentified 21 development sites in Harrow & Wealdstone with a view to developing both infrastructure as well as residential housing, including some 2,800 net new homes. An array of opportunities across the Borough available but detailed is research recommended before jumping into the property investment market.

are many other areas/opportunities available in London and the above is not meant to be an exhaustive list.

Bhavik Shah, of Niveda Group, says *"With the sharp increase in net immigration into the UK over the past few years, there is a constant shortage of low and medium-cost housing, especially in London. With this trend expected to continue over the near term future, residential property prices can be expected to increase in London."*

## Tips for Budding Oshwal Property Tycoons

1. **Research** - it is essential to spend time doing research, visiting prospective properties and areas. Don't just view the property, spend time going round the near-by area to see what the area offers in totality. Research all the tax and legal implications of property investments by talking to advisors.
2. **Crunch the Numbers** - do the maths and shop around for financing options. Run scenarios of changes to rent, vacancy of properties, mortgage interest increases, etc. Consider, is the property investment still viable under different scenarios?
3. **Manage People** - build good working relations with estate agents, visit them and talk to them. Similarly, talk to your finance providers and advisors. Above all, for buy-to-lets consider the type of tenants you want, e.g. families, students, etc. For property developers, check out their history and visit properties they have previously done-up.
4. **Keep things Simple** - don't be over ambitious with what you can do with a property. Often, investors

have multiple objectives - rental income in short-run, then possibly a retirement home for themselves, or a home for their son or daughter. General advise, don't try and find a magic property which can serve a multiple objectives. Be focused and find a property which serves the key objective. You can always sell the property and get a more appropriate property for a different objective when the time comes.

5. **Monitor & Take Action** - Regularly review your investment and check if it fulfilling the objective you set-out with. Remember, its best to cut your losses on a wrong investment and move on, than to wait indefinitely for things to recover.

## And finally...

There is a vast amount of information and resources on the Internet for budding property investors, but the best means I have found to get into the property market is through networking. So get out there and talk to other Oshwals and see what we can achieve together.

### Disclaimer:

*Nothing in this article is meant to be investment advice. My intention is simply to get the Reader thinking about the matters covered within this article. This article is meant for UK based Readers, as the investment environment, rules and regulations outside of UK may be different from that described herewith. Remember, value of investments can go down as well as up. You should always do your own research and seek professional advice when making investment decisions.*

### Author's Note:

*I would love to hear your feedback on my article - good or bad, all feedback is welcome. Please feel free to drop me an email: [ashishpatani@gmail.com](mailto:ashishpatani@gmail.com)*



# One Year on from the Westgate Attack

***“Boys and girls, the anger you feel is valid, but you must not allow yourselves to be consumed by it. The hurt you feel must not be allowed to turn into hate, but instead into the search for justice.”***

*~ Mr Banerjee, Principal of Oshwal Academy, Speaking at a Memorial Service held at Oshwal School*

One year ago, what was a normal Saturday (21 September 2013) turned into an unbelievable nightmare when evil consumed the Westgate Shopping Centre in Nairobi, Kenya, with a spray of bullets and blood.

The popular Shopping Centre was packed full of shoppers and people going about their own business, people having lunch, sipping coffee, friends and family meeting and going about their normal Saturday errands...and a special children’s cooking competition added to the buzz on this particular Saturday.

This was shattered as the attackers’ bullets cut short many lives of men, women and children of various races, nationalities and religious backgrounds. In the carnage that ensued, three Oshwal students lost their lives – Neha Manish Mashru, Pavraj Singh Ghattaurhae and Pramsu Jain.

Oshwal School, Nairobi, held a memorial service (27 September 2013) these students and others who lost their lives that day including – Mitul Amratlal Shah a former student of the School and Anuj Virchand Shah, father of Student at the School.

All Oshwal Schools had united to attend this memorial service of remembrance, with the students welcoming the families of the deceased with high respect and prayers.

Mr Banerjee, Principal of the Oshwal Academy, paid a lovely tribute to all the students:



**“Neha Manish Mashru** of Year 11A was full of virtues and was a loving girl, prefect, an excellent cook, a dancer, an actress, a darling student of Oshwal Academy. She was there with her mother and other friends as she was the finalist for the cookery competition. She was there at the competition ready to take up the challenge to prepare a hot desert and a cold biting and, and in a cruel twist of fate, was left cold for ever.



**“Pavraj Singh Ghattaurhae**, our past Year 11 student of 2011/2012 class was humble and respectful. He was naughty sometimes and we loved it. An excellent Hockey Player and sports man who wished to be a rally driver. He had the chance to run but chose to stay with his grandmother who was immobilized after being shot. We salute his concern for elders and his determination not to run away from adversity.



**“Master Pramsu Jain**, had just come into Kenya and chose Oshwal Academy Nairobi. He was there with his mother and his sister who is also a student of the Academy. He lost his life whereas his mother and sister were injured.”



Of **Mitul Amratlal Shah** a former student of the School, Mr Banerjee said “We salute Mitul Amratlal shah who was a former student of Jain Primary and Junior High and later Studied at University of Kent. He was a lover of football and Formula 1 and was the president of Bidco United Football Club. He was the Sales and Marketing Director of Bidco Oil and he was present at the cookery show on behalf of the sponsors. His first thought was to save the kids. He saved 20 children before being gunned down while on the phone, communicating to his relative that he was still looking for more kids to save. We salute your conscience and resilience Sir.”

Mr Banerjee went on to provide both prayer and guidance to the many young students that had gathered. “Boys and girls, the anger you feel is valid, but you must not allow yourselves to be consumed by it. The hurt you feel must not be allowed to turn into hate, but instead into the search for justice. The loss you feel must not paralyze your own lives. We have been struck hard and no doubt we are at our lowest but together we shall rise again.

“Just learn that the greatest gift of life is friendship and the greatest healing therapy is friendship and love. Those who are lost now belong to God. Some day we will be with them. But until that happens, their legacy must be our lives.

“True love means to hold on at any cost. True love also means to let go. And we have to let go today.”

Mr. Banerjee’s words beautifully echoed the thoughts and prays of all gathered.

At the close of the memorial service, the students presented a tribute to the families of their fallen school friends at the shrine which had been beautifully decorated with flowers. The organisation, hard work and the resilience of the students in the face of such grief was an inspiration to all gathered and resonated the best of Oshwal.

### **Special Thank you**

*This article would not have been possible without the help of Mukeshbhai Shah and Mr Banerjee, Principal of Oshwal Academy, Nairobi, Kenya.*

## **Oshwal Community Australia**

### **Did you know?**

After almost three and a half years of dedication of members, the Visa Oshwal Community of Australia (VOCA) was officially incorporated on 27th September 2012. Thereafter, the 1st Annual General Meeting of VOCA was held on 19th May 2013 and the following members were elected for the year 2013 – 14: Aniket Maroo (President), Nilesh Shah (Vice President), Milan Chandaria ( Secretary), Hitesh Shah (Treasurer), Anu Shah, Kamal Shah, Darshak Shah, Anish Shah, Dipti Shah, Nina Shah.



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en@oshwal.org or on 07875630879.



We Need You !!

# **CHOPDA PUJAN CEREMONY**

## **on 23rd October 2014**

**Please attend the CHOPDA PUJAN on  
Thursday evening at Oshwal Centre.**

**Dinner 6.30 to 7.45pm**

**Pujan starts sharp at 8.00pm**

**Further details on booking from the Office  
telephone number 01707 643 838  
or our website [www.oshwal.org](http://www.oshwal.org)**



**On behalf of the OAUK Religious Committee Sushilaben L Shah &  
Varsha D Shah please attend our above programme and the  
Diwali celebrations at the Oshwal Centre and other areas.**

શ્રી વીતરાગ સર્વજ્ઞ દેવાય નમઃ

શ્રી મહાવીર દેવાય નમઃ

સ્વ: ઇન્દુબેન ને ભાવથી શ્રદ્ધાંજલી અર્પણ કરીએ છીએ.

જન્મ: જન્મ:30 5 ૧૯૪૨

નાઇરં નાઇરોબી કેન્યા



દેહાન્ત : ૧૧ ૧૦ ૨૦૧૩

લંડન - ય. કે

સ્વ : ઇન્દુબેન પ્રવીણભાઈ સુમરીયા

ઇન્દુબેન તમોએ માનવ ભવ મેળવીને ઋણ પૂરા કરવા માટે માતા પિતા ને ત્યાં જન્મ ધારણ કર્યો . ઉમર લાયક થતાં પર્વના ઋણાનું બંધ અનુસાર શ્રીયુત પ્રવીણભાઈ ભારમલ રાયશી સાથે લગ્નગ્રંથિ થી હિસાબ પૂરા કરવા જોડાયા. તમારી સુસંસ્કાર યુક્ત જીવન રહિત ફરજ બજાવતા રહ્યા,ને ઋણાનું બંધ અનુસાર બે પુત્રીઓ અને એક પુત્રનો સંયોગ પ્રાપ્ત થયો.

આવા ચટપટા આધિ વ્યાધિ ઉપાધિ ભર્યા સંસારમાં રહીને તમોએ વિવેકપૂર્વક આત્મહિત અર્થે ભવિષ્યનો વિચાર કરીને આત્મજ્ઞાની શ્રીમદ રાજચંદ્રજી ના પત્રોનો સત સમરગમ સત્સંગ ચાલુ રાખ્યો. જીવનના અંત સુધી અનુભવી જ્ઞાનીના ઉપદેશના શાસ્ત્રો, ટેપો અને વિડીયો ધ્વારા સતત લાભ લેતા રહ્યા હતા. સંસારમાં રહેવા છતાં તમારું મન સંસારથી ઉદાસીન રહ્યા કરતું હતું. છેલ્લે દેહમાં બીમારી આવવા છતાં જરાય ડગ્યા વિના હીમત હાર્યા વિના દુઃખને ભલીને આત્મા જાગૃતિ સતત જાળવી રાખેલ જેથી આપશ્રીનું જીવન ધન્ય બનાવ્યું, એ જોઈને અમને દુઃખ લાગવા છતાં, સંતોષા થાય છે કે તમો જાગૃત રહીને આત્માનો ઉદ્ધાર કરવાનો ઉપાય ચાલુ રાખ્યો હતો.

આપનો અવિનાશી આત્મા જ્યાં હો ત્યાં આગળ પ્રગતિ કરીને સિદ્ધ દેશને પામો એવી પ્રભુને પ્રાર્થના કરીએ.

ૐ શાંતિ શાંતિ શાંતિ

Dearest Nanima & Dadima

Words cannot describe how we feel at this moment in time as we write this passage for you. You have inspired us with your stories of when you were young; they encourage us to make the most of what we have and to relish in each individual burst of happiness that comes our way and to make the most of all the opportunities that we are given. You taught us to see the best in people no matter what their flaws and pain that they have caused. It is because of you that we know the true meaning of unconditional love, because you showed it to us and taught us how to show it to others. Even when you are not here in physical form you will remain in the hearts of all those that you touched and your memory will live on forever.

Kiyani , Daena, Sophia, Aryan, Xavier & Zachary

We wish to express our heartfelt gratitude to all the immediate and extended members of our family and friends who have supported us and shared our grief through this extremely difficult time for us.

Om Shanti, Shanti, Shanti

Pravinbhai, Samir, Hatika, Sejel, Dipan, Deepel & Trevor

# ॐ आभार दर्शन ॐ

श्री महावीराय नमः श्री पार्वनाथाय नमः



Prabhulal R Shah  
(27.10.1943 – 20.10.2013)

Mombasa - London



Raichand V Shah  
(1924 – 16.08.1965)

Nani Rafudar - Mombasa



Laxmiben R Shah  
(1925 – 10.03.1986)

Khirasara - London



Kapurchand R Shah  
(06.05.1946 – 23.05.1989)

Mombasa - London

## श्री प्रभुलाल रायचंद वेरसी गोवा शाह (माळे)

२७.१०.१९४३ मोम्बासा केन्या - २०.१०.२०१३ केन्टन लंडन

जुवन सेपुं जुवी ज्ञया, के मृत्यु जरा थोली गयुं, दुःखने देजाडयुं नहि, सुखने छलकायुं नहि  
हस्तुं राभ्युं मुपुं सदा, शान्तिथी दीधी तमे विदाय, वसी गया अम हृदयमां, स्मरण आपनुं रहेसे सदाय  
कोराठ गया हिल विरहमां, पी गया अमे गम बधां, पत्थर मूकी हृदयपर, घरीये अंजली अश्रुभरी अम बधां  
जगावी माया अम जुवनमां, जुती गया हृदय सहुनां, हाथ जोडी प्रार्थिये हृदयथी, तम आत्माने मणे चिरशांति

## ॐ शांतिः शांतिः शांति

दी. गं. स्व. शान्ताबहेन प्रभुलाल, नेवील प्रभुलाल, बीन्दल नेवील  
तुषार मूलचंद नागडा, हर्षा तुषार, निरव तुषार, दिलन तुषार

गं. स्व. सुभद्रा (सुधाबहेन) कपूरचंद, संजुव कपूरचंद, बिरवा संजुव, काव्या संजुव, धीरज कपूरचंद  
चंद्रलाल रायचंद, एला चंद्रलाल, आशित चंद्रलाल, आल चंद्रलाल, डेनियेला आल  
हरीशचंद्र रायचंद, जयश्री हरीशचंद्र, सजनी हरीशचंद्र, स्नेहल हरीशचंद्र

**As you have attained eternal peace, your fond memories are treasures that we will always cherish.**

**We can never forget the happiness and joy you gave us.  
We revere your teaching and we hold very dear your deep love that has become an intrinsic part of us.**

**We miss you.**

Shanta, Sudha, Chandu & Ela, Harish & Jayshree  
Harsha & Tushar, Neville & Bindal, Sanjeev & Birwa, Aashit, Aabh & Danijela, Dhiraj, Sajni, Snehal  
Neerav, Dillon, Kaavya