

PARYUSHAN MAHA PARVA
is the most important annual festival
of our Jain faith.

Paryushan is a period of heightened spiritual awareness and a celebration of Jainism. Paryushan is a time for recollection and of reconciliation – recollection that life is more than just material existence, that life becomes more meaningful if we struggle to achieve our ideals and serve humanity at large and reconciliation in that we should all remember that we have offended others in some way. The days of Paryushan are also days of quiet meditation, of self-analysis, self-reflection and intensive soul searching. Paryushan is also a time when many renew or re-acquaint themselves with our faith, and once again come to realise what a wonderful, practical, and how relevant our faith is in the modern world.

Paryushan is also a time for penance and austerities. Let us remember the following words of Bhagwan Mahavir:-

Truthfulness indeed is Tapa (penance)
In truthfulness do reside self-restraint
and all other virtues.
Just as the fish can live only in the sea
so can all other virtues reside
in truthfulness alone
.... Mahavir (Bhagavati Aradhana -842)

The Paryushan Festival truly celebrated can be very challenging and powerful experience as well as being very rewarding and enjoyable.

(Above is an extract from an Editorial I wrote for Paryushan Magazine more than two decades ago)
... Kishor B Shah



JAIN CALENDAR 2024

VIR SAMVAT 2550 - VIKRAM 2080



AUSPICIOUS DAY - KALYANAKS
Date : 12 - Suvidhinath Nirvan Kalyanak

JAIN FESTIVAL
Date : 31 Aug to 07 Sept - Paryushan Maha Parva
Date : 31 Aug - 02 - Ashtanhika Pravachan
Date : 01 - Pakhi Pratikraman
Date : 03 - Kalpa Sutra Vanchan Starts
Date : 04 - Mahavirswami Janma Vanchan & 14 Sapna Darshan
Date : 06 - Tapasavi Nu Bahuman
Date : 07 - Kshamapana, Baras Sutra Vanchan, Samvantsari Pratikraman
Date : 07 - Paryushan Maha Parva Ends
Date : 08 - Parna
Date : 11 - Ghandar Dev Vandana
Date : 17 - Pakhi Pratikraman
Date : 18 - Poonam (Bhav Siddhachal Yatra)

AVOID GREEN & ROOT VEGETABLES
Date : 1 to 8 | 11 | 14 | 17 | 19 | 22 | 25 | 28

AVOID ROOT VEGETABLES
Date : 12 | 18 | 29

OTHER SIGNIFICANT DAYS
September 1 to 30 - World Alzheimer's Month
September 23 to 29 - Organ Donation Week

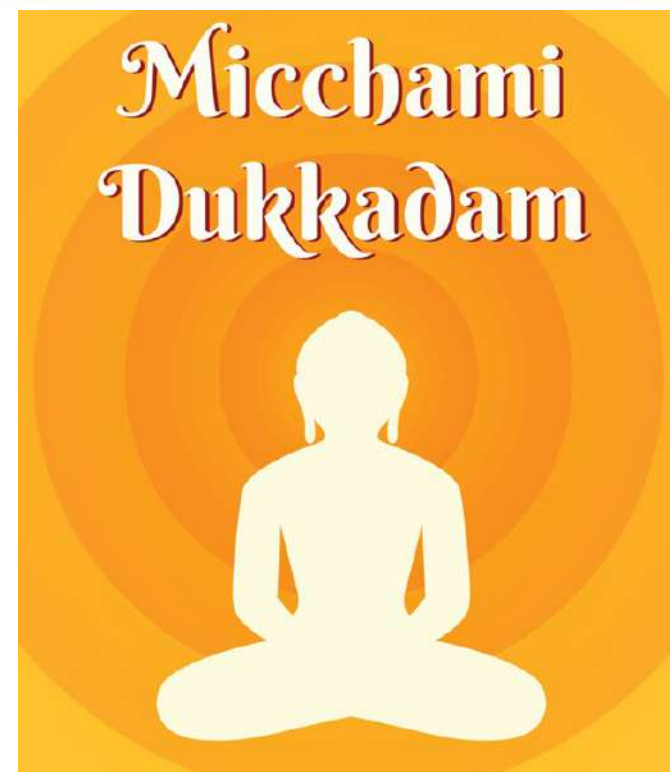
Your journey starts with yourself.
Who am I, where am I?

This exploration leads to investigation of forms of life and cosmology. This heads to the next level of search – what is spiritual about this science? As you look into that, there arises a further question: why diversity? If you explore all these questions, you know Jainism!!

AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	Jain Festivals	Auspicious Day
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SHRAVAN - SEPTEMBER 2024 - BHADARVO						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 Vad Teras			SHRAVAN: 01 TO 03 SEPTEMBER BHADARVO: 04 TO 30 SEPTEMBER			1 Vad Chaudas
2 Vad Amas	3 Vad Amas	4 Sud Ekam	5 Sud Bij	6 Sud Trij	7 Sud Choth	8 Sud Pancham
9 Sud Chhath	10 Sud Satam	11 Sud Aatham	12 Sud Nom	13 Sud Dasam	14 Sud Agiyaras	15 Sud Baras
16 Sud Teras	17 Sud Chaudas	18 Vad Ekam Sud Poonam	19 Vad Bij	20 Vad Trij	21 Vad Choth	22 Vad Pancham
23 Vad Chhath	24 Vad Satam	25 Vad Aatham	26 Vad Nom	27 Vad Dasam	28 Vad Agiyaras	29 Vad Baras

BY KISHOR B SHAH



**Khamemi Savve Jiva, Savve Jiva Khamantu Mi
Mitti Me Savva bhuesu, Veram majjham na Kenai
Evamham aloia, nindia – garahia – duganchhiam sammam
Tivihena padikkanto, vandami jine chauvvisam.**

I forgive all the living beings of the universe and may all the living beings forgive me for my faults. I do not have any animosity towards anybody, and I have friendship for all living beings. I bow down to 24 Tirthankars after purifying the mind, speech, and body by contemplating, reprehending, repenting, and despising my sins in the presence of a spiritual preceptor.