



Munisuvrata Bhagwan

Janma Kalyanak Vaishakh Vad Aatham

On this day, Jains try and do
at least one 'mala' reciting:

**"Om Hrim
Shri Munisuvrata
Arhate Namah"**

"People look for retreats for themselves, in the country, by the coast, or in the hills . . . There is nowhere that a person can find a more peaceful and trouble-free retreat than in his own mind. . . So constantly give yourself this retreat and renew yourself."

- MARCUS AURELIUS

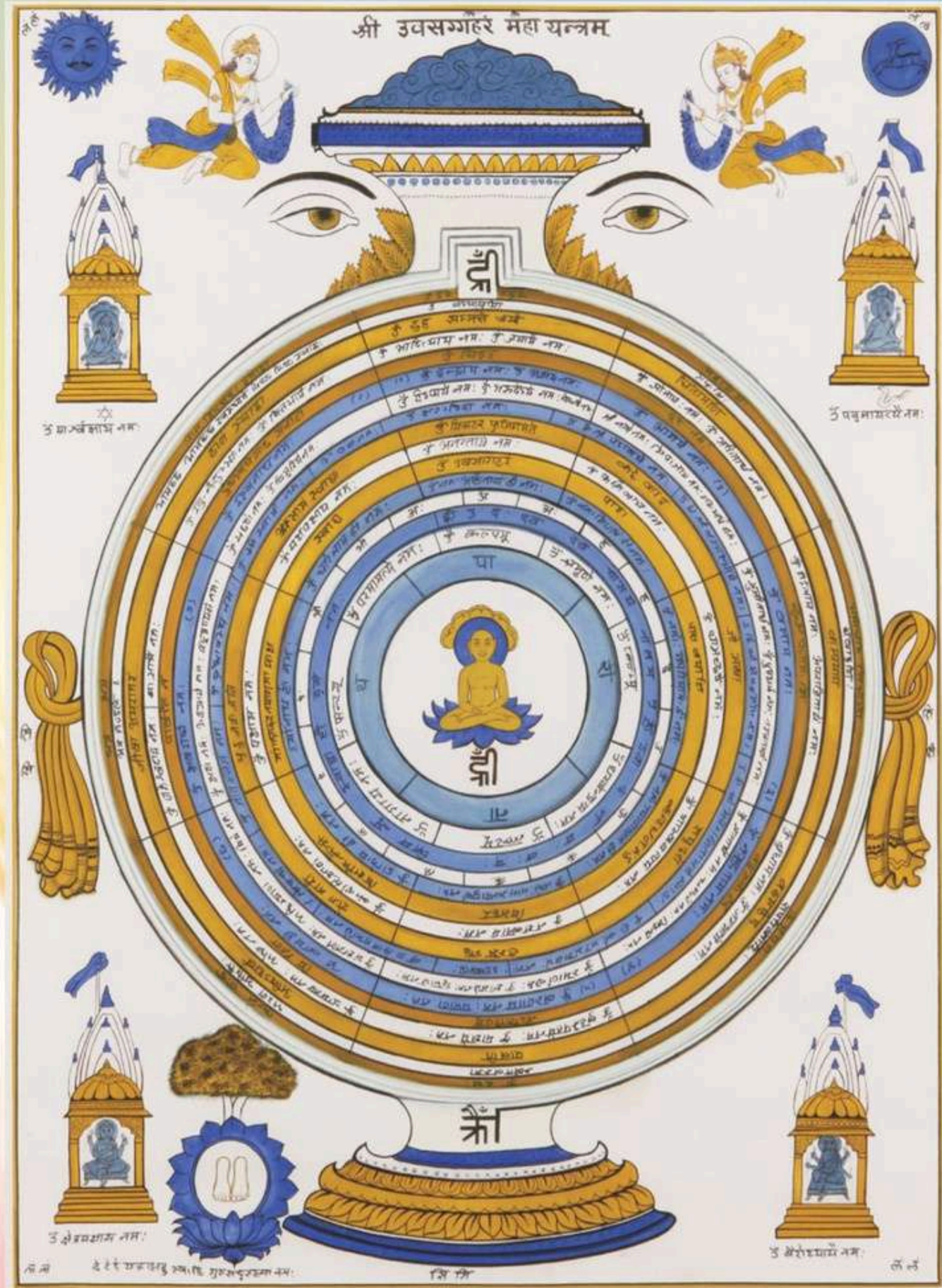
Munisuvrata Bhagwan is the twentieth Tirthankara in the current time cycle. His parents were King Sumitra and Queen Padmavati Devi and born in the city of Rajgriha. After attaining Samyak Darshan, Munisuvrata took three bhavs to attain Moksha. Prior to his birth as a Tirthankara, he was born as Surshreshta, the king of Champa city in Mahavideha area. He was very devout and after taking diksha, as a result of his devotional worship, secured the Tirthankara-naam-gotra karma. His next incarnation was as celestial being, before being born as a Tirthankara – Munisuvrata.

During her pregnancy, Queen Padmavati Devi took various vows and lead a life as disciplined as an Jain ascetic. Hence the child, when born was named Munisuvrata (*vow like ascetic*). His symbol (Lanchan) is tortoise and is said to be of black complexion.

Munisuvrata attained Kevaljnana after eleven months of taking diksha. His first sermon (deshna) was on 'yatidharma and householders dharma' Yatidharma: Forgiveness, humility, straightforwardness, contentment, truthfulness, self-restraint, austerities, renunciation, non-attachment and chastity.

He had 18 Gandharas and attained Moksha at Samet Shikha,





UVASAGGAHARA MAHAYANTRA

UVASAGGA-HARAM STOTRA

UVASAGGA-HARAM PÄSAM, PÄSAM ANDÄMI KAMMA-GHANA-MUKKAM.
VISAHARA-VISA-NINNÄSAM, MANGALA-KALLÄNA-ÄVÄSAM.

VISAHARA-PHULINGA-MANTAM, KANTHE DHÄREI JO SAYÄ MANUO.
TASSA GAHA-ROGA-MÄRI, DUTTHA-JARÄ JANTI UVASÄMAM.

CHITTHAU DURE MANTO, TUJJHA PANÄMO VI BAHU-PHALO HOI.
NARA-TIRIESU VI JIVÄ, PÄVANTI NA DUKKHA-DOGACHCHAM.

TUHA SAMMATTE LADDHE, CHINTÄMANI-KAPPA-PÄYAVA-BBHAHIE.
PÄVANTI AVIGGHENAM, JIVÄ AYARÄMARAM THÄNAM.

IYA SANTHUO MAHÄYASA BHATTI-BBHARA-NIBBHARENA HIAENA.
TÄ DEVA! DIJJA BOHIM, BHAVE BHAVE PÄSA JINA-CHANDA.

Uvasagga-haram Stotra is composed by Acharya Bhadrabahu Swami , the last Shrut Kevali of this current time cycle. The Stotra is in praise of the 23rd Tirthankar - Bhagwan Parshwanath. It is believed to eliminate obstacles, hardship and miseries if recited with complete faith. The Stotra can be recited daily and many Jains recite it daily.

“Don't try to be better than your predecessors or your contemporaries, try to be better than you were the day before”

