



- Fond farewell to 2024 & to the memories that we will cherish.
- **BEST WISHES FOR THE NEW YEAR – 2025**
- It will be what we make of it . . .
- May the New Year bless us with health, wealth, new adventures, learnings, accomplishments, peace and happiness.
- Let us walk the path of peace and compassion, not only in our actions but also in our thoughts and words.
- May we shed the burden of anger, hatred, and greed, and instead cultivate humility, patience, and self-control.
- May we find strength, inspiration and clarity in the timeless wisdom of Jainism.
- May ahimsa be in our thoughts and actions
- May our hearts be kind and giving,
- May our countenance be ever smiling
- May we be surrounded by all that we desire
- May we feel immense joy when we wake up
- May we sleep well with deep satisfaction
- May all our dreams come true
- May the light of wisdom guide us on our journey toward spiritual growth and eternal peace.
- And may we all attain the bliss of equanimity & progress in our Soul journey

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Posh : 01 to 29 January Maha : 30 to 31 January			1 Sud Bij	2 Sud Trij	3 Sud Choth	4 Sud Pancham
5 Sud Chhath	6 Sud Satam	7 Sud Aatham	8 Sud Nom	9 Sud Dassam	10 Sud Agiyaras	11 Sud Baras Sud Teras
12 Sud Chaudas	13 Sud Poonam	14 Vad Ekam	15 Vad Bij	16 Vad Trij	17 Vad Choth	18 Vad Pancham
19 Vad Pancham	20 Vad Chhath	21 Vad Satam	22 Vad Aatham	23 Vad Nom	24 Vad Dassam	25 Vad Agiyaras
26 Vad Baras	27 Vad Teras	28 Vad Chaudas	29 Vad Amas	30 Sud Ekam	31 Sud Bij	
AATHAM   CHAUDAS   PANCHAM   BIJ   AGIYARAS			JAIN FESTIVALS		AUSPICIOUS DAYS	

**Avoid Green & Root Vegetables**  
DATE : 1 | 4 | 7 | 10 | 12 | 15 | 18 | 19 | 22 | 25 | 28 | 31

**Avoid Root Vegetables**  
DATE : 5 | 8 | 13 | 20 | 26 | 29

**namo arihantanam.**  
**namo siddhanam.**  
**namo ayariyanam.**  
**namo uvajjhayanam.**  
**namo loe savva-sahunam.**



**eso panca-namukkaro,**  
**savva-pava-ppanasano;**  
**mangalanam ca savvesim,**  
**padhamam havai mangalam**

### AUSPICIOUS DAY - KALYANAKS

- 05 : Vimalnath Kevalgnan Kalyanak
- 08 : Shantinath Kevalgnan Kalyanak
- 10 : Ajitnath Kevalgnan Kalyanak
- 12 : Abhinandanaswami Kevalgnan Kalyanak
- 13 : Dharmanath Kevalgnan Kalyanak
- 20 : Padmaprabhuswami Chavan Kalyanank
- 26 : Shitalnath Janma & Diksha Kalyanak
- 27 : Adinath Nirvan Kalyanak
- 29 : Shreyansanth Kevalgnan Kalyanak
- 31 : Abhinandanaswami Janma Kalyanak
- 31 : Vasupujya Kevalgnan Kalyanak

### JAIN FESTIVAL

- 12 : Pakhi Pratikraman
- 13 : Poonam (Bhav Siddhachal Yatra)
- 27 : Meru Teras
- 28 : Pakhi Pratikraman

### OTHER SIGNIFICANT DAYS

- Veganuary - Celebration of Vegan Lifestyle
- 01 : New Year's Day | 04 : World Braille Day
- 12 : Swami Vivekanand Jayanti
- 17 : International Mentoring Day
- 19 : World Religion Day
- 20 : Martin Luther King Jr Day
- 20 to 26 : Cervical Cancer Prevention Week
- 26 : Republic Day of India
- 27 : Holocaust Memorial Day
- 30 : Mahatma Gandhi Punyatithi