



NAMASKAR MAHAMANTRA NAVKAR MANTRA



NAMO ARIHANTĀNAM
Obeisance to the Arihantas – perfect Souls

NAMO SIDDHĀNAM
Obeisance to the Siddhas – liberated bodiless Souls

NAMO ĀYARIYĀNAM
Obeisance to the masters – heads of congregations

NAMO UVAJJHĀYĀNAM
Obeisance to the teachers – ascetic teachers

NAMO LOE SAVVA SĀHUNAM
Obeisance to all the ascetic aspirants in the universe

ESO PANCHĀ NAMUKKĀRO
This fivefold obeisance mantra

SAVVA PĀVAPPANĀSANO
Destroys all demerit

MANGALĀNAM CHA SAVVESIM
And is the first and foremost of all

PADHAMAM HAVAI MANGALAM
Auspicious recitations

