



SHREYANSANATH BHAGWAN

Kevaljnana Kalyanak

Posh Vad Amas



On this day, Jains try & do at least one 'mala' reciting:

"Om Hrim Shri Shreyansanath Sarvagnay Namah"

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Above is Shreyansanath Bhagwan murti at Sinhapuri Tirth located in Sarnath, India. Sarnath is famous as four Kalyanaks - Chavan, Jamna, Diksha and Kevaljnana of Shreyansanath Bhagwan took place here. This tirth has an eight cornered ancient stupa (solid dome) 103 feet high and believed to be 2200 years old , built in commemoration of Shreyansanath Bhagwan's four kalyanaks at this place, as per Jain traditions.

It is also stated in Buddhist traditions, that Lord Buddha gave his first sermon at a deer forest in Sarnath to his five disciples.

Shreyansanath Bhagwan (also known as Sreyamsanatha or Sreyamsa) is the eleventh Tirthankara in the current time cycle.

His parents were King Vishnuraj and Queen Vishnu Devi and born in Sinhapuri (also spelled as Simhapura| Simhapuri), which is a part of Hiranpur, a small locality in Sarnath about 30 kilometres from Varanasi in Uttar Pradesh.

After attaining Samyak Darshan, Shreyansanath took three bhavs to attain Moksha. Prior to his birth as a Tirthankara, he was born as a King Nalinigulm. After serving as a King for many years, he took diksha and acquired the Tirthankara-naam-gotra-karma as result of his great devotion and worship. His next birth was as a celestial being, before being born as Shreyansanath.

The name Shreyansanath is based on the Sanskrit word śreyas, meaning 'better, superior, thus conveying a positive moral connotation. His symbol (Lanchan) is rhinoceros and is said to be of golden complexion.



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Shreyansanath eventually ascended the throne, ruling the kingdom for many years before taking diksha in the grove called Sahasramravana in Sarnath and became an ascetic. The palanquin carrying Shreyansanath to the grove was named Vimalaprabha and on this occasion was accompanied by one thousand kings. He observed a two day fast and broke his fast with kher (rice pudding) at the house of Kunf Nanda in Siddhatha town.

He attained kevaljnana, just two months after taking diksha, under a type of Ashoka Tree in Sahasramravana grove. He had 76 Gandharas – Chief Gandhara was Gosubha. His first sermon – Deshna was on Nirjara Bhavana – the contemplation of shedding of karma by six external and six internal austerities and doing so with right knowledge and with intention of achieving spiritual elevation. Observing these external and internal austerities involve increasing awareness of the purity of our Soul, as well as highlighting the independency of the soul, to take our mind off the desires.

After a total lifespan of 8400000 years, he achieved nirvana in Sammet Shikhar.

NIRJARA BHAVNA Shedding of Karma

Gyaan Deep Tap Tel Bhar, Ghar Soday Bhram Chor; Yaa Vidhi Bin Nikse Nahin, Behte Purab Chor, Panch Mahavrata
Sancharan, Samiti Panch Parakar ; Prabal Panch Indriya Vijay, Dhar Nirjaraa Saar

Until I fill my lamp with knowledge, with the oil of 'tapa'. And clean my house (soul) of doubts. These thieves (my previous karmas) will not leave. The five big vows and the five limitations will help me Win over these five senses and annihilate all karmas.

Although stopping the influx of karma is the first step on the road to enlightenment, it alone is not sufficient. Realizing the evil consequences of karma should also influence one to strive to destroy all previously acquired karmas by practicing non-violence, truth, non-stealing, chastity, non-possessiveness, restraints in worldly pleasure and performing penance and meditation.



I prayed for change,
so I changed my mind.

I prayed for guidance
and learned to trust myself.

I prayed for happiness
and realized I am not my ego.

I prayed for peace
and learned to accept others
unconditionally.

I prayed for abundance
and realized my doubt
kept it out.

I prayed for wealth
and realized it is my health.

I prayed for a miracle
and realized I am the miracle.

I prayed for a soul mate
and realized I am the One.

I prayed for love and realized
it's always knocking,
but I have to allow it in.