namo arihantänam. namo siddhänam. namo äyariyänam. namo uvajjhäyänam. namo loe savva-sähunam. eso panca-namukkäro, savva-päva-ppanäsano; mangalänam ca savvesim, padhamam havai mangalam





"Oh God, by worshipping and putting in practice your principles in life, I hope to achieve true knowledge, true vision & true character. For future life to come, I pray to be born again and again to serve and practice your principles".



Mamaskära Mahämantra Narkar Mantra



## NAMO ARIHANTÄNAM

Obeisance to the Arihantas – perfect Souls NAMO SIDDHÄNAM

Obeisance to the Siddhas – liberated bodiless Souls NAMO ÄYARIYÄNAM

Obeisance to the masters – heads of congregations NAMO UVAJJHÄYÄNAM

Obeisance to the teachers – ascetic teachers NAMO LOE SAVVA SÄHUNAM

Obeisance to all the ascetic aspirants in the universe

ESO PANCHA NAMUKKÄRO

This fivefold obeisance mantra

SAVVA PÄVAPPANÄSANO

Destroys all demerit

MANGALÄNAM CHA SAVVESIM

And is the first and foremost of all

PADHAMAM HAVAI MANGALAM

Auspicious recitations

## Namaskära Mahämantra Navkar Mantra

Chattäri mangalam, Arihantä mangalam, Siddhä mangalam, Sähumangalam, Kevali pannatto dhammo Mangalam



There are four auspicious entities in the universe. Arihants are auspicious. Siddhas are auspicious. Sädhus and Sädhvis are auspicious. The religion explained by the omniscient is auspicious.

Chattäri loguttamä, Arihantä loguttamä, Siddhä loguttamä, Sähu loguttamä, Kevali pannatto dhammo loguttamä

There are four supreme entities in the universe. Arihants are supreme. Siddhas are supreme. Sädhus and Sädhvis are supreme. The religion explained by the omniscient is supreme.

Chattäri saranam pavajjämi, Arihante saranam pavajjämi, Siddhe saranam pavajjämi, Sähü saranam pavajjämi, Kevali pannatto dhammam saranam pavajjämi

I take refuge in the four auspicious and supreme entities of perfected souls, liberated souls, ascetics, and the religion expounded by Tirthankar Kevalis. These are expounded by self-control, non-violence, and compassion.