

AUSPICIOUS DAY - KALYANAKS

- Date : 02 - Adinath Janma & Diksha Kalyanak
- Date : 11 - Kunthunath Kevalgnan Kalyanak
- Date : 13 - Ajitnath Nirvan Kalyanak
- Date : 13 - Sambhavanath Nirvan Kalyanak
- Date : 13 - Anantanath Nirvan Kalyanak
- Date : 17 - Sumatinath Nirvan Kalyanak
- Date : 19- Sumatinath Kevaljnana Kalyanak
- Date : 21- Mahavirswami Janma Kalyanak
- Date : 21- 20 Viharmans Bhagwans Kevaljnana Kalyanak
- Date : 23 - Padmaprabhu Kevaljnana Kalyanak
- Date : 25 - Kunthunath Nirvan Kalyanak
- Date : 26 - Shitalnath Nirvan Kalyanak
- Date : 29- Kunthunath Diksha Kalyanak
- Date : 30 - Shitalnath Chavan Kalyanak (Vad Chhath)

OTHER SIGNIFICANT DAYS

- April 2024 - Stress Awareness Month
- Date : 01 - Easter Monday & April Fool's Day
- Date : 02 - Autism Awareness Day
- Date : 08 - Ramadan Ends
- Date : 09 - 10 - Eid Al-Fitr (predicted)
- Date : 13 - Baisakhi (Vaishakhi)
- Date : 15 - World Art Day
- Date : 22 - Earth Day
- Date : 23 - St George's Day
- Date : 28 - London Marathon

BY KISHOR B SHAH



“I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel” *Maya Angelou*



JAIN CALENDAR 2024

VIR SAMVAT 2550 - VIKRAM 2080



AATHAM CHAUDAS PANCHAM BIJ AGIYARAS	Jain Festivals	Auspicious Day
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FAGAN - APRIL 2024 - CHAITRA						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Vad Satam	2 Vad Aatham	3 Vad Nom	4 Vad Dasam	5 Vad Agiyaras	6 Vad Baras	7 Vad Teras Chaudas
8 Vad Amas	9 Sud Ekam	10 Sud Bij	11 Sud Trij	12 Sud Choth	13 Sud Pancham	14 Sud Chhath
15 Sud Satam	16 Sud Aatham	17 Sud Nom	18 Sud Dasam	19 Sud Agiyaras	20 Sud Baras	21 Sud Teras
22 Sud Chaudas	23 Sud Poonam	24 Vad Ekam	25 Vad Ekam	26 Vad Bij	27 Vad Trij	28 Vad Choth
29 Vad Pancham	30 Vad Chhath Satam	FAGAN: 1 TO 08 APRIL CHAITRA: 09 TO 30 APRIL				



Ayambil Oli is considered very auspicious, efficacious, and as one of the most important festivals in Jainism. Jains consider the austerity of Ayambil as a way to purify the body and mind, encourage spiritual growth and practice self-restraint. By observing Ayambil, one can experience various health benefits and live in harmony with the environment. During Ayambil contemplation on Navapad is contemplation on the soul's intrinsic nature and virtues.



JAIN FESTIVAL

- Date : 01 -Varshitap Begins
- Date : 07- Pakhi Pratikraman
- Date : 15 - Chaitra Mass Ayambil Oli Starts - Arihant Pad
- Date : 16 - Ayambil Oli - **Siddha Pad**
- Date : 17 - Ayambil Oli - **Acharya Pad**
- Date : 18 - Ayambil Oli - **Upadhyia Pad**
- Date : 19- Ayambil Oli - **Sadhu (Sadhvi) Pad**
- Date : 20 - Ayambil Oli - Samyag Darshan Pad (Right Faith)
- Date : 21 - Ayambil Oli - Samyag Gyan Pad (Right Knowledge)
- Date : 21 - Mahavirswami Janma Kalyanak
- Date : 22 - Ayambil Oli - Samyag Charitra Pad (Right Conduct)
- Date : 22 - Pakhi Pratikraman
- Date : 23 - Chaitra Poonam (Bhav Siddhachal Yatra)
- Date : 23 - Ayambil Oli Finishes - Samyag Tap Pad (Right Austerities)
- Date : 24 - Ayambil Oli Parna

AVOID GREEN & ROOT VEGETABLES
Date : 2 | 5 | 7 | 10 | 13 | 15 to 23 | 26 | 29

AVOID ROOT VEGETABLES
Date : 1 | 11 | 24 | 25 | 30

Love is what we are born with.
Fear is what we learn. The spiritual journey is the unlearning of fear and prejudices and the acceptance of love back in our hearts.
Love is the essential reality and our purpose on earth. To be consciously aware of it, to experience love in ourselves and others, is the meaning of life.
Meaning does not lie in things.
Meaning lies in us.