

PARYUSHAN FESTIVAL

Jainism believes that the more worldly wealth a person possesses, the more he is likely to sin to acquire and maintain the possession, and in the long run, he may be unhappy. The worldly wealth creates attachments, which will continuously result in greed, jealousy, selfishness, ego, hatred, violence, etc. Mahavira has said that wants and desires have no end, and only the sky is the limit for them.

Non-possession and non-attachment are to be observed in speech, mind, and deed. One should not possess, ask others to do so, or approve of such activities.

Aparigraha

An attachment to worldly objects results in bondage to the cycle of birth and death. Therefore, one who desires spiritual liberation should withdraw from all attachments to pleasing objects of all the five senses.

Jain Monks & Nuns observe this vow by giving up attachments to all things such as:

- **Material things: Wealth, property, grains, house, books, clothes, etc.**
- **Relationships: Father, mother, spouse, children, friends, enemies, other monks, disciples, etc.**
- **The pleasure of Five Senses: The five senses are touch, taste, smell, sight, and hearing.**
- **Feelings: Pleasure and painful feelings towards any objects.**

They have the equanimity towards music and noise, good and bad smells, soft and hard objects for touch, beautiful and dirty sights, etc. They do not eat food for taste but for survival to continue to progress spiritually and ultimately to attain liberation

APARIGRAHA

