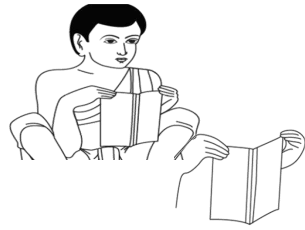


PADILEHANA OF THE MUHAPATI

50 BOLS OF MUHAPATI



1
SUTRA ARTHA TATVA
KARI SADAHU

"Sutra whose meaning and essence I accept"



Shake corner thrice - "urdhva paffoda"

2 | 3 | 4
SAMYAKTVA MOHANIYA | MISHRA MOHANIYA
MITHYATVA MOHANIYA PARIHARU
"I discard the three types of deluding and perception obstructing karmas"

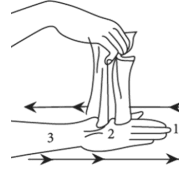
Arrange the muhapatti in between the fingers - then move the muhapatti from the fingers of the LEFT HAND towards the forearm in three steps and from the forearm towards the fingers, dragging the muhapatti towards the finger tips in one swift movement. Do this action 3 three reciting as follows 8 to 25



Shake other corner thrice

5 | 6 | 7
KAAMRAAG | SNEHRAAG |
DRASHITRAAG PARIHARU

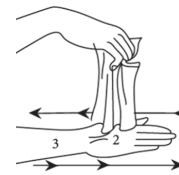
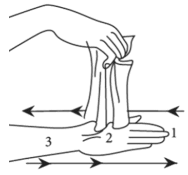
"I discard the three types of attachments towards sensual pleasure, affection and towards one's point of view"



8 | 9 | 10 - Left Hand

"PAKKHODA" - FINGERS TO FOREARM
SUDEV | SUGURU | SUDHARM AADARU

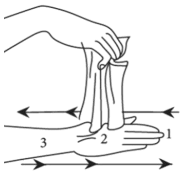
"I accept right Dev (Lord), right Guru (teacher), & right Dharm (religion)"



11 | 12 | 13 - Left Hand

"AKKHODA" - FOREARM TO FINGERS
KUDEV | KUGURU | KUDHARM PARIHARU

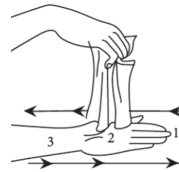
"I discard wrong Dev, wrong Guru & wrong Dharm"



14 | 15 | 16 - Left Hand

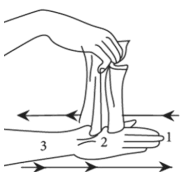
"PAKKHODA" - FINGERS TO FOREARM
GYAN | DARSHAN | CHARITRA AADARU

"I accept right knowledge (Gyan), right faith (Darshan), right conduct (Charitra)"



17 | 18 | 19 - Left hand
"AKKHODA" - FOREARM TO FINGERS
GYAN VIRADHANA | DARSHAN VIRADHANA |
CHARITRA VIRADHANA PARIHARU

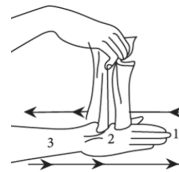
"I discard any disrespect or insolence towards true knowledge, faith & conduct"



20 | 21 | 22 - Left Hand

"PAKKHODA" - FINGERS TO FOREARM
MAN GUPTI | VANCHAN GUPTI |
KAAY GUPTI AADARU

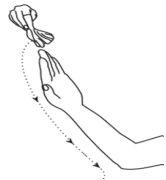
"I accept restraint of mind, speech, and bodily activities"



23 | 24 | 25 - Left hand

AKKHODA - FOREARM TO FINGERS
MAN DAND | VACHAN DAND |
KAAY DAND PARIHARU

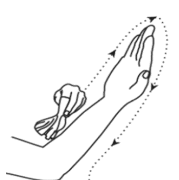
"I discard inappropriate & impure activities of mind, speech and body"



26 | 27 | 28 - muhapatti on back side of Left palm

HAISSYA | RATI | ARATI PARIHARU

"I discard laughter, & the propensity to like and dislike"



29 | 30 | 31 - muhapatti on back side of right palm

BHAYA | SHOK | JUGUPSA PARIHARU

"I discard fear, sorrow, & disgust"



31 | 33 | 34 - Forehead

(Not to be said by women)

KRISHNA LESHYA | NEEL LESHYA |
KAAPOTI LESHYA PARIHARU

"I discard the three inauspicious Leshyas"



35 | 36 | 37 - Mouth

RAS GAARAV | RIDDHI GAARAV |
SHAATA GAARAV PARIHARU

"I discard temptations of taste, fame and discomfort"



38 | 39 | 40 - Chest (Not to be said by women)

MAYA SHALYA, | NIYAN SHAYLA |
MITHYATVA SHALYA PARIHARU

"I discard the three internal thorns of deceit, expecting material rewards for carrying out religious activities and false beliefs"



41 | 42 - Right Shoulder

(Not to be said by women)

KRODHA | MAAN PARIHARU

"I discard anger & ego"



43 | 44 - Left Shoulder

(Not to be said by women)

MAYA LOBH PARIHARU

"I discard deceit and greed"



45 | 46 | 47 - Right Foot

PRUTHVIKAAAY | APKAAAY
TEUKAAAY NI JAYANU KARU

"I care for the living beings that have earth, water or fire as their bodies"



48 | 49 | 50 - Left Foot

VAAUYUKAAAY | VANASPATIKAAY |
TRASKAAAY NI RASSHA KARU

"I care for and protect the living beings that have wind, or vegetation as their bodies and care for & protect all mobile living beings"

